

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Starts August 25!						
USA Squads						
Senior A	330p-615p	330p-615p	330p-615p	330p-615p	330p-615p	7a-930a
AM: T/TH: 545a-645a: begins 9/15						
Senior B	330p-6p	330p-6p	330p-615p	330p-6p	330p-6p	7a-930a
AM: T/TH: 545a-645a: begins 9/15						
JR A	615p-8p	615p-8p	615p-8p	615p-8p	615p-8p	930a-11a
dryland 6p-615p						
JR B	615p-745p	615p-745p	615p-8p	615p-745p	615p-745p	930a-11a
dryland 6p-615p						
Starts September 2!						
YMCA Squads-GAC						
Advanced (GAC)	650p-8p	650p-8p	650p-8p	650p-8p	650p-8p	
Novice (GAC)	550p-650p	550p-650p		550p-650p	550p-650p	
Pre-team (GAC)		615p-7p	615p-7p			
Starts September 2!						
YMCA Squads-Southern						
Advanced (Southern)	645p-8p	645p-8p	645p-8p	645p-8p	645p-8p	
Novice (Southern)	545p-645p	545p-645p		545p-645p	545p-645p	
Pre-team (Southern)		545p-630p	545p-630p			