

NBAC

**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019**  
**Sanction #: MD18/19 - 078**  
**Session Report**

Session: 1    Session 1: Friday May 17, 2019  
Day of Meet: 1    Starts at 04:30 PM    Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 800 Freestyle (Heat 6 – Fastest Heat)	8	1 u	04:30 PM _____
Finals	2 Boys 800 Freestyle (Heat 5- Fastest Heat)	8	1 u	04:40 PM _____
Finals	1 Girls 800 Freestyle (Heat 5)	8	1 u	04:50 PM _____
Finals	2 Boys 800 Freestyle (Heat 4)	8	1 u	04:59 PM _____
Finals	1 Girls 800 Freestyle (Heat 4)	8	1 u	05:09 PM _____
Finals	2 Boys 800 Freestyle (Heat 3)	8	1 u	05:19 PM _____
Finals	1 Girls 800 Freestyle (Heat 3)	8	1 u	05:29 PM _____
Finals	2 Boys 800 Freestyle (Heat 2)	8	1 u	05:40 PM _____
Finals	1 Girls 800 Freestyle (Heat 2)	8	1 u	05:50 PM _____
Finals	2 Boys 800 Freestyle (Heat 1 – Combine w/Girls)	2	1 u	06:01 PM _____
Finals	1 Girls 800 Freestyle (Heat 1 – Combine w/Boys)	4		06:01 PM _____
Finals	3 Girls 10 & Under 400 Freestyle	6	1 u	06:12 PM _____
Finals	4 Boys 10 & Under 400 Freestyle	5	1 u	06:18 PM _____
Finals	5 Girls 11-12 400 Freestyle (Heat 4 – Fastest Heat)	8	1 u	06:24 PM _____
Finals	6 Boys 11-12 400 Freestyle (Heat 3 – Fastest Heat)	8	1 u	06:30 PM _____
Finals	5 Girls 11-12 400 Freestyle (Heat 3)	8	1 u	06:36 PM _____
Finals	6 Boys 11-12 400 Freestyle (Heat 2)	8	1 u	06:43 PM _____
Finals	5 Girls 11-12 400 Freestyle (Heat 2)	8	1 u	06:50 PM _____
Finals	6 Boys 11-12 400 Freestyle (Heat 1-Combine w/G)	2	1 u	06:57 PM _____
Finals	5 Girls 11-12 400 Freestyle (Heat 1 – Combine w/B)	2		06:57 PM _____
	Swimmers Counts for Warm-ups: 132	=====	=====	
	Entry / Heat Totals:	132	18	
	Finish Time			07:05 PM _____

NOTE: The above timeline is prior to the positive check-in. It is possible, with scratches, that each of the above move earlier by 10-20 minutes. Please plan accordingly.

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**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019**  
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**Session Report**

Session: 2    Session 2: Saturday March 18, 2019 / AM Session  
Day of Meet: 2    Starts at 08:00 AM    Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	7 Girls 13-14 200 Freestyle	30	4 u	08:00 AM _____
Prelims	8 Boys 13-14 200 Freestyle	25	4 u	08:12 AM _____
Prelims	9 Girls 200 Freestyle	62	8 u	08:23 AM _____
Prelims	10 Boys 200 Freestyle	67	9 u	08:44 AM _____
Prelims	11 Girls 13-14 100 Breaststroke	16	2 u	09:07 AM _____
Prelims	12 Boys 13-14 100 Breaststroke	15	2 u	09:11 AM _____
Prelims	13 Girls 100 Breaststroke	35	5 u	09:15 AM _____
Prelims	14 Boys 100 Breaststroke	28	4 u	09:24 AM _____
Prelims	15 Girls 13-14 200 Backstroke	19	3 u	09:31 AM _____
Prelims	16 Boys 13-14 200 Backstroke	14	2 u	09:41 AM _____
Prelims	17 Girls 200 Backstroke	26	4 u	09:48 AM _____
Prelims	18 Boys 200 Backstroke	38	5 u	10:01 AM _____
Prelims	19 Girls 13-14 100 Butterfly	18	3 u	10:16 AM _____
Prelims	20 Boys 13-14 100 Butterfly	19	3 u	10:21 AM _____
Prelims	21 Girls 100 Butterfly	58	8 u	10:26 AM _____
Prelims	22 Boys 100 Butterfly	52	7 u	10:39 AM _____
Prelims	23 Girls 13-14 50 Freestyle	23	3 u	10:49 AM _____
Prelims	24 Boys 13-14 50 Freestyle	16	2 u	10:52 AM _____
Prelims	25 Girls 50 Freestyle	43	6 u	10:54 AM _____
Prelims	26 Boys 50 Freestyle	42	6 u	10:59 AM _____
Finals-S	27 Girls 13-14 400 IM	1	1 u	11:04 AM _____
Finals-S	28 Boys 13-14 400 IM	5	1 u	11:10 AM _____
Finals-S	29 Girls 400 IM	15	2 u	11:16 AM _____
Finals-S	30 Boys 400 IM	10	2 u	11:28 AM _____
	Swimmers Counts for Warm-ups: 254	=====	=====	
	Entry / Heat Totals:	677	96	
	Finish Time			11:39 AM _____

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**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019****Sanction #: MD18/19 - 078****Session Report**

Session: 3 Session 3: Saturday March 18, 2019 / PM Session

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	31 Girls 11-13 200 Backstroke	45	6u	12:30 PM _____
Finals	32 Boys 11-13 200 Backstroke	38	5u	12:52 PM _____
Finals	33 Girls 11-12 50 Backstroke	40	5u	01:11 PM _____
Finals	34 Boys 11-12 50 Backstroke	18	3u	01:17 PM _____
Finals	35 Girls 10 & Under 50 Backstroke	30	4u	01:21 PM _____
Finals	36 Boys 10 & Under 50 Backstroke	16	2u	01:27 PM _____
Finals	37 Girls 13 Year Olds 100 Breaststroke	7	1u	01:30 PM _____
Finals	38 Boys 13 Year Olds 100 Breaststroke	7	1u	01:32 PM _____
Finals	39 Girls 11-12 100 Breaststroke	38	5u	01:35 PM _____
Finals	40 Boys 11-12 100 Breaststroke	25	4u	01:45 PM _____
Finals	41 Girls 10 & Under 100 Breaststroke	29	4u	01:53 PM _____
Finals	42 Boys 10 & Under 100 Breaststroke	13	2u	02:03 PM _____
Finals	43 Girls 13 Year Olds 200 Freestyle	14	2u	02:08 PM _____
Finals	44 Boys 13 Year Olds 200 Freestyle	7	1u	02:14 PM _____
Finals	45 Girls 11-12 200 Freestyle	40	5u	02:18 PM _____
Finals	46 Boys 11-12 200 Freestyle	23	3u	02:33 PM _____
Finals	47 Girls 10 & Under 200 Freestyle	26	4u	02:44 PM _____
Finals	48 Boys 10 & Under 200 Freestyle	13	2u	02:59 PM _____
Finals	49 Girls 13 Year Olds 100 Butterfly	5	1u	03:07 PM _____
Finals	50 Boys 13 Year Olds 100 Butterfly	6	1u	03:08 PM _____
Finals	51 Girls 11-12 100 Butterfly	31	4u	03:10 PM _____
Finals	52 Boys 11-12 100 Butterfly	21	3u	03:18 PM _____
Finals	53 Girls 10 & Under 100 Butterfly	12	2u	03:23 PM _____
Finals	54 Boys 10 & Under 100 Butterfly	4	1u	03:28 PM _____
Finals	55 Girls 13 Year Olds 50 Freestyle	18	3u	03:30 PM _____
Finals	56 Boys 13 Year Olds 50 Freestyle	12	2u	03:33 PM _____
Finals	57 Girls 11-12 50 Freestyle	64	8u	03:35 PM _____
Finals	58 Boys 11-12 50 Freestyle	27	4u	03:42 PM _____
Finals	59 Girls 10 & Under 50 Freestyle	31	4u	03:46 PM _____
Finals	60 Boys 10 & Under 50 Freestyle	16	2u	03:51 PM _____
Finals	61 Girls 13 Year Olds 400 IM	9	2u	03:53 PM _____
Finals	62 Boys 13 Year Olds 400 IM	2	1u	04:06 PM _____
Finals	63 Girls 11-12 400 IM	6	1u	04:13 PM _____
Finals	64 Boys 11-12 400 IM	12	2u	04:19 PM _____
	Swimmers Counts for Warm-ups: 190	=====	=====	
	Entry / Heat Totals:	705	100	
	Finish Time			04:32 PM _____

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**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019****Sanction #: MD18/19 - 078****Session Report**

Session: 4 Session 4: Saturday March 18, 2019 / Finals Session

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	7 Girls 13-14 200 Freestyle	16	2u	05:30 PM _____
Finals	8 Boys 13-14 200 Freestyle	16	2u	05:36 PM _____
Finals	9 Girls 200 Freestyle	16	2u	05:41 PM _____
Finals	10 Boys 200 Freestyle	16	2u	05:46 PM _____
Finals	11 Girls 13-14 100 Breaststroke	16	2u	05:51 PM _____
Finals	12 Boys 13-14 100 Breaststroke	15	2u	05:54 PM _____
Finals	13 Girls 100 Breaststroke	16	2u	05:58 PM _____
Finals	14 Boys 100 Breaststroke	16	2u	06:01 PM _____
Break: 5 Minutes:				
Finals	15 Girls 13-14 200 Backstroke	16	2u	06:09 PM _____
Finals	16 Boys 13-14 200 Backstroke	14	2u	06:16 PM _____
Finals	17 Girls 200 Backstroke	16	2u	06:22 PM _____
Finals	18 Boys 200 Backstroke	16	2u	06:28 PM _____
Finals	19 Girls 13-14 100 Butterfly	16	2u	06:34 PM _____
Finals	20 Boys 13-14 100 Butterfly	16	2u	06:37 PM _____
Finals	21 Girls 100 Butterfly	16	2u	06:40 PM _____
Finals	22 Boys 100 Butterfly	16	2u	06:43 PM _____
Break: 5 Minutes:				
Finals	23 Girls 13-14 50 Freestyle	16	2u	06:51 PM _____
Finals	24 Boys 13-14 50 Freestyle	16	2u	06:53 PM _____
Finals	25 Girls 50 Freestyle	16	2u	06:54 PM _____
Finals	26 Boys 50 Freestyle	16	2u	06:56 PM _____
Break: 10 Minutes:				
Finals-2	27 Girls 13-14 400 IM	16	2u	07:08 PM _____
Finals-2	28 Boys 13-14 400 IM	16	2u	07:20 PM _____
Finals-2	29 Girls 400 IM	16	2u	07:32 PM _____
Finals-2	30 Boys 400 IM	16	2u	07:43 PM _____
Swimmers Counts for Warm-ups: 198		=====	=====	
Entry / Heat Totals:		381	48	
Finish Time				07:55 PM _____

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**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019**  
**Sanction #: MD18/19 - 078**  
**Session Report**

Session: 5    Session 5:    Sunday March 19, 2019 / AM Session  
Day of Meet: 3    Starts at 08:00 AM    Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	65 Girls 13-14 200 IM	28	4 u	08:00 AM _____
Prelims	66 Boys 13-14 200 IM	23	3 u	08:13 AM _____
Prelims	67 Girls 200 IM	62	8 u	08:23 AM _____
Prelims	68 Boys 200 IM	54	7 u	08:47 AM _____
Prelims	69 Girls 13-14 100 Backstroke	19	3 u	09:09 AM _____
Prelims	70 Boys 13-14 100 Backstroke	23	3 u	09:14 AM _____
Prelims	71 Girls 100 Backstroke	44	6 u	09:20 AM _____
Prelims	72 Boys 100 Backstroke	41	6 u	09:31 AM _____
Prelims	73 Girls 13-14 200 Butterfly	8	1 u	09:43 AM _____
Prelims	74 Boys 13-14 200 Butterfly	6	1 u	09:46 AM _____
Prelims	75 Girls 200 Butterfly	23	3 u	09:49 AM _____
Prelims	76 Boys 200 Butterfly	33	5 u	09:59 AM _____
Prelims	77 Girls 13-14 100 Freestyle	33	5 u	10:13 AM _____
Prelims	78 Boys 13-14 100 Freestyle	29	4 u	10:21 AM _____
Prelims	79 Girls 100 Freestyle	54	7 u	10:27 AM _____
Prelims	80 Boys 100 Freestyle	57	8 u	10:37 AM _____
Prelims	81 Girls 13-14 200 Breaststroke	14	2 u	10:48 AM _____
Prelims	82 Boys 13-14 200 Breaststroke	8	1 u	10:55 AM _____
Prelims	83 Girls 200 Breaststroke	31	4 u	10:59 AM _____
Prelims	84 Boys 200 Breaststroke	26	4 u	11:12 AM _____
Finals-S	85 Girls 13-14 400 Freestyle	4	1 u	11:25 AM _____
Finals-S	86 Boys 13-14 400 Freestyle	5	1 u	11:31 AM _____
Finals-S	87 Girls 400 Freestyle	20	3 u	11:36 AM _____
Finals-S	88 Boys 400 Freestyle	20	3 u	11:52 AM _____
	Swimmers Counts for Warm-ups: 256	=====	=====	
	Entry / Heat Totals:	665	93	
	Finish Time			12:07 PM _____

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**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019**  
**Sanction #: MD18/19 - 078**  
**Session Report**

Session: 6    Session 6: Sunday March 19, 2019 / PM Session  
Day of Meet: 3    Starts at 12:45 PM    Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	89 Girls 13 Year Olds 200 IM	14	2u	12:45 PM _____
Finals	90 Boys 13 Year Olds 200 IM	12	2u	12:52 PM _____
Finals	91 Girls 11-12 200 IM	41	6u	12:59 PM _____
Finals	92 Boys 11-12 200 IM	28	4u	01:21 PM _____
Finals	93 Girls 10 & Under 200 IM	24	3u	01:35 PM _____
Finals	94 Boys 10 & Under 200 IM	10	2u	01:48 PM _____
Finals	95 Girls 13 Year Olds 100 Freestyle	16	2u	01:56 PM _____
Finals	96 Boys 13 Year Olds 100 Freestyle	12	2u	01:59 PM _____
Finals	97 Girls 11-12 100 Freestyle	52	7u	02:02 PM _____
Finals	98 Boys 11-12 100 Freestyle	32	4u	02:14 PM _____
Finals	99 Girls 10 & Under 100 Freestyle	32	4u	02:21 PM _____
Finals	100 Boys 10 & Under 100 Freestyle	16	2u	02:29 PM _____
Finals	101 Girls 11-13 200 Butterfly	3	1u	02:33 PM _____
Finals	102 Boys 11-13 200 Butterfly	11	2u	02:37 PM _____
Finals	103 Girls 11-12 50 Butterfly	45	6u	02:44 PM _____
Finals	104 Boys 11-12 50 Butterfly	22	3u	02:50 PM _____
Finals	105 Girls 10 & Under 50 Butterfly	16	2u	02:54 PM _____
Finals	106 Boys 10 & Under 50 Butterfly	8	1u	02:56 PM _____
Finals	107 Girls 13 Year Olds 100 Backstroke	13	2u	02:57 PM _____
Finals	108 Boys 13 Year Olds 100 Backstroke	11	2u	03:02 PM _____
Finals	109 Girls 11-12 100 Backstroke	47	6u	03:06 PM _____
Finals	110 Boys 11-12 100 Backstroke	25	4u	03:18 PM _____
Finals	111 Girls 10 & Under 100 Backstroke	30	4u	03:27 PM _____
Finals	112 Boys 10 & Under 100 Backstroke	15	2u	03:37 PM _____
Finals	113 Girls 11-13 200 Breaststroke	21	3u	03:42 PM _____
Finals	114 Boys 11-13 200 Breaststroke	18	3u	03:53 PM _____
Finals	115 Girls 11-12 50 Breaststroke	34	5u	04:05 PM _____
Finals	116 Boys 11-12 50 Breaststroke	20	3u	04:11 PM _____
Finals	117 Girls 10 & Under 50 Breaststroke	28	4u	04:15 PM _____
Finals	118 Boys 10 & Under 50 Breaststroke	14	2u	04:20 PM _____
Finals	119 Girls 13 Year Olds 400 Freestyle	11	2u	04:23 PM _____
Finals	120 Boys 13 Year Olds 400 Freestyle	5	1u	04:35 PM _____
	Swimmers Counts for Warm-ups: 184	=====	=====	
	Entry / Heat Totals:	686	98	
	Finish Time			04:42 PM _____

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**2019 NBAC Spring LC Invitational - 5/17/2019 to 5/19/2019**  
**Sanction #: MD18/19 - 078**  
**Session Report**

Session: 7    Session 7:    Sunday March 19, 2019 / Finals Session  
Day of Meet: 3    Starts at 05:30 PM    Heat Interval: 22 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	65 Girls 13-14 200 IM	16	2u	05:30 PM _____
Finals	66 Boys 13-14 200 IM	16	2u	05:36 PM _____
Finals	67 Girls 200 IM	16	2u	05:42 PM _____
Finals	68 Boys 200 IM	16	2u	05:48 PM _____
Break: 5 Minutes:				
Finals	69 Girls 13-14 100 Backstroke	16	2u	05:58 PM _____
Finals	70 Boys 13-14 100 Backstroke	16	2u	06:02 PM _____
Finals	71 Girls 100 Backstroke	16	2u	06:05 PM _____
Finals	72 Boys 100 Backstroke	16	2u	06:09 PM _____
Break: 5 Minutes:				
Finals	73 Girls 13-14 200 Butterfly	8	2u	06:17 PM _____
Finals	74 Boys 13-14 200 Butterfly	6	2u	06:23 PM _____
Break: 5 Minutes:				
Finals	75 Girls 200 Butterfly	16	2u	06:34 PM _____
Finals	76 Boys 200 Butterfly	16	2u	06:39 PM _____
Finals	77 Girls 13-14 100 Freestyle	16	2u	06:45 PM _____
Finals	78 Boys 13-14 100 Freestyle	16	2u	06:47 PM _____
Finals	79 Girls 100 Freestyle	16	2u	06:50 PM _____
Finals	80 Boys 100 Freestyle	16	2u	06:53 PM _____
Break: 8 Minutes:				
Finals	81 Girls 13-14 200 Breaststroke	14	2u	07:03 PM _____
Finals	82 Boys 13-14 200 Breaststroke	8	2u	07:10 PM _____
Finals	83 Girls 200 Breaststroke	16	2u	07:17 PM _____
Finals	84 Boys 200 Breaststroke	16	2u	07:23 PM _____
Finals-2	85 Girls 13-14 400 Freestyle	16	2u	07:29 PM _____
Finals-2	86 Boys 13-14 400 Freestyle	16	2u	07:41 PM _____
Finals-2	87 Girls 400 Freestyle	16	2u	07:51 PM _____
Finals-2	88 Boys 400 Freestyle	16	2u	08:02 PM _____
Swimmers Counts for Warm-ups: 214		=====	=====	
Entry / Heat Totals:		356	48	
Finish Time				08:12 PM _____