

WARM-UP SCHEDULE

SESSION 1 - OPEN WARM-UP

SESSION 2 (SATURDAY AM)

6:30-7:10AM

CBST

EMAC

HAC

HAY

NPAC

STRM

7:10-7:50AM

BLUE

CHEL

FSA

FSSC

LANY

LBA

LCY

LMAC

LMOR

MSA

MSC

PENN

PSC

PWAC

RY

SKY

UNATT

WIL

YY

SESSION 3 - OPEN WARM-UP

SESSION 4 (SATURDAY PM)

3:30-3:55PM

BLUE

CBST

EMAC

HAC

LBA

LMAC

MSA

3:55-4:25PM

CHEL

FSA

FSSC

HAY

LANY

LCY

MSC

MUHL

NPAC

PAA

PENN

PSC

PWAC

RY

SKY

SOUD

STRM

UNATT

WIL

YY

SESSION 5

6:30-7:10AM

BLUE

CHEL

FSA

FSSC

LANY

LBA

LCY

LMAC

LMOR

MSA

MSC

PENN

PSC

PWAC

RY

SKY

UNATT

WIL

YY

7:10-7:50AM

CBST

EMAC

HAC

HAY

NPAC

STRM

SESSION 6 - OPEN WARM-UP

SESSION 7

3:30-3:55PM

CHEL

FSA

FSSC

HAY

LANY

LCY

MSC

MUHL

NPAC

PAA

PENN

PSC

PWAC

RY

SKY

SOUD

STRM

UNATT

WIL

YY

3:55-4:25PM

BLUE

CBST

EMAC

HAC

LBA

LMAC

MSA