72nd Annual Tournament of Champions

Hosted by the York YMCA Aquatic Club

Saturday-Sunday: November 21-22, 2026

Meet is approved by MA Swimming, Inc.
Approval: #MA 2703 AP

Location	Graham Aquatic Center 543 N. Newberry St York, PA 17404
Emergency Phone Number	Day of Meet: 757-218-8547
Facilities	The Graham Aquatic Center is an indoor facility with a possible 16-lane, 25-yard configuration. Primary configuration will consist of eight 9-foot-wide lanes for competition (6' depth at the start end and 5' depth at the turn end), and six 7-foot-wide lanes for warmup/ warm-down (5' depth at both ends). Permanent bleacher seating for 750+; very large deck area for swimmers, coaches and officials. Daktronics OmniSport 2000 timing system with LED matrix scoreboard. Hy-Tek Meet Manager 54.0 software. Concession area with promenade overlooking competitive pool; with flat screen TVs. Free parking is available; capacity 550.
Meet Director/Safety Director	Ashley Chapman 757-218-8547 achapman@rosesymca.org Please direct all questions about the meet to the Meet Director.
Meet Entries	Ashley Chapman: 757-218-8547 Email: achapman@rosesymca.org Deadline for entries is Midnight, November 8, 2026.
Meet Referee	Eric Harnish. All USA & YMCA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting during the meet, please email Eric: eharnish1@comcast.net. Officials will receive free admission to the meet.

Swimmers with Disabilities	Swimmers with disabilities are welcome to enter this meet. A coach or team representative must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
Eligibility	This is a closed YMCA, USA-S approved competition, open to YMCA swimmers who attain the qualifying time and are attached to an invited YMCA team. All swimmers MUST be full-privilege members of their YMCA at least 30 days prior to the date of competition. Swimmers' ages are as of November 21, 2026. Swimmers may swim a maximum of 5 events in his/her age category per day.

Entry Limits

Swimmers may enter a total of (7) individual events and (2) relays not to exceed a maximum of (4) individual events and (1) relay per day.

The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers eliminated from the meet due to time or space constraints will be given a full refund.

Deck entries will not be accepted.

Events/Session

Distance events 400 Yards and longer will be swum fast to slow by gender. Timers will be supplied for the 400 IM. Swimmers will need to provide their own timers and counters for the 500 Free.

Each team may have a maximum of 1 relay per event. All events are timed finals.

This meet will be USA approved, meaning that the times achieved by all currently registered USA Swimming members will be recorded in the SWIMS database.

USA Swimming & Middle Atlantic Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Time Trials

Subject to time and space availability, Time Trials may be conducted at the discretion of the Meet Director. Swimmers must sign-up for Time Trials at least 30 minutes prior to the scheduled end of the session that they are participating in. Time Trials are limited to one per swimmer per day. Time Trial events will count towards a swimmer's daily maximum event total. Time Trial entry fee is $10/individual event, $20/relay.

Warm-Up Times/Session Starts

Session	Session Title	Warmup	Start
1	Saturday Morning (15+)	7:10am	8:00am
2	Saturday Mid-day (8&U, 13-14)	11:30am	12:20pm
3	Saturday Evening (9-12)	4:00pm	5:10pm
4	Sunday Morning (15+)	7:10am	8:00am
5	Sunday Mid-day (8&U, 13-14)	11:00am	11:50am
6	Sunday Evening (9-12)	3:20pm	4:30pm

Rules/Safety	This meet will be conducted according to current YMCA/USA swimming rules and safety procedures. This meet will be conducted using the whistle command and no-recall false start procedures. "Fly-over" starts will be used at this meet in all sessions. Except for backstroke events, all swimmers should remain in the water at the completion of their race until the next race begins. No diving will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned. Sprint lanes will typically open no later than 30 minutes prior to the end of each warm-up session. Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. ANY SWIMMER OBSERVED SWIMMING UNDER THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT, OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED. NO SPECTATORS WILL BE ALLOWED ON THE POOL DECK AT ANY TIME. Swimmers are not permitted to be in the spectator seating at any time. Deck access is limited to swimmers, coaches, officials and meet volunteers. All coaches and swimmers must be registered with the YMCA of the USA. Coaches must display their valid YMCA Swimming Credentials to be permitted on the pool deck. Officials must display their valid YMCA or USA credential in order to be permitted on deck. Deck changes are prohibited. RECORDING BAN – The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.

Entries	Entries should be emailed to Ashley Chapman at achapman@rosesymca.org by November 8, 2026. Entries shall be submitted in the course in which they were achieved. Entries submitted with short course or long course meters times will be converted to yard times for seeding. As per Middle Atlantic rules, a $15 per swimmer fee will be assessed for all entries submitted on paper rather than electronically. An additional $25 per swimmer fee will be charged to any team submitting entries for five (5) or more swimmers manually. Electronic entries will be considered the official entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies. Checks made payable to "York YMCA Aquatic Club" Payment should be mailed to: Michael Brooks YMCA of Roses 90N Newberry Street York, PA 17401
Entry Fees	$10.00/individual event, $20.00/relay. There will be a swimmer surcharge of $10 per swimmer. Deck entries will not be accepted. Make checks payable to "York YMCA Aquatic Club".
Volunteers	Timers are needed. Timer slots will be based on entries per team and teams will be contacted with their slots after entries are received.
Inquiries	Refer questions about the meet to Ashley Chapman, Meet Director, at 757-218-8547 (no calls before 8a or after 8p). Email: achapman@rosesymca.org
Live Streaming	Spectators will be permitted in the spectator gallery, there will be a live stream link that will be posted on www.swimyorkymca.org during the meet.
Final Results	Final results will be posted on the York YMCA Aquatic Club website: www.swimyorky.org within 48 hours of the conclusion of the meet and transmitted to all clubs submitting meet entries electronically.
Parking	Parking information can be found at https://swimyorky.org/location.

Session 1: Saturday Morning
15+, Warm-ups 7:10am, Meet Start 8:00am

Girls	Event	Boys
1	15+ 200 Free Relay	2
3	15+ 200 IM	4
5	15+ 100 Breast	6
7	15+ 50 Free	8
9	15+ 200 Back	10
11	15+ 100 Fly	12
13	15+ 200 Free	14
15	15+ 500 Free	16

The 500 Free will be seeded fastest to slowest. All swimmers in the 500 Free must provide <u>their own timer and counter</u>.

Session 2: Saturday Mid-day
8&U, 13-14, Warm-ups 11:30am, Meet Start 12:20pm

Girls	Event	Boys
17	13-14 200 Free Relay	18
19	8&U 100 Free Relay	20
21	13-14 200 IM	22
23	8&U 100 IM	24
25	13-14 100 Breast	26
27	8&U 50 Breast	28
29	13-14 50 Free	30
31	8&U 25 Free	32
33	13-14 200 Back	34
35	8&U 50 Fly	36
37	13-14 100 Fly	38
39	8&U 25 Back	40
41	13-14 200 Free	42
43	8&U 100 Free	44

Session 3: Saturday Evening
9-12, Warm-ups 4:00pm, Meet Start 5:10pm

Girls	Event	Boys
45	9-10 200 Free Relay	46
47	11-12 200 Free Relay	48
49	9-12 100 IM	50
51	9-12 200 Breast	52
53	9-12 50 Fly	54
55	9-12 100 Free	56
57	9-12 50 Breast	58
59	9-12 100 Back	60
61	9-12 200 Fly	62

Session 4: Sunday Morning
15+, Warm-ups 7:10am, Meet Start 8:00am

Girls	Event	Boys
63	15+ 200 Medley Relay	64
65	15+ 400 IM	66
67	15+ 200 Breast	68
69	15+ 100 Back	70
71	15+ 100 Free	72
73	15+ 200 Fly	74

The 400 IM will be seeded fastest to slowest.

Session 5: Sunday Mid-day
8&U, 13-14, Warm-ups 11:00am, Meet Start 11:50am

Girls	Event	Boys
75	13-14 200 Medley Relay	76
77	8&U 100 Medley Relay	78
79	13-14 400 IM	80
81	8&U 25 Fly	82
83	13-14 200 Breast	84
85	8&U 100 Breast	86
87	13-14 100 Back	88
89	8&U 50 Back	90
91	13-14 100 Free	92
93	8&U 25 Breast	94
95	13-14 200 Fly	96
97	8&U 50 Free	98

Session 6: Sunday Evening
9-12, Warm-ups 3:20pm, Meet Start 4:30pm

Girls	Event	Boys
99	9-10 200 Medley Relay	100
101	11-12 200 Medley Relay	102
103	9-12 200 IM	104
105	9-12 100 Breast	106
107	9-12 50 Back	108
109	9-12 200 Free	110
111	9-12 100 Fly	112
113	9-12 50 Free	114
115	9-12 200 Back	116

Release Statement:

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

The YMCA of the Roses-Graham Aquatic Center and the York YMCA Aquatic Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.