

2019 NORTH BALTIMORE AQUATIC CLUB SPRING LC MEET / MAY 17 – 19, 2019
 @ ST. MARY’S COLLEGE / ST. MARY’S CITY, MARYLAND

WARM-UP LANE ASSIGNMENTS / FRIDAY – TIMED FINALS SESSION

MAIN POOL (FRIDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
3:30 PM – 4:20 PM	NBAC	NBAC	NBAC	NBAC ASC	YORK	YORK	CBAC PAY	GPAC RXA GMAC

25 YARD POOL (FRIDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	
3:30 PM – 4:20 PM	NBAC	NBAC	NBAC	YORK	YORK	CBAC PAY	GPAC RXA GMAC	
4:20 PM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	

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WARM-UP LANE ASSIGNMENTS / SATURDAY AM PRELIM SESSIONS

MAIN POOL (SATURDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
6:50 AM – 7:20 AM	NBAC	NBAC	NBAC	NBAC	NBAC	NCAP	NCAP	NCAP
7:20 AM – 7:50 AM	YORK PAY	YORK	YORK	YORK	GPAC	GPAC RXA	ASC	CBAC NRG GMAC

25 YARD POOL (SATURDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>
6:50 AM – 7:50 AM	NBAC	YORK	NCAP	GPAC	ASC	RXA PAY	CBAC NRG GMAC
7:50 AM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

WARM-UP LANE ASSIGNMENTS / SATURDAY – PM TIMED FINALS SESSIONS

MAIN POOL (SATURDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
11:40 AM – 12:20 PM	NBAC	NBAC	NBAC	YORK	ASC	MAC	MAC PAY	CBAC GMAC RXA NCAP NRG

25 YARD POOL (SATURDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>
11:40 AM – 12:20 PM	NBAC	NBAC	NBAC	NBAC	MAC PAY	RXA NCAP NRG	CBAC GMAC
12:20 PM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

WARM-UP LANE ASSIGNMENTS / SATURDAY & SUNDAY – FINALS SESSIONS

MAIN POOL: 4:40 PM – 5:20 PM OPEN WARM-UPS / MEET STARTS: 5:30 PM

25 YARD POOL – 4:40 PM – END OF SESSION OPEN WARM-UPS

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WARM-UP LANE ASSIGNMENTS / SATUDAY AM PRELIM SESSIONS

MAIN POOL (SUNDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
6:50 AM – 7:20 AM	YORK PAY	YORK	YORK	YORK	GPAC	GPAC RXA	ASC	CBAC NRG GMAC
7:20 AM – 7:50 AM	NBAC	NBAC	NBAC	NBAC	NBAC	NCAP	NCAP	NCAP

25 YARD POOL (SUNDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>
6:50 AM – 7:50 AM	NBAC	YORK	NCAP	GPAC	ASC	RXA PAY	CBAC NRG GMAC
7:50 AM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

WARM-UP LANE ASSIGNMENTS / SATURDAY – PM TIMED FINALS SESSIONS

MAIN POOL (SUNDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
11:55 AM – 12:35 PM	NBAC	NBAC	NBAC	YORK	ASC	MAC	MAC PAY	CBAC GMAC RXA NCAP NRG

25 YARD POOL (SUNDAY)	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>
11:55 AM – 12:35 PM	NBAC	NBAC	NBAC	NBAC	MAC PAY	RXA NCAP NRG	CBAC GMAC
12:35 PM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

WARM-UP LANE ASSIGNMENTS / SATURDAY & SUNDAY – FINALS SESSIONS

MAIN POOL: 4:40 PM – 5:20 PM OPEN WARM-UPS / MEET STARTS: 5:30 PM

25 YARD POOL – 4:40 PM – END OF SESSION OPEN WARM-UPS