

## Eucharist: On the First Day of the Week

### *Holy Communion's Mystery and Meaning*

**God is Alive and in the House!** Every Sunday Holy Trinity Lutheran Church proclaims this bold and ancient mystery. What does such a claim mean-this Holy Supper? How can this be, not only for our congregation, but for all of Christendom for over 2,000 years?

The Sunday morning study group will begin a 3-week look and exploration of "*the breaking of the bread,*" The Lord's Supper, May 7-May 21.

Is the bread and wine that we consume on Sunday morning the actual body and blood of Christ, or are these elements just holy symbols of Christ's real presence? Why has the frequency of Holy Communion increased in recent years? What was Luther's answer to his own question: "*What is this Sacrament good for, anyway?*"

The class will employ historic, biblical, theological, and Lutheran understandings as we strive to "*overcome the alternatives of resolute realism and subjective symbolism.*" Further, we will examine other Christian Communities' Eucharistic understandings.

The class will be taught by Dr. Thomas Colley of our congregation.