

Senna Containing Products

- Tablet - 8.6mg, 17.2mg, 15mg or 25mg available



- Senna Liquid - 8.8mg/5ml



- Senokot Gummy or Senokot Kids Gummy - 8.7mg / chew



- Ex-lax Chocolate squares - 15mg/square



*Of note, there are other senna containing products available, such as teas. These typically list the amount of senna leaf extract or senna pod extract. They do not list the dosage of actual sennoside. This makes dosing less predictable and titration not as safe.