

FIRST RESPONDER AND VETERANS COUPLES RETREAT

MARCH 5-8, 2026



Join Camp Resilience for 4 days of connection, adventure, and growth in the Lakes Region of New Hampshire. This retreat combines exciting and relaxing activities with tools to strengthen your relationship.

Retreat Features:

- SELF-ASSESSMENT & PARTNER ENGAGEMENT METHODS
- OPPORTUNITIES TO STRENGTHEN RELATIONSHIP SKILLS
- SHARING SESSIONS FOCUSED ON SUCCESSES & SOLUTIONS
- STRATEGIES TO REKINDLE CONNECTION AND WARMTH
- WAYS TO INTRODUCE RESPECTFUL HUMOR AND KEEP THINGS FUN

*Lodging, meals, and activities are provided at no cost to participants.
Transportation to/from the retreat is not provided.*

SPACE IS LIMITED! * camp-resilience.org
APPLY TODAY * 978-219-4003

