



Mh Boxes

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EIN: 99-0536246
Report Generated on: 03/12/2025

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Mh Boxes

📍 Chester, VA
🌐 www.mhboxes.org
📞 (203)947-1933



[View GuideStar Profile](#)



MISSION

MH Boxes aims to remove the stigma surrounding mental health among Black girls by providing curated toolboxes that promote self-care, resilience, and open conversations.

EIN

99-0536246

PRINCIPAL OFFICER

Carissa Henry

RULING YEAR

2024

BOARD CHAIR

Carissa Henry

IRS SUBSECTION

501(c)(3) Public Charity

SUBJECT AREA

Mental health care

MAIN ADDRESS

2719 Goyne Ter
Chester, VA
23831

NTEE Code

Alliance/Advocacy
Organizations (F01)

AFFILIATION TYPE

Independent Organization

CONTACT

Carissa Henry
info@mhboxes.org

PROGRAMS

1. MH Boxes

Population(s) served:

POPULATIONS SERVED

1. People of African descent

2. Adolescents

3. Children

4. Preteens

5. Economically disadvantaged people

COMPLIANCE

✓ IRS Pub 78 Verified as of March 2025

✓ IRS BMF 509(a) (1) as of March 10, 2025

Section 509(a)(1) organization as referred to in Section 170(b)(1)(A)(vi)

TRANSPARENCY MEASURES

✓ Board Practices Reported?

✓ Diversity Data Reported?

Programs & Results

PROGRAMS

Source: Self-Reported by Organization, May 2024

MH Boxes

Population(s) Served: n/a

We provide curated toolboxes with various mental health resources tailored to Black girls aged 6 to 16, in Central Virginia.

CHARTING IMPACT

What is the organization aiming to accomplish?

A world where Black girls confidently embrace their mental health, break barriers, and foster a supportive community.

What are the organization's key strategies for making this happen?

MH Boxes was established in 2023 by the determined and compassionate 12-year-old, Mila. Confronting her own mental health challenges, Mila gained a profound understanding of the importance of communication. She embarked on a journey to assemble tools that would aid her in navigating her mental health treatment. As a member of a bi-racial family, Mila is acutely aware of the disparities in how mental health is perceived. While conversations around mental health are often open in white families, there exists a hesitancy within Black families to engage in such discussions. Recognizing the resulting stigma and its impact on access to mental health care, Mila felt compelled to make a difference. MH Boxes is Mila's way of giving back to young Black girls, providing them with toolboxes to navigate their mental health journeys, fostering coping mechanisms, and letting them know they are not alone.

Financials

Source: Self-Reported by Organization, May 2024

FISCAL YEAR START: Jan/01

FISCAL YEAR END: May/28

Revenue & Expenses

Revenue		2024
Contributions, gifts, and grants		\$5,796
Program service revenue including government fees and contracts		\$0
Membership Dues		\$0
Net Income from Special Events		\$0
Other Revenue Amount		\$0
Total Revenue		\$1,000
Expenses		
Program		\$19,893
Administration		\$1,000
Fundraising		\$0
Payments to Affiliates		\$0
Other Expense		\$0
Total Expenses		\$8,426
ASSETS AND LIABILITIES		
Total Assets		\$0
Total Liabilities		\$0
Net Assets or Fund Balance at the end of year		\$0

Operations

Source: Self-Reported by Organization, May 2024

PRINCIPAL OFFICER

Carissa Henry

BOARD CHAIR

Carissa Henry

BOARD LEADERSHIP PRACTICES

GuideStar worked with BoardSource, the national leader in nonprofit board leadership and governance, to create this section, which enables organizations and donors to transparently share information about essential board leadership practices.

BOARD ORIENTATION & EDUCATION

Does the board conduct a formal orientation for new board members and require all board members to sign a written agreement regarding their roles, responsibilities, and expectations?

Yes

CEO OVERSIGHT

Has the board conducted a formal, written assessment of the chief executive within the past year?

Not Applicable

ETHICS & TRANSPARENCY

Have the board and senior staff reviewed the conflict-of-interest policy and completed and signed disclosure statements in the past year?

Yes

BOARD COMPOSITION

Does the board ensure an inclusive board member recruitment process that results in diversity of thought and leadership?

Yes

BOARD PERFORMANCE

Has the board conducted a formal, written self-assessment of its performance within the past three years?

Not Applicable

Organizational Demographics

Who works and leads organizations that serve our diverse communities? This organization has voluntarily shared information to answer this important question and to support sector-wide learning. GuideStar partnered on this section with CHANGE Philanthropy.

Leadership

The organization's leader identifies as:

Race & Ethnicity	White/Caucasian/European
Gender Identity	Female, Not transgender
Sexual Orientation	Heterosexual or Straight
Disability Status	Person with a disability

Race & Ethnicity

No data

Gender Identity

Transgender Identity

No data

Sexual Orientation

No data

Disability

No data.

Appendix

Key Documents

IRS Forms 990	Not Available
IRS Forms 990T	Not Available
Audited Financial Statements	Not Available
Key Organization Documents	Not Available

GuideStar Charity Check

Mh Boxes

2719 Goyne Ter
Chester, VA 23831

- ✓ Foundation Status Code: PC*
- ✓ Public charity described in section 509(a)(1) or (2)

IRS Publication 78 Details

✓ IRS Pub 78
verified

Organization name	Location	Most recent IRS Publication 78
Mh Boxes	Chester, VA	February 2025
EIN	Deductibility status description	Verified with most recent Internal Revenue Bulletin
99-0536246	A public charity (50% deductibility limitation).	March 10, 2025

IRS Business Master File Details

IRS BMF 509(a)(1)

Organization name	Most recent IRS BMF	Reason for Non-Private Foundation Status
MH BOXES	February 10 2025	Section 509(a)(1) organization as referred to in Section 170(b)(1)(A)(vi)
EIN	IRS subsection	Ruling date
99-0536246	This organization is a 501(c)(3) Public Charity	01/2024
Foundation Code	Foundation Code Description	
15	Organization which receives a substantial part of its support from a governmental unit or the general public	

This organization was not included in the Office of Foreign Assets Control Specially Designated Nationals (SDN) list.

On September 8, 2011, the IRS issued [regulations](#) which eliminated the advance ruling process for a section 501(c)(3) organization. [Learn more](#)

* The Foundation Status Code is the code that foundations are required to provide for each grantee annually on part XV of Form 990PF. Note that this code cannot be derived in some cases (e.g., supporting organizations for which 'type' can't be determined).

[IRS Revenue Procedure 2011-33](#) allows grantors to rely on third-party resources, such as GuideStar Charity Check, to obtain required Business Master File (BMF) data concerning a potential grantee's public charity classification under section 509 (a) (1), (2) or (3).

GuideStar Charity Check Data Sources

-GuideStar acquires all IRS data directly from the Internal Revenue Service.

-[IRS Publication 78 \(Cumulative List of Organizations\)](#) lists organizations that have been recognized by the Internal Revenue Service as eligible to receive tax-deductible contributions.

-The [IRS Internal Revenue Bulletin \(IRB\)](#) lists changes in charitable status since the last Publication 78 release. Between the release of IRS Publication 78 and the subsequent IRS Internal Revenue Bulletin, the IRB date will reflect the most recent release date of IRS Publication 78.

-The [IRS Business Master File](#) lists approximately 1.7 million nonprofits registered with the IRS as tax-exempt organizations.

-The [IRS Automatic Revocation of Exemption List](#) contains organizations that have had their federal tax-exempt status automatically revoked for failing to file an annual return or notice with the IRS for three consecutive years.

-The Foundation Status Code is a value derived by mapping the codes found on the [990PF filing instructions](#) to the corresponding codes in the IRS BMF. Note that not all codes are able to be mapped due to insufficient data.

-The Office of Foreign Assets Control (OFAC) [Specially Designated Nationals \(SDN\) list](#) organizations that are owned or controlled by targeted individuals, groups, and entities, such as terrorists or narcotics traffickers. Their assets are blocked and U.S. persons are generally prohibited from dealing with them.