



## PATIENT PARTNERS WELCOMED

### Join a research team supporting physiotherapists who help people living with chronic pain

#### An invitation

We welcome 2-4 patient partners to join a team of physical therapists undertaking a project to support the use of resources to help people living with chronic pain. Your contributions will help us ensure that the perspectives and needs of patients are the foundation for the recommendations and resources that result from this project.

#### Is this opportunity a good fit for you?

Do you live with chronic pain? Are you Canadian? Are you interested in helping other patients? If you answered yes to these questions, this project could be a good fit for you.

#### Background information

Physical therapists (PTs) can provide expert guidance to Canadians who are living with chronic pain. Although there are resources available for PTs that can help them to better support their patients, we do not know how many therapists are aware of, and use, these resources.

This project brings together PTs working across Canada to: (1) find out if and how therapists are using resources that are available to help people living with chronic pain and (2) identify and develop ways to support therapists in using these resources.

To help make the project a success, we welcome you to join the team. Specifically, to share your experience and insights with us so that the supports developed are relevant and valuable for patients.

#### What can you expect?

If you choose to contribute, you could choose how often, how long and to what extent you wish to participate. The project facilitator, Alison Hoens (<https://physicaltherapy.med.ubc.ca/physical-therapy-knowledge-broker/>) will guide you through the process and be available to address your concerns and questions. It is anticipated that we will:

- Meet every 4-6 weeks by teleconference. The time of day and day of week will be determined by mutual convenience. The teleconference call would be free. You could participate from any location in Canada.
- Have email communication 1-3 times per month.

We invite you to provide your personal views from your perspective as a patient. You do not need any previous experience, just an interest in the topic and an ability to attend the teleconference meetings as able.

We are pleased to offer a small honorarium (\$150) in acknowledgment of your important contributions.

**If you are interested in finding out more, please contact Alison Hoens at [Alison.hoens@ubc.ca](mailto:Alison.hoens@ubc.ca) or 604-812-1271**