

THE LANCET Child & Adolescent Health



**Delivering transformative action in paediatric pain:
*a Lancet Child & Adolescent Health Commission***

Stakeholder kit

**EMBARGOED UNTIL TUESDAY OCTOBER 13,
2330 h BST**

Cover image credit: Shaniah Barry/EveryLife Foundation

Introduction & kit contents

The findings of this new [**Lancet Child & Adolescent Health**](#) Commission, the first of its kind ever to address paediatric pain, calls for transformative action around 4 goals. The report was led by the [Centre for Pain Research](#) at the University of Bath, supported by [Versus Arthritis](#) and [The Mayday Fund](#), and reflects the views and opinions of over 20 multidisciplinary medical professionals worldwide, as well as patient and parent partners, whose experiences fed into the work.

We appreciate your support in sharing the findings of the report. Any questions please e-mail Stephanie Clague (stephanie.clague@lancet.com)

In this kit, you will find...

- Executive Summary & press release
- How to access the Commission
- Linked Content
- Social and multimedia assets
- Social media messaging
- EAPS Conference presentation
- About *The Lancet's* Future Child Campaign

Executive Summary

Every infant, child, and adolescent will experience pain at times throughout their life. Paediatric pain ranges from acute to chronic, and includes procedural, disease-related, breakthrough, and other types of pain. Despite its ubiquity, pain is often silenced and appropriate relief too infrequently given. Undertreated, unrecognised, or poorly managed pain in young people can have long-lasting negative consequences in later life, including continued chronic pain, disability, and distress. It is time for change.

This *Lancet Child & Adolescent Health* Commission presents four transformative goals—to make pain matter, understood, visible, and better. It sets out priorities for clinicians, researchers, funders, and policy makers, and calls for cross-sector collaboration to deliver the action needed to improve the lives of children and adolescents with pain.

A press release by University of Bath and Versus Arthritis is [available here](#).

Access the Commission

The Commission and all related content are free to read (with free registration to TheLancet.com):

[thelancet.com/commission/paediatic-pain](https://www.thelancet.com/commission/paediatic-pain)

[Embargoed copies of the report and content are available here.](#)

Please reference: Eccleston C, Fisher E, Howard RF, et al. Delivering transformative action in paediatric pain: a Lancet Child & Adolescent Health Commission. *Lancet Child Adolesc Health* 2020; published online Oct 13. DOI:[https://doi.org/10.1016/S2352-4642\(20\)30277-7](https://doi.org/10.1016/S2352-4642(20)30277-7)

The full URL to the Commission report is:

[https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30277-7/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30277-7/fulltext)

Linked content

The Commission is accompanied by the below linked content, all free to read (with free registration)

Comments

Paediatric pain management in low-income and middle-income countries (Swee Ping Tang, Angela S H Yeo, Mary Suma Cardoso) [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30336-9/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30336-9/fulltext)

Racial inequalities in access to care for young people living with pain due to sickle cell disease (Baba Psalm Duniya Inusa, Eufemia Jacob, Livingstone Dogara, Kofi A Anie) [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30318-7/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30318-7/fulltext)

Transition of care for adolescents with chronic pain (Susmita Kashikar-Zuck) [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30317-5/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30317-5/fulltext)

Reflections

Feature: The school experience for young people with chronic pain (Jules Morgan) [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30338-2/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30338-2/fulltext)

Art: You can't see my pain (Esther Lau & Jack P Williamson) [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30337-0/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30337-0/fulltext)

Multimedia & social media assets

A range of [social media](#) and multimedia assets, including an infographic and author video abstract, are [available here](#) for you to share in your communications and on your social media channels. These materials are under embargo.



THE LANCET Child & Adolescent Health

The best science for better lives

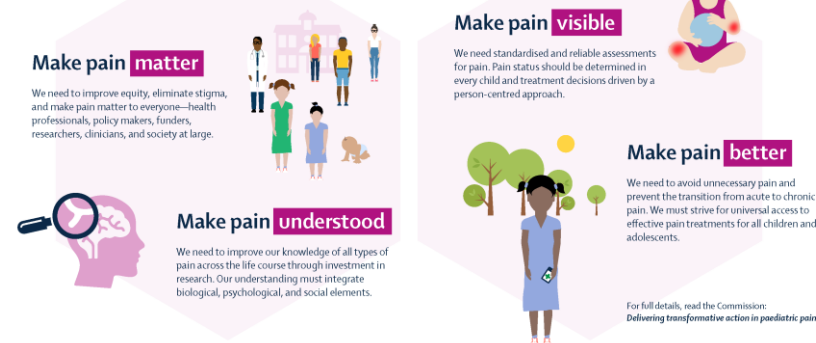


THE LANCET Child & Adolescent Health

The best science for better lives

Every child experiences pain. But pain is too often silenced and appropriate relief too infrequently given.

It is time for action.



THE LANCET Child & Adolescent Health

The best science for better lives



Link to video: <https://youtu.be/akNOPFeiAmQ>

Social media messaging

Suggested social media messaging for Twitter and Facebook are [available here](#).

Example tweet:

Undertreated, unrecognised or poorly managed pain #pediatricpain leads to long-lasting negative consequences in adulthood. New @LancetChildAdol Commission provides #4goals4pain to improve the lives of children and adolescents with pain and their families <https://hubs.li/H0xDmQL0>

On Twitter, please use our Commission hashtag **#4goals4pain**

Other hashtags: #pediatricpain #paediatricpain

On Twitter please tag @TheLancetChildAdol

On Facebook please tag @TheLancetMedicalJournal

EAPS Conference presentation

The findings of this Commission will be presented at the European Academy for Paediatric Societies 2020 conference in a dedicated session on Fri, Oct 16, 2020 at 7:50pm_8:50pm CEST. Session title: Interdisciplinary Session: Lancet Commission on Paediatric Pain. The session is for conference delegates only.

Please consider promoting this session through your networks and channels
By tweeting the below:

Attending #EAPS2020? Don't miss the launch session of a new @LancetChildAdol Commission on #paediatricpain #pediatricpain

Or retweeting [this tweet](#)

We encourage you to tweet the findings during the session, and resharing the assets provided here #4goals4pain

EAPS 2020 Virtual Congress
Interdisciplinary Session:
Lancet Commission on Paediatric Pain

Fri, Oct 16
7:50pm–8:50pm CEST

THE LANCET
Child & Adolescent Health

The best science for better lives

The Lancet's Future Child Campaign

This Commission is the next milestone report to publish within The Lancet's 2020 [Future Child campaign](#), which seeks to put children at the heart of our vision for a sustainable humanity.

Every infant, child, and adolescent will experience pain at times throughout their life. Despite its ubiquity, pain is often silenced, unrecognised, or poorly managed, which can have long-lasting negative consequences. This Commission presents four transformative goals—to make pain matter, understood, visible, and better—and sets out priorities for clinicians, researchers, funders, and policy makers to deliver the action needed to improve the lives of children and adolescents with pain.

Whoever you are, wherever you are, you can help us influence progress on child and adolescent health:

- [Sign up](#) to receive our campaign updates and stay up to date with our campaign and the latest evidence published in the *Lancet* family of journals
- [Follow us @TheLancet](#), share our campaign [calls to action](#), and join in the conversation using #FutureChild
- Use our [campaign milestone resources](#) to help you spread the word