

# **Handling the Holidays:**

# Programs for those Grieving the Loss of a Family Member



Join us for support sessions, facilitated by Chaplain Beverly Rubman, to help you through the holidays.

#### High Holidays: When the Holidays Hurt

Thursday, September 12, 2019 from 10:30 a.m. — 11:45 a.m. or Tuesday, September 17, 2019 from 6:45 p.m. — 8:00 p.m.

## Chanukah: Finding Light in Moments of Darkness

Thursday, December 12, 2019 from 10:30 a.m. — 11:45 a.m.

## Passover: The Empty Chair

Wednesday, March 18, 2020 from 10:30 a.m. — 11:45 a.m.

Location: Jewish Family & Children's Service 707 Alexander Road, Suite 102, Princeton

Fee: \$10/session

Advance registration required. Contact Beverly Rubman at 609-987-8100, ext. 139 or beverlyr@jfcsonline.org

Light refreshments will be served

