HeartF.E.L.T. Food Suggestions

Milk 8 oz/ 3 packs non-refrigerated /Shelf Milk
Fruit Juice/ multi packaged/Orange, Apple, Fruit punch/Individually boxed
Fruit Snacks /any flavor
Cereal single serving box / any kind / usually in multi packages
Cereal Bars Boxed / individually wrapped/any kind or flavor
Boxed Oatmeal /individually wrapped/ any flavor
Pop Tarts / individually wrapped/ any flavor
Fruit Cups/ 40z/ removable lid/ any kind/ boxed in 6 or 8 or more
Mac & Cheese /7.25 oz box
Jar Peanut Butter/ 18 oz plastic jar
Jar Jelly 18 0z/ Grape, Strawberry, Orange, etc./ no glass jars
Peanut Butter Crackers/ 6or 8 count package/ Individually wrapped
Cheese Crackers/ 6 or 8 count package / Individually wrapped
Tomato Soup/ 10.75 oz/ pop- top lid or regular lid/ multiple cans
Chicken and Rice Soup/ pop- top lid or regular lid/ multiple cans
Vegetable Soup /pop- top lid or regular/ multiple cans
Chicken Noodle Soup/pop-top lid or regular lid
Variety Box of Cookies/individual bags/ / 16 0r 20 count
Variety Box of Chips/ Individual bags/ 16 or 20 count
Pretzels singles serving or large box of multiple bags
Pudding Cups/ 3oz single serving/ non refrigerated/ or 6 to 8 cups in I package
Ravioli 15oz can/ regular lid or pop-top lid
Ramen Noodles/ any flavor/ single serving or boxes or bag of multi bags
Spaghetti 1lb box
Spaghetti Sauce 24 oz canned/ no glass jars
Apple Sauce 3.9 oz/pkg or 6 foil top
Mandarin Oranges 3.9oz/ pkg of 6 with foil lids
Pears/ 3.9oz/pkg or 6 foil lid
Fruit Cocktail/3.9 oz.pkg of 6 with foil lid

Cash donations are also welcome and can be made by check in the offering plate, annotated HeartF.E.L.T., or through Easy Tithe.