

How YOU can make a difference!

Whether you are a clinician, volunteer, donor, friend or just learning about our organization there are many ways that you can make a difference! Our organization works to bring the hope of healing to those suffering in underserved communities throughout the world. Join us in supporting these efforts by getting involved in one or more of the ways listed below:

- **[Donate](#) to Trauma Recovery/HAP:** Donations support our mission not only through training, but the work of our Trauma Recovery Network and International Volunteers. Our Francine Shapiro Fund for disaster recovery allowed for swift response in Orlando after the Pulse Nightclub shooting and extensive training efforts in Nepal after the devastating earthquake in 2015. *Visit our [donation page online](#) to make your gift today!*
- **[Join](#) the Trauma Recovery Network (TRN):** Become a Trauma Recovery/HAP volunteer and join your local association or become an At-Large-Member! Our TRN volunteers support their community's preparedness and disaster recovery efforts. First [create](#) a volunteer account and then [apply](#) for the TRN today!
- **Become a Trauma Recovery/HAP Faculty Volunteer:** Join the ranks of our talented Training facilitators and trainers who travel far and wide to volunteer for our training program. Only EMDRIA approved consultants are eligible to become faculty volunteers. Contact asavino@emdrhap.org to join.
- **Attend a Trauma Recovery/HAP training:** In addition to our EMDR Basic Training, Trauma Recovery/HAP offers both [online](#) and [in-person](#) specialty training in EMDR therapy. Enhance your skills by visiting our website to register for a training today!
- **Visit our [online store](#):** Purchase EMDR therapy resources from our Resource Center. We have quite the variety and all proceeds support our organization!
- **Like us on [Facebook](#) and follow us on [Twitter](#):** Become a part of our growing online community. Spread the word by sharing our posts or linking to our website!
- **Share your story:** All of us who are working within the mental health community can take steps to increase awareness. We share stories of not only the individuals we help, but also that highlight the importance and effectiveness of trauma-informed therapy. Become an advocate today by clicking [here](#) to share your story!
- **[AmazonSmile](#):** Amazon Customers, *please select EMDR Humanitarian Assistance Programs as your preferred organization on AmazonSmile.* Every time you want to purchase through Amazon go to smile.amazon.com and proceed as usual. Trauma Recovery/HAP will receive a donation from every eligible purchase at no additional cost.

For more information contact:

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