

EMDR and Autism

Presenter: Sherri Paulson M.Ed, LCSW

When: Saturday, November 3rd, 2018 from 8:30 a.m. to 4:30 p.m.

**Where: Burroughs Community Center
2470 Fairfield Avenue
Bridgeport CT, 06605**

Fee: \$179.00/\$149.00 non-profit

If you are interested in attending this workshop, please contact Anna Steel to be put on a waiting list at:

Anna's phone: 203-288-4450 ex. 24 Email: associate@emdrhap.org

Eligibility: Psychologists, Social Workers, Marriage and Family Therapists, Licensed Professional Counselors, Psychiatrists, Psychiatric Nurses, and anyone else who works in the Mental Health Field. At least partial training in EMDR Therapy is required to attend this advanced workshop

In-Person Training: <https://www.emdrhap.org/content/event-registration-form/?eventID=1457>

Online Streaming: <https://beacon360.content.online/xbcs/S1535/catalog/product.xhtml?eid=8378>

Course Description

Since the introduction of the use of EMDR with autism in 2003 by Ms. Paulson, her adapted protocol has been used with individuals across the spectrum and has been shared with EMDR therapists around the world. EMDR has made it possible for individuals with even severe autism and other developmental disabilities to process trauma and to reduce symptoms of PTSD, at the same time often reducing the severity of their autism characteristics. This presentation will include a step-by-step description of how to use EMDR with individuals on the autism spectrum while adhering to the original eight-phase EMDR standard protocol. The preparation phase can also become a stand-alone program called "Connecting With Self," useful for children with attachment and trauma related issues. A poster presentation at EMDRIA Minneapolis in 2016 demonstrated that the positive effects of this adapted protocol for individuals with autism have lasted for one traumatized individual from childhood through adulthood.

Objectives:

- Participants will be able to identify at least 5 characteristics of autism that may impact EMDR processing.
- Participants will be able to include additional areas necessary to explore during history taking.
- Participants will be able to use a body scan during preparation for EMDR.
- Participants will learn how to teach various skills necessary for children and some adults to complete EMDR processing without incident.
- Participants will learn a variety of strategies to use for Desensitization in individuals with severe autism.
- Participants will be able to provide EMDR therapy for most individuals with autism using this protocol.

BIO for Sherri Paulson

Sherri Paulson M.Ed.; LCSW currently practices at Memorial Medical Center Behavioral Health as a child and adolescent therapist primarily with an emphasis on sexual abuse treatment and work with individuals of all ages with autism and other developmental delays. Ms. Paulson also has 7 years of teaching experience. She was first trained in EMDR in 1998 and is an Approved Consultant. She has been using EMDR with individuals with autism since 1998. Her first presentation was a poster presentation in 2003 at EMDRIA Denver. She introduced the adapted protocol for using EMDR with autism at the EMDRIA conference in 2007. She also presented the protocol at EMDR Europe-Edinburgh in 2014. Her recent poster presentation at EMDRIA Minneapolis in 2016 used a case study to demonstrate the effectiveness of using EMDR with autistic individuals, with the benefits lasting over time. Ms. Paulson consults globally on this subject.

AGENDA

8:30--10:00 a.m. DIDACTIC PRESENTATION	Introduction and Cautions; Autism Characteristics to be considered, including Aspergers; Problem behavior management
10:00 - 10:30 a.m.	BREAK
10:30 - 11:30 p.m.	Eight Phase EMDR Protocol adaptations, with case study: Phase One (History) and Beginning of Phase Two (Preparation)
11:30 - 12:30 p.m.	LUNCH BREAK
12:30 - 2:15p.m.	Phase Two, (Preparation) continued, with practice Phase Three (Assessment)
2:15 - 2:30 p.m.	BREAK
2:30 - 4:00 p.m.	Phase 4 (Desensitization) Phases 5-8 (Installation, Body Scan, Closure, and Reevaluation)
4:00 - 4:30 p.m.	Closing, Q & A, and evaluations

6.5 EMDRIA credits

6 CEU Credits (optional)— cost is \$10 (directions & key code will be emailed to participants approximately two weeks after the event).



All cancellations must be in writing to Trauma Recovery/HAP, by email, fax or letter. Cancellation 14 business days prior to event start date will receive a refund of basic training fee, less a \$45 administrative fee. Cancellation between the 14th and the 4th business day prior to event start date will receive a 50% refund of basic training fee. These are contingent upon receipt of a written cancellation with a timely postmark, via letter, email (training@emdrhap.org), or FAX 203-288-4060. There is no refund for cancellations within 72 hours (3 days) of the event's advertised start date. Grievances are only accepted in writing and will be handled within ten business days. For ADA assistance, please contact the Trauma Recovery/HAP office. All grievances must be in writing to training@emdrhap.org, and will be replied to within 5 - 10 business days.

CEUs will be provided by Ce-Classes.com

Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at ce-classes.com, entering a key code, and completing an evaluation form.

Licensed Professionals should contact their regulatory board to determine course approval.

Ce-Classes.com is approved by:

- Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.
- Association of Social Work Boards (ASWB) CE-Classes.com, provider #1142, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. CE-Classes.com maintains responsibility for the program. ASWB Approval Period: 1/5/2017-1/5/2020. Social workers should contact their regulatory board to determine course approval.
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 3/31/2019

- *California BBS: Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB and APA. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.*
- *The California Association of Alcoholism and Drug Abuse Counselors (CAADAC) Provider Number OS-12-174-1116 Expires 11-2018*
- *The Texas Board of Social Work Examiners, Continuing Education Provider – 5674 expires 4/30/2019.*
- *The Texas Board of Professional Counselors, Continuing Education Provider – 1622 expires 2/28/2019.*
- *Massachusetts Authorization Number: (TBD)*
- *Ohio Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/31/2019*
- *The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2018 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.*
- *The California Board of Registered Nursing. CEP 15647 Expires 11/30/2018*
- *New York Social Work Board NYSED Provider #120*
- *This course is NOT APPROVED for NBCC*