



Meet our New Board Member – Dr. Sushma Mehrotra

Please join Trauma Recovery Humanitarian Assistance Programs® in welcoming our newest board member, Sushma Mehrotra, Ph.D. Dr. Mehrotra joined the board in February of 2020. She is a clinical psychologist and consultant psychologist with over 30 years of experience, located in Mumbai, India. Her work as an international trainer for Eye Movement Desensitization and Reprocessing (EMDR) training and Founder/President of EMDR Asia (2010-2017) takes her throughout Asia and beyond. At the conclusion of her term as EMDR Asia President, Dr. Mehrotra, working with Carol Martin, turned her attention to developing Trauma Recovery/Asia.

She trained in EMDR between 1999 and 2001. She then began the first volunteer effort of Indian clinicians trained by Trauma Recovery/HAP, treating survivors of a major earthquake that hit the Indian province of Gujarat. She has worked in the arena of mental health and public health in India and other Asian countries and has been instrumental in pioneering systems that have broadened reach and service provision to underserved and underdeveloped communities throughout the region through work for the Ministry of Health, Government of India, Bill and Melinda Gates Foundation and The Global Funds.

Her goals as a board member include: (1) including EMDR Therapy as first line treatment of psychological trauma from natural and man-made disasters, (2) expanding EMDR training beyond urban centers to outlying communities across Asia to reach more of the underserved, and (3) introducing special programs for first responders based on AIP informed symptom reduction strategies.