

Meet Our Staff!

Andrea Savino



Andrea joined Trauma Recovery/HAP in 2013 as an Office Manager. Not long after, the position of Training Team Liaison was available and Andrea was the perfect fit. As the Training Team Liaison, Andrea oversees the planning, organizing, tracking and evaluation of all current volunteer faculty, as well as, recruits, supports, and manages all of the new volunteer faculty. In addition,

Andrea identifies training opportunities and relationships, develops trainings based on leads and collaborates on marketing of agency trainings. Andrea enjoys cooking and spending time with family, friends and her two beautiful kitties! Andrea will be available at our EMDRIA booth if you should have any questions or just want to say hi.

Carol R. Martin



Our Executive Director, Carol R. Martin, is dedicated to making a difference. Throughout her career, she's looked for a "place to call home," where her skills, experience and commitment can best serve others. The Trauma Recovery/HAP is that home. Her position as Executive Director calls on her expertise in public relations, community affairs, resource

development, marketing, government relations, and on her tireless energy. Previously, Carol has been Associate Vice-President at Save the Children and Director of Development Yale School of Public Health, a consultant to L'Envol (A Hole in the Wall Gang Camp in France), Mother's Voices (an AIDS advocacy organization), SPIRIT (an international medical organization), Vice President of Institutional Advancement and Executive Director of the SCSU Foundation at Southern Connecticut State University. Carol's commitment to the community extends beyond the workplace to her managerial positions on the Board of the Gesell Institute and the Branford Animal Shelter. She's an avid tennis player and a proud parent, always ready to show photos of her two sons, her grandson, and her 4 lb. poodle, Calvi.

Donald F. deGraffenreid



Donald deGraffenreid, LCSW joined Trauma Recovery/HAP over two years ago as the Program and Community Development Director. He has been connected to our organization for over ten years. He is a Senior Trainer for Part I and Part 2 EMDR therapy. He also works closely with the emerging Trauma Recovery Network (TRN) throughout the United States to help them get up and running in their community. Ask him for a copy of his handout "How to Successfully Start a TRN in 30 Days or Less". He has a large, red Harley Davidson motorcycle in his garage and is adept at macramé.

Elaine Howard



Elaine is the Training Coordinator at Trauma Recovery/HAP and has been a full time employee since November 2007. Want to host a training? Elaine is the one to contact! She serves as the point of contact for agency representatives to ensure that all arrangements have been made for successful training events. This means following the organization process from inquiry all the way to event completion. Due to her 10 years(!) with our organization Elaine is able to answer any and all training questions. She enjoys spending time with her husband, their two sons, family & friends. Her favorite place to be.....The beach!!!

Karl Speirs



Karl Speirs, LMFT joined Trauma Recovery/HAP in 2013 as the Director of Clinical Education and Training. He is a Licensed Marriage and Family Therapist and EMDRIA Approved Consultant who specializes in working with children and families. His clinical position has seen him fill many roles in the office. In addition to working with the training teams and managing training content, a lot of Karl's current energy is spent on developing a robust and comprehensive package of online trainings. His goal is for Trauma Recovery/HAP to be perceived by therapists, especially those in community mental health agencies, as a valuable partner and resource in trauma informed professional development. If you are interested in online training Karl is the person to speak to. He loves spending time with his family, and enjoys the outdoors and cycling.

Linda Blackburn



Linda Blackburn, a CPA since 1984, started working with the Trauma Recovery/HAP staff in the summer of 2011 to create accounting processes and reporting tools to better serve host agencies and dedicated volunteers. She has enjoyed working with non-profits and small business owners since moving with her family to Connecticut in 1997. Linda and her husband, Ben (avid cat lovers) are celebrating 30 years of marriage this November.

Nicolette Sisco



Nicolette Sisco has been working at Trauma Recovery/HAP for the past four years. Nicolette has a unique background coming from fashion design industry. This accounts for her experience in graphic design and a wide variety of software platforms. As the Development Associate she works to create and manage all fundraising campaigns/events in addition to our web, email and social media presence. She has worked to

design and build our newsletter up to being a consistent bimonthly mailing. As our in house "techy", she also assists with computer and email needs. Nicolette designs all of our visual presentations and printed brochures/flyers. Come visit our booth at EMDRIA to see some of her work!

Stephanie Lohret



Stephanie Lohret is the Administrative Assistant to the Training Team. She provides all of the logistical support for trainings, from sending out and tracking manual shipments to processing the sign in/out sheets for CEUs and Records of Attendance. Stephanie also helps track all of the facilitator's in training and keep the paperwork organized. She sends the training faculty their expense reports and upon receiving them back, ensures everything is in order for our accounting team. Stephanie sends out Records of Completion to participants who have completed basic training and addresses questions and concerns that participants may have. She has been working at Trauma Recovery/HAP since August of 2016 and we have been thrilled to have her as a part of our Training Team.

Terran Olson



Terran Olson has been working with Trauma Recovery/HAP for over six years, maintaining and occasionally even improving the software that manages training event registrations and rosters, TRN associations, and the website. He finds keeping up with Trauma Recovery/HAP's growth and changing needs both challenging and rewarding, and plays music when not writing code.