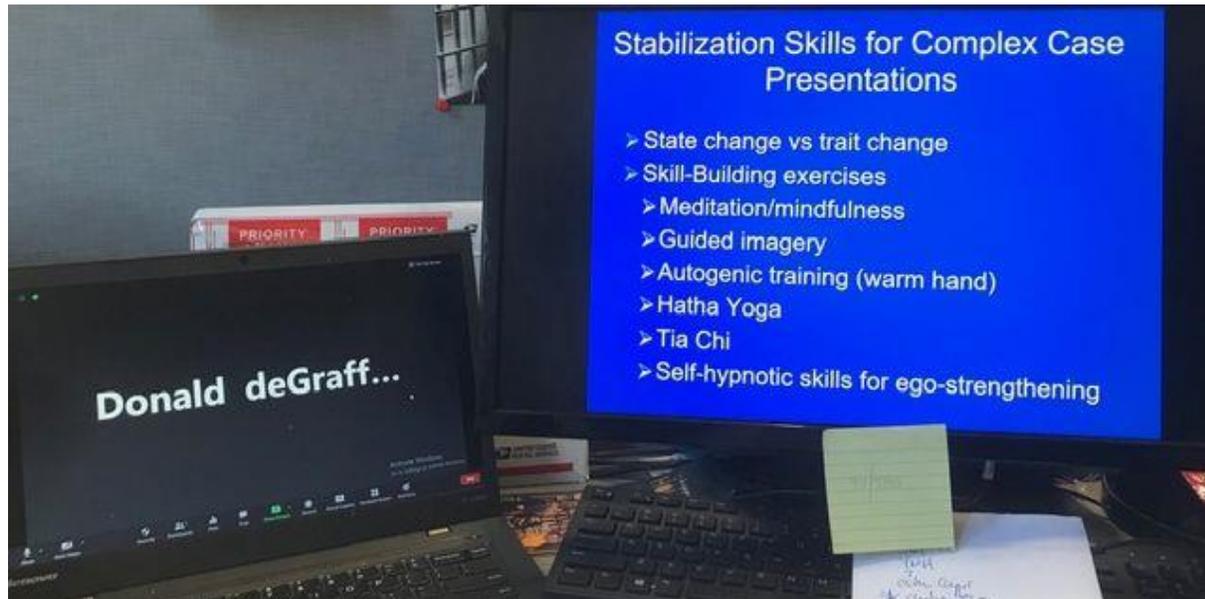
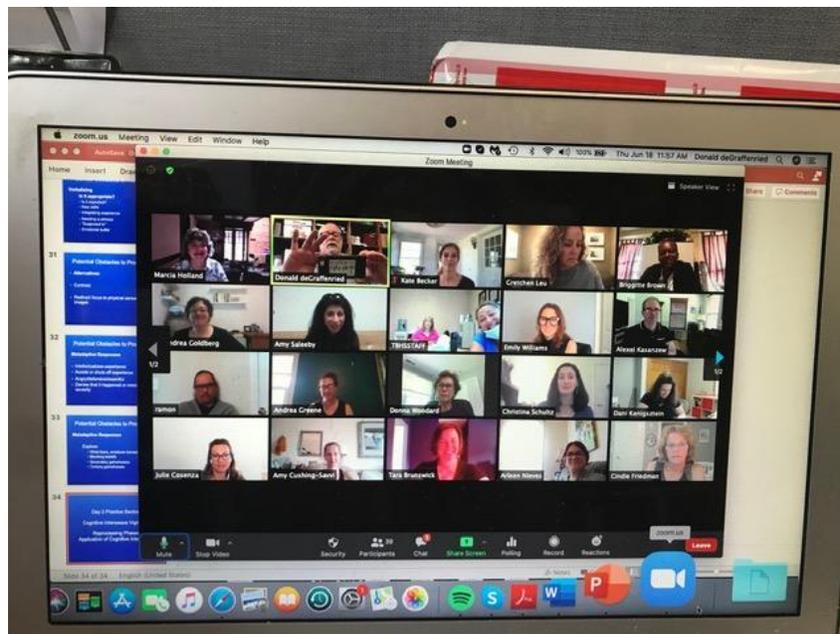


## Trauma Recovery/HAP Begins Virtual EMDR Basic Training



### Pivoting to the Pandemic

The Covid-19 crisis disrupted Trauma Recovery/HAP's training operations like so many other small non-profit and commercial service providers. HAP wrapped up their last Basic Part 2 on-site training in Philadelphia, PA, March 15, as cautions about virus transmission were elevating. Shortly thereafter, Trauma Recovery decided to cancel approximately 40 scheduled trainings due to public health concerns. Elaine Howard, Training Coordinator, says host agencies were very understanding about the cancellations and have been patiently waiting for their trainings to be re-scheduled virtually.



### Acquiring Tools, Adapting Expertise

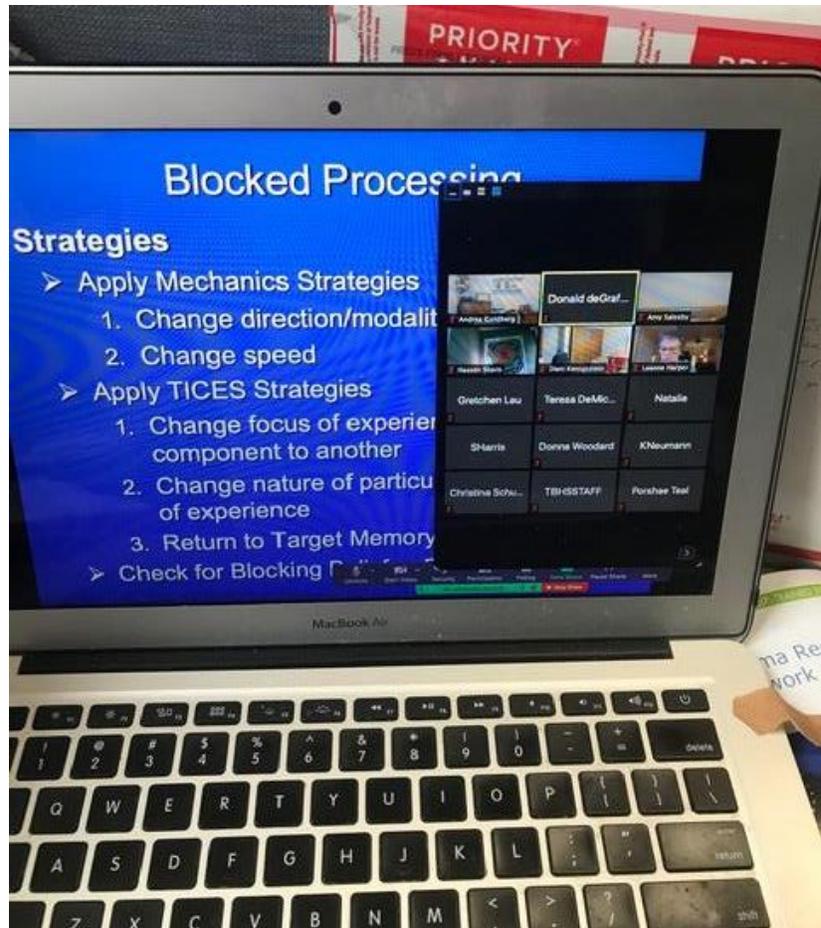
Senior management and the training team moved quickly to apply for and receive EMDRIA approval to host virtual EMDR Basic trainings. During the authorization process, the team researched video conferencing options and acquired a Zoom.US HIPPA compliant account. They then received special training in optimizing Zoom Conferences, began

recruiting faculty and reconfigured their online registration process for the virtual training sessions.

### **Taking Virtual Training Live**

On June 12-14, 2020, Trauma Recovery/HAP piloted their first virtual Basic Part 2 training, putting platform, trainers and facilitators to the test with 36 virtual participants. Don deGraffenreid, HAP Program & Community Development Director and well-known trainer led the pilot with Rosalie Thomas, Cheryl Kenn, Laurie Furman and Marion Brown facilitating.

Lessons learned from the first 3-day virtual session were quickly absorbed and applied to the second pilot, June 17-19, 2020. Don led the second pilot assisted by Facilitators Gretchen Leu, Kate Becker, Marcia Holland, Leanne Harper. "The Part I Virtual Trainings were lively, focused and well received by participants," deGraffenreid reported. Overall participant feedback has been positive. Primary difficulties involved participant connectivity issues, like bandwidth and Wi-Fi signal strength in their home or office.



The training team is working with Host agencies and accommodating all trainees who registered for a cancelled session and trainees who have completed Part 1 training and need to register for a Part 2 training, which they can attend from their home or office. The team expects to begin offering virtual EMDR Basic 1 and 2 by mid-July.

Mental health agencies looking for effective, convenient, low-cost virtual EMDR Basic trainings to build existing or new clinician's skill sets should contact [training@emdrhap.org](mailto:training@emdrhap.org).