

Body Kinetics April 2026 Sports Club

Powered by Pickleball Organized



April Highlights

Construction Begins

Big news! We've officially received our Conditional Use Permit and have submitted our repair permit to start transforming the space. We're aiming for an early summer opening !

Facilities and Programs

With pro-cushion courts, high-quality lighting, and full soundproofing, the facility is going to be top-notch. Open play will be designed to make everyone feel welcome.

Energy & Recovery

Our new Sports Club will feature infrared sauna, red light therapy, massage, and specialized training to strengthen your pelvic floor.

Membership Interest is Very Strong

We sent out a survey about a month ago and already have 150 people interested in membership, which is an amazing start! We haven't opened sales just yet, but that's coming in the next 2-3 weeks. If you haven't registered, now's the time. Our introductory pricing won't last long. To ensure great court availability, we'll be capping pickleball memberships at around 475. And if basketball is more your thing, we'll offer adult leagues and pickup play from 7-10 pm.

Learn more and register here: <https://bodykinetics.com/san-rafael-pickleball>

Sports Club Construction Is Officially Underway

We've removed the old carpet, patched the walls, and applied primer. Next up is painting the interior a vibrant turquoise blue, followed by a fresh green exterior.

We're also replacing the outdated lighting and wiring. New indirect lighting is already on the way!



Try Body Kinetics Health Club for FREE

When you join the Sports Club before opening, new members will receive complimentary access to our fitness facility next door, including all classes until the club officially opens. You'll also enjoy full use of the locker rooms, sauna, cold plunge, showers, and towel service. Current BK members will receive an even greater discount on the initiation fee!

High Level Pickleball Facility

We're committed to creating one of the premier facilities in the Bay Area:

- Pro-cushioned pickleball courts designed to be easier on your legs and back while still delivering a true, consistent bounce
- Indirect lighting throughout the facility with no harsh lights directly over the courts
- Extensive acoustical panels and padding to reduce noise and improve the playing experience
- Enhanced air quality with upgraded exhaust systems and ceiling-mounted fans, thoughtfully positioned to keep airflow high without affecting visibility

Inclusive Pickleball Programming

- Expert instruction from highly qualified, experienced coaches
- Frequent open play sessions designed for all skill levels
- Court reservations available during non-peak hours for added flexibility
- A welcoming environment where guests are always invited



Treatments for recovery and rejuvenation



We all deal with minor injuries and recovery needs from time to time. Our Sports Club is designed to support you with:

- Sports, orthopedic, and Swedish massage therapy
- Red light therapy beds to support recovery and performance
- Infrared sauna for relaxation and muscle relief
- Pelvic floor strengthening using advanced chair-based muscle stimulation to activate and strengthen the deep muscles of the pelvic area, glutes, and lower back

Adult and Youth Basketball

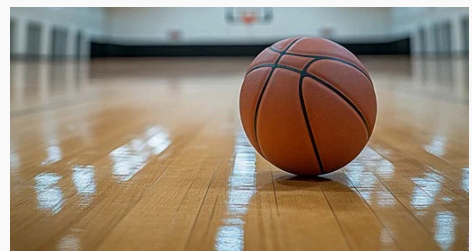
We will be installing a full-court, high school regulation basketball court creating a premier space for athletes of all ages and skill levels.

Our programming will be comprehensive and community-focused, including:

- AAU teams for both middle school and high school athletes
- Men's and Women's leagues designed to foster competitive play and camaraderie.
- We will host a variety of events such as round-robin tournaments and 3-on-3 competitions
- Clinics and camps led by experienced coaches
- Specialized training tailored to athletes looking to improve specific aspects of their game.

The court will be available for basketball programming after school hours, providing a safe and engaging environment for student-athletes. Evening hours, from 7:00 PM to 10:00 PM, will be dedicated to adult programming, including pickup games and organized leagues, ensuring consistent access for players with varying schedules.

Overall, our goal is to create a dynamic basketball hub that supports player development, competitive play, and community engagement year-round.



Elevate Sports Academy



Our Sports Academy delivers a premier small-group training experience for both youth and adults, focused on building strength, agility, reaction speed, and power. The key elements for excelling in pickleball, basketball, and or any other sport.

Training sessions incorporate tools like plyo boxes, push sleds, agility ladders, Bosu balls, and Keiser Performance Trainers. With groups of 10–12, workouts are energetic, supportive, and motivating, helping you get stronger, faster, and more balanced while sharpening your reactions.



Our youth program serves middle school through high school athletes across all sports: track, soccer, volleyball, basketball, football, baseball, cycling, and more. Whether you're looking to elevate performance or improve overall fitness, we offer after-school sessions, weekend training, and camps during holidays and summer break.

Sideline Café with food from Belly Deli

Our café and smoothie bar features fresh, nutrient-packed smoothies made with real fruit, creamy yogurt, and customizable add-ons like protein, greens, and energy boosts perfect for refueling after a workout or game.

We also offer a selection of freshly prepared sandwiches, wholesome snacks, refreshing beverages, and hearty breakfast bowls made with quality ingredients. Whether you're grabbing something quick or taking a moment to recharge, it's the perfect spot to refuel and enjoy feel-good food throughout your day.



Let me introduce you to our interior designer



Justine Rob Interiors is a full scale interior design studio specializing in refined, experience-driven environments that seamlessly balance luxury and livability. Our firm creates spaces that feel elevated, welcoming and distinctly memorable. With British roots, the studio brings a touch of European flair to every project.

As the designer behind 'Body Kinetics Sports Club', Justine Rob Interiors is shaping a destination where thoughtful design enhances every moment, from energetic play to relaxed social connection.

The studio brings a sophisticated edge to both residential and commercial spaces!

www.justinerobinteriors.com @Justinerob_interiors

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