

## Inside February 2025 Jain Digest

### Living Life the Jain Way by Ajay Sheth



What is our life? What is the purpose of our life? What is religion? What is the purpose of religion? What is the importance/significance of religion in our life? Are there hell and heaven after our death? Is there life after death? These are fundamental questions that have puzzled humans for centuries.

However, the more pressing issue is that many people fail to live their current lives fully, beautifully, and meaningfully. The real question is not whether life exists after death but whether we are truly alive while living.

To find out more about what Ajaybhai has to say about living the Jain way of Life, go to:

<https://issuu.com/articles/65779750>

---

### Antiquity of 108 Parshwanath Namavali by Krupali Virag Shah



Have you ever wondered why the various lists of 108 Parshwanath Tirths differ from each other when you read the Vandana, Stotra, or other books?

To answer this question, the author Krupali Shah consulted numerous books, both ancient and modern and compiled information from the 108 Parshwanath Vandana, Stotra, Stavans, Naammala, Chaitya Paripati and other texts related to Shri Parshwanathji.

To read this very informative article, go to: <https://issuu.com/articles/65779447>