



# The Parent– Child Connection: Growing Love, Trust, and Security

**Virtual Parent Cafe**  
**October 22 9-10:30am**

## Parent Cafe Objectives:

Discover simple ways  
to build connection  
every day.

Understand why a  
strong bond  
between parent and  
child matters.

Share and learn from  
other parents.

Your relationship with your child is the foundation for their confidence, behavior, and well-being. In this class, you'll discover how to grow love and trust through everyday moments, listening, playing, and staying calm when challenges arise. Together, we'll explore strategies to communicate positively, guide behavior without yelling, and repair relationships when things go wrong. Whether you're parenting a newborn, toddler, or teen, you'll leave with practical tools to strengthen your bond and help your child feel safe, valued, and connected.

## Registration required



[Cpowders@thrivingfamiliesalliance.org](mailto:Cpowders@thrivingfamiliesalliance.org)  
<https://www.childandfamilyresourcenetwork.org/events>

712-355-2615

There will be a door prize drawing at the end of the café, plus a chance to be entered into a larger quarterly drawing for a family pass (such as a zoo membership)!

\*\*To be eligible for the quarterly drawing, you must live in the Thriving Families Alliance service area, which includes the following counties: Harrison, Monona, Shelby, Cass, Montgomery, Mills, Fremont, Page, and Pottawattamie.