



From Culture to Crisis

Two Professional Learning Opportunities

October 29 Council Bluffs

Join us for a powerful day of learning and collaboration designed for professionals who want to strengthen workplace culture and sharpen skills in trauma-informed care.

Creating a Healthy and Restorative Culture

Tools for Team Members

9:00 AM - 12:00 PM

Workplace culture shapes how teams work, support one another, and impact the people they serve. For direct care roles, a healthy, restorative environment reduces burnout, increases resilience, and fosters stronger connections. This workshop explores contributing to a culture rooted in community, relationships, shared power, and safe spaces. Participants will reflect on values, learn ways to support accountability, and practice strategies that create belonging. The session includes hands-on learning to build trust, collaboration, and creativity—strengthening staff well-being and client outcomes.

Trauma-Informed De-escalation and Crisis Intervention

1:00 PM - 4:00 PM

The experiences of a person's past impacts the way their brain and body perceives and experiences situations and events in daily life. This impact can lead to a person experiencing increased stress and heightened response to stressful situations creating a greater potential for crisis. This workshop helps learners understand the impact past trauma or adverse childhood events (ACES) can have on a person's response to stress and their experience of the crisis cycle. Learners will learn ways of interacting with youth or adults during crisis in a trauma informed way, which will support de-escalation verses, increased stress, crisis, and potential for re-traumatization.

Cost

\$30 Full-Day with Lunch
\$15 Single Workshop



Register

thrivingfamiliesalliance.com/trainings

Choose to attend the full day or customize your schedule with individual sessions.

