

Late Afternoon Recreation for Kids is designed to provide our nursery through grade 4 students with opportunities for exploration, peer connections, and fun. Clubs offered in LARKS are sponsored by our own faculty and outside teachers. See individual club descriptions for complete information. LARKS is organized into three trimesters. A schedule for each of the three trimesters will be sent home before each session begins. The enclosed schedule is for the winter trimester, which begins **Tuesday, January 2nd (first day back)**. Course descriptions and registration forms are available for download on the school's website as well: [www.friendshaverford.org/larks](http://www.friendshaverford.org/larks)



What you need to know about LARKS...

### Cost

All after school clubs are \$160 per club. Families with Extended Day contracts on the same day as a club are entitled to join a club at no charge. All students must bring a snack from home.

### Logistics

Students will meet in Extended Day to eat a snack brought in from home. At 3:15 p.m., LARKS sponsors will escort their students from Extended Day to their club location. All Clubs meet from 3:15 p.m.-4:30 p.m.

**Please note:** 15 minutes after the club pick-up time, students not yet picked up will be brought to Extended Day. A fee of \$10 will be charged for dropping into Extended Day after a club.

### Available Clubs

Registration is on a first-come-first-served basis. To assist this process, all registration forms must be turned in with payment by **Thursday, December 14, 2017**.

If you require any other information, please contact me at 484-645-3114 or via E-mail: [mkuretu@friendshaverford.org](mailto:mkuretu@friendshaverford.org).

We look forward to starting a wonderful Winter LARKS session. Thank you for your support.

**Mwazhuwa Kuretu**

Director of Extended Day Programs

# LARKS Descriptions

## Winter Trimester 2018

Begins Tuesday, January 2, 2018

All Clubs Meet from 3:15 - 4:30 p.m.

Monday	Tuesday	Wednesday	Thursday
Yoga	Animal Architecture Soccer	Create Your Own Monster	Gymnastics Friendship Bracelets 101

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### MONDAYS

1/8, 1/22, 1/29, 2/5, 2/12, 2/26, 3/5, 3/12

#### Yoga

Tr. Rae Fishman

Grades: PreK-4

Start the week off with a peaceful and calming hour of yoga! Students will learn new poses and practice mediation. Classes integrate traditional yoga poses, flowing sequences, breathing exercises, meditation techniques as well as self-reflection. Participants will gain a deeper understanding of mindfulness and yoga.

### TUESDAYS

1/2, 1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20

#### Animal Architecture

Tr. Al

Grades: FE (nursery)-K

Each week children have fun looking at pictures of “homes” built by small animals such as ants, bees, spiders, worms and termites. They construct dioramas of these homes that include plastic or clay creatures. They even look at live crickets, beetle larvae and worms in view boxes!

#### Soccer

Super Soccer Stars

Grades: FE-PK

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, build self confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

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## **WEDNESDAYS**

1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21

### **Create Your Own Monster**

Tr. Julie

Grades: PS-3

Children will illustrate a monster and create a plush version of their creature by sewing pieces of felt together and adding embellishments to match the drawing. Stories about monsters will be explored to help children understand the significance of monsters in literature; sometimes they represent the fears of a main character. Students will write a story about their own monster using their imagination and gathering ideas from the books we read.

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## **THURSDAYS**

1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22

### **Gymnastics**

Mrs. Stewart

Grades: K-4

Tumbling, body awareness, stretching, strength, and balance will be emphasized in gymnastics club. Students will have the chance to work on mats (floor exercise), bar, horse and balance beam. The last session will be a gymnastics show for friends and family.

### **Friendship Bracelets 101**

Tr. Kelly

Grades: 1-4

Prepare to enter the world of embroidery thread jewelry a/k/a “string bracelets” with Tr. Kelly. In this club you will learn how to make lasting bracelets or anklets in beautiful patterns for your friends, family or even yourself. Tr. Kelly will teach you a different stitch each week, which means you get to start a new project every time we have club. You will be choosing from Tr. Kelly’s vast selection of embroidery thread colors as you add the stitch of the week to your repertoire!

## Winter 2018 LARKS REGISTRATION

Student Name \_\_\_\_\_ Grade/Teacher \_\_\_\_\_

Cost: \$160 per club.

Families with Extended Day contracts on the same day as a club are entitled to join a club at no charge.  
All outstanding extended day balances **must be settled** before registering for LARKS.

	Club Name	After Club Extended Day Fee \$10 per drop-in*
Monday		
Tuesday		
Wednesday		
Thursday		
Total:		

\*I understand that if my child is not picked up at the end of the club, then s/he will be brought to Extended Day and I will pay a \$10 fee for Extended Day.

E-mail \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_ Amt. Enclosed \_\_\_\_\_

Registration and payment must be received by **Thursday, December 14. Clubs begin January 2.**

Please complete and return with your check made payable to Friends School Haverford, attn: LARKS