



Give a Thanksgiving Meal Box

Our Mt Zion Outreach Cluster is collecting the following items for the Wellroot Family Services Thanksgiving Meal Box.

Our goal is to provide TEN completed meal boxes.

Collection bins will be located under the drive-under and in the lobby by the elevator. We will be collecting through November 7th.

Thanksgiving is a time for family togetherness, but it can also be a time of financial stress for those who are food insecure. A holiday meal box is needed for residents in Wellroot programs and for families in crisis. Help the families and teens served by Wellroot by blessing them with a Thanksgiving meal box. Along with food, you are giving families the opportunity to build cooking skills and relationships.



- 1 box Stovetop stuffing
- 1 small container of vegetable oil
- 4 packages macaroni & cheese
- 2 cans green beans
- 1 can cream of mushroom soup
- 1 package fried onions
- 3 cans sliced carrots
- 1 small bag of sugar
- 1 box of cereal such as rice krispies, cornflakes, chex mix, or cinnamon cereal
- 1 can cranberry sauce
- 1 package of rolls
- 1 salt
- 1 pepper
- 1 garlic powder
- 1 box egg noodles
- 2 cans Veg-all or mixed vegetables
- 1 container of salsa
- \$20 gift card to Kroger or Publix for turkey or perishable items

