

**ANNUNCIATION GREEK ORTHODOX CATHEDRAL  
Norfolk, Virginia**

**Rev. Protopresbyter George Bessinas**



**SUNDAY WORSHIP GUIDE  
AND WEEKLY NEWS**



**The Parable of the Talents**

**Sixteenth Sunday of Matthew  
Sunday, February 11, 2024**

**Sunday, February 11, 2024**

**Orthros (Matins)**

**Divine Liturgy (St. John Chrysostom)**

**8:45 AM**

**10:00AM**

On February 11 we commemorate the holy priest-martyr Blaise, Archbishop of Sebasteia. On this day the holy two children, who contested with St. Blaise and the seven women, died by the sword. On this day we also commemorate the finding of the relics of St. Zachariah the prophet, the father of the venerable Forerunner. On this day we also commemorate Theodora the Empress who upheld orthodoxy. The holy new martyr George the Serbian, who witnessed in the city of Sofia in the year 1515, died by fire.

### **HYMNS AT THE ENTRANCE WITH THE GOSPEL**

#### **Resurrectional Apolytikion, Mode 3.**

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

#### **Apolytikion of St. Blaise, Archbishop of Sebasteia, Mode 4.**

Becoming a partner with the Apostles in way of life and successor to their thrones, O God-inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Blaise, Intercede with Christ our God, beseeching Him to save our souls.

#### **Apolytikion of St. Theodore the Commander, Mode 2.**

In truth enlisted with the King of the Heavens, you did become for Him a noble commander, O trophy-bearer and Great Martyr Theodore. With the weaponry of faith did you arm yourself wisely and did utterly destroy all the hordes of the demons, as a triumphant athlete of the Lord; wherefore we ever do faithfully call you .

#### **Apolytikion of the Annunciation, Mode 4.**

On this day the crown of our salvation is set for us, and the manifestation of the mystery from the ages. The Son of God becomes the Son of the Virgin, and Gabriel announces the good tidings of grace. Therefore let us cry out with him unto the Theotokos: Hail to you who are full of grace; the Lord is with you.

#### **Seasonal Kontakion, Mode 2.**

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

## The Epistle Reading: St. Paul's Second Letter to the Corinthians 6:1-10

### Pokeimenon. Mode 3

#### Psalm 46,6,1

Sing praises to our God, sing praises.

Verse: Clap your hands, all you nations

Brethren, working together with him, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

### Πρὸς Κορινθίους β' α' 6:1-10 τὸ ἀνάγνωσμα

#### Προκείμενον. Ἡχος γ'

#### ΨΑΛΜΟΙ 46,6,1

Ψάλατε τῷ Θεῷ ἡμῶν, ψάλατε.

Στίχ. Πάντα τὰ ἔθνη κροτήσατε χεῖρας.

Ἄδελφοί, συνεργοῦντες δὲ καὶ παρακαλοῦμεν μὴ εἰς κενὸν τὴν χάριν τοῦ θεοῦ δέξασθαι ὑμᾶς - λέγει γάρ, Καιρῷ δεκτῷ ἐπήκουσά σου, καὶ ἐν ἡμέρᾳ σωτηρίας ἐβοήθησά σοι ίδού, νῦν καιρὸς εὐπρόσδεκτος, ίδού, νῦν ἡμέρα σωτηρίας - μηδεμίαν ἐν μηδενὶ διδόντες προσκοπήν, ἵνα μὴ μωμῆθῇ ἡ διακονία· ἀλλ' ἐν παντὶ συνιστώντες ἔαντοὺς ὡς θεού διάκονοι, ἐν ὑπομονῇ πολλῇ, ἐν θλίψειν, ἐν ἀνάγκαις, ἐν στενοχωρίαις, ἐν πληγαῖς, ἐν φυλακαῖς, ἐν ἀκαταστασίαις, ἐν κόποις, ἐν ἀγρυπνίαις, ἐν νηστείαις, ἐν ἀγνότητι, ἐν γνώσει, ἐν μακροθυμίᾳ, ἐν χρηστότητι, ἐν πνεύματι ἀγίῳ, ἐν ἀγάπῃ ἀνυποκρίτῳ, ἐν λόγῳ ἀληθείᾳς, ἐν δυνάμει θεοῦ, διὰ τῶν ὅπλων τῆς δικαιοσύνης τῶν δεξιῶν καὶ ἀριστερῶν, διὰ δόξης καὶ ἀτιμίας, διὰ δυσφημίας καὶ εὐφημίας· ὡς πλάνοι καὶ ἀλληθεῖς· ὡς ἀγνοούμενοι, καὶ ἐπιγινωσκόμενοι· ὡς ἀποθνήσκοντες, καὶ ίδού, ζῶμεν· ὡς παιδεύομενοι, καὶ μὴ θανατούμενοι· ὡς λυπούμενοι, αἱ δὲ χαίροντες· ὡς πτωχοί, πολλούν δὲ πλουτίζοντες· ὡς μηδὲν ἔχοντες, καὶ πάντα κατέχοντες.

### The Gospel Reading According to St. Matthew 25:14-30

The Lord said this parable: "A man going on a journey called his servants and entrusted to them his property; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. He who had received the five talents went at once and traded with them; and he made five talents more. So also, he who had the two talents made two talents more. But he who had received the one talent went and dug in the ground and hid his master's money. Now after a long time the master of those servants came and settled accounts with them. And he who had received the five talents came forward, bringing five talents more, saying, 'Master, you delivered to me five talents; here I have made five talents more.' His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your

Master." And he also who had the two talents came forward, saying, 'Master, you delivered to me two talents; here I have made two talents more.' His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master.' He also who had received the one talent came forward, saying, 'Master, I knew you to be a hard man, reaping where you did not sow, and gathering where you did not winnow; so I was afraid, and I went and hid your talent in the ground. Here you have what is yours.' But his master answered him, 'You wicked and slothful servant! You knew that I reap where I have not sowed, and gather where I have not winnowed? Then you ought to have invested my money with the bankers, and at my coming I should have received what was my own with interest. So take the talent from him, and give it to him who has the ten talents. For to every one who has will more be given, and he will have abundance; but from him who has not, even what he has will be taken away. And cast the worthless servant into the outer darkness; there men will weep and gnash their teeth.' As he said these things he cried out: "He who has ears to hear, let him hear!"

### Ευαγγελικόν Ανάγνωσμα: Κατὰ Ματθαῖον 25:14-30

Εἶπεν ὁ Κύριος τήν παραβολὴν ταύτην· Ἀνθρωπος ἀποδημῶν ἐκάλεσε τοὺς ιδίους δούλους καὶ παρέδωκεν αὐτοῖς τὰ ὑπάρχοντα αὐτοῦ, καὶ ὡς μὲν ἔδωκε πέντε τάλαντα, ὡς δὲ δύο, ὡς δὲ ἓν, ἐκάστῳ κατὰ τὴν ιδίαν δύναμιν, καὶ ἀπεδήμησεν εὐθέως πορευθεὶς δὲ ὁ τὰ πέντε τάλαντα λαβὼν εἰργάσατο ἐν αὐτοῖς καὶ ἐποίησεν ἄλλα πέντε τάλαντα. ὡσαύτως καὶ ὁ τὰ δύο ἐκέρδησε καὶ αὐτὸς ἄλλα δύο. ὁ δὲ τὸ ἓν λαβὼν ἀπελθὼν ὤρυξεν ἐν τῇ γῇ καὶ ἀπέκρυψε τὸ ἀργύριον τοῦ κυρίου αὐτοῦ. μετὰ δὲ χρόνον πολὺν ἔρχεται ὁ κύριος τῶν δούλων ἐκείνων καὶ συναίρει μετ' αὐτῶν λόγον. καὶ προσελθὼν ὁ τὰ πέντε τάλαντα λαβὼν προσήνεγκεν ἄλλα πέντε τάλαντα λέγων· κύριε, πέντε τάλαντά μοι παρέδωκας· ἵδε ἄλλα πέντε τάλαντα ἐκέρδησα ἐπ' αὐτοῖς. ἔφη αὐτῷ ὁ κύριος αὐτοῦ· εἴ, δοῦλε ἀγαθὲ καὶ πιστέ! ἐπὶ ὀλίγα ἡς πιστός, ἐπὶ πολλῶν σε καταστήσω· εἰσελθε εἰς τὴν χαρὰν τοῦ κυρίου σου. προσελθὼν δὲ καὶ ὁ τὰ δύο τάλαντα λαβὼν εἶπε· κύριε, δύο τάλαντά μοι παρέδωκας· ἵδε ἄλλα δύο τάλαντα ἐκέρδησα ἐπ' αὐτοῖς. ἔφη αὐτῷ ὁ κύριος αὐτοῦ· εἴ, δοῦλε ἀγαθὲ καὶ πιστέ! ἐπὶ ὀλίγα ἡς πιστός, ἐπὶ πολλῶν σε καταστήσω· εἰσελθε εἰς τὴν χαρὰν τοῦ κυρίου σου. προσελθὼν δὲ καὶ ὁ τὸ ἓν τάλαντον εἰληφὼς εἶπε· κύριε· ἔγνων σε ὅτι σκληρὸς εἰς ἄνθρωπος, θερίζων ὅπου οὐκ ἔσπειρας καὶ συνάγων ὅθεν οὐ διεσκόρπισας· καὶ φοβηθεὶς ἀπελθὼν ἔκρυψα τὸ τάλαντόν σου ἐν τῇ γῇ· ἵδε ἔχεις τὸ σόν. ἀποκριθεὶς δὲ ὁ κύριος αὐτοῦ εἶπεν αὐτῷ· πονηρὲ δοῦλε καὶ ὄκνηρέ! ἥδεις ὅτι θερίζω ὅπου οὐκ ἔσπειρα καὶ συνάγω ὅθεν οὐ διεσκόρπισα! ἔδει οὖν σε βαλεῖν τὸ ἀργύριον μου τοῖς τραπεζίταις, καὶ ἐλθὼν ἐγὼ ἐκομισάμην ὃν τὸ ἐμὸν σὺν τόκῳ. ἄρατε οὖν ἀπ' αὐτοῦ τὸ τάλαντον καὶ δότε τῷ ἔχοντι τὰ δέκα τάλαντα. τῷ γάρ ἔχοντι παντὶ δοθήσεται καὶ περισσευθήσεται, ἀπὸ δὲ τοῦ μὴ ἔχοντος καὶ ὃ ἔχει ἀρθήσεται ἀπ' αὐτοῦ. καὶ τὸν ἀχρεῖον δοῦλον ἐκβάλετε εἰς τὸ σκότος τὸ ἔξωτερον· ἐκεῖ ἔσται ὁ κλαυθμὸς καὶ ὁ βρυγμὸς τῶν ὁδόντων.

## Altar Boys

Alex Economou, Jack Economou, Gabriel Meares, Michael Waters, Elias Nassar, Nicholas Crank, Gregory Crank.

## Today

Donations are being collected to be given to I.O.C.C.  
Coffee and "Souper Bowl" Fellowship Hour in the Hellenic Center  
Cultural Committee Movie in the Social Hall

## EVENTS AND ANNOUNCEMENTS

**Final 2023 Stewardship Statements** End of year 2023 statements were sent. If you did not receive yours or need a printed copy, please let the Cathedral office know.

**GOYA** Monday, February 12, Girls Basketball 5:15pm, Boys Basketball 6:30pm, Hellenic Center.

**St. John Chrysostom Parish Oratorical Festival** March 19, 2023. There is a junior and senior division. All our youth are encouraged to participate. Please contact Olympia Matthews if you are planning to participate (516-297-0312).

**Philoptochos** will be baking on Thursday, February 15, 9:30am, all helping hands are welcomed.

2024 membership stewardship is now being collected (\$30).

**Annunciation Woman's Retreat** March 1-3, 2024. Registration available during coffee fellowship hour (see enclosed flyer). Eikona Concert tickets available (see enclosed flyer).

**Hellenic Woman's Club** will be baking on Wednesday, February 14, 9:30am, all helping hands are welcomed.

**HWC Applications** for this year's scholarships are available on the church website. Due date is March 15, 2024.

**Hellenic Woman's Club Fashion Show** March 15, 2024 (see enclosed flyer).

**Kefalos Society** Luncheon and meeting, February 18 following the Coffee Fellowship in the Hellenic Center.

**Olive Oil** is needed for the vigil lamps.



**Sunday, February 11, 2024**

## **CHANGE THE GAME**

### **SOUPER BOWL OF CARING**

MORE THAN 28 YEARS AGO, the Souper Bowl of Caring began with a simple prayer from a single youth group:

"Lord, even as we enjoy the Super Bowl football game, help us be mindful of those without a bowl of soup to eat."

Since that day, more than \$135 million has been raised for local charities across the country through Souper Bowl of Caring. It has become a powerful movement that is transforming the time around the Big Game into the nation's largest celebration of giving and serving.

Through this mission, young people learn what it's like to make a positive difference in the world – as they collect food, raise money and volunteer to work in charities that provide shelter to the homeless, food to the hungry and compassion to those in need.

Be part of this movement that is sharing God's love with those in need. Please give generously on Super Bowl Sunday.

Every dollar donated goes to



**Learn more at [iocc.org/souperbowl](http://iocc.org/souperbowl)**

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

P.O. Box 17398 • Baltimore, MD 21297-0429

Toll-Free: (877) 803-4622 • Fax: (410) 243-9824

**HELP OUR Goyans  
RAISE FUNDS TO  
SCORE VICTORY  
AGAINST HUNGER**

**ON SUPER BOWL  
SUNDAY  
FEBRUARY 11,  
2024  
PLEASE BRING  
NONPERISHABLE  
FOOD FOR OUR  
FOOD PANTRY OR  
MAKE MONETARY  
DONATIONS TO BE  
GIVEN TO IOCC**

**DURING  
OUR COFFEE  
FELLOWSHIP  
HOUR JOIN US  
FOR A WARM  
CUP OF SOUP  
COMPLEMENTS  
OF GOYA**



## Cultural Committee Presents A Free Movie Matinee



### “Η ΘΕΙΑ από το ΣΙΚΑΓΟ” “The Aunt from Chicago”

Sunday February 11, 2024  
Following Sunday Services in the Social Hall  
Finger foods, drinks & fun

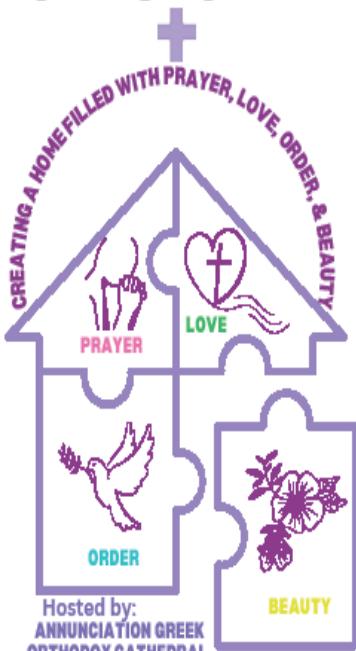


A retired General, Charilaos (Orestis Makris), has four daughters: Eleni (Gelly Mavropoulou), Katina (Tzeni Karezi), Maria (Margarita Papageorgiou) and Angeliki (Niki Papadatou). Three of them are now old enough to get married, but how will they ever find a husband when their father never lets them go out without a chaperone? Indeed, the family lives under strict, military discipline. So Charilaos decides to invite his widowed sister, who lives in Chicago, to help out in the husband-chase. Aunt Kalliopi (Georgia Vasileiadou) accepts the invitation, comes to Athens and changes everything in Charilaos' household, from furniture and cutlery to clothes and drinks. The next step is to put the aunt's cunning plan into action.

A 1957 delightful comedy written and directed by Alekos Sakellarios in Greek with English subtitles.

# Women's Retreat

## OUR HOME AS SANCTUARY



Hosted by:  
ANNUNCIATION GREEK  
ORTHODOX CATHEDRAL,  
NORFOLK, VA

### Retreat Leaders:

► The Sisters of



Presvytera Stacey Dorrance  
Presvytera Marika Brown  
Chrysanthy Therianos

**MARCH 1-3, 2024**

**Retreat registration:**

**\$150**

**Registration Deadline:**

**February 21, 2024**

*See link at bottom of page*

**Location:**

Doubletree by Hilton  
Norfolk Airport  
1500 N. Military Hwy  
Norfolk, VA 23502  
757-466-8000

**Roomblock:**

Annunciation  
Women's Retreat  
\$107/night  
king or dbl. queen

To get the most and the best  
experience out of the retreat, you  
are encouraged to stay at the  
hotel. It's like going away to camp!

If you are seeking a roommate  
& would like us to help you find  
one, please call the church  
office @ 757-440-0500

To **REGISTER** and for more info visit:

<https://www.annunciationva.org/womensretreat>

Or call: **757-440-0500**

**ANNUNCIATION  
GREEK ORTHODOX CATHEDRAL  
PRESENTS**



*A Byzantine Vocal Ensemble  
Whose Singing of Hymns and Contemporary Christian  
Music Preserves and Promotes the Rich Cultural and  
Spiritual Heritage of Byzantine Chant*

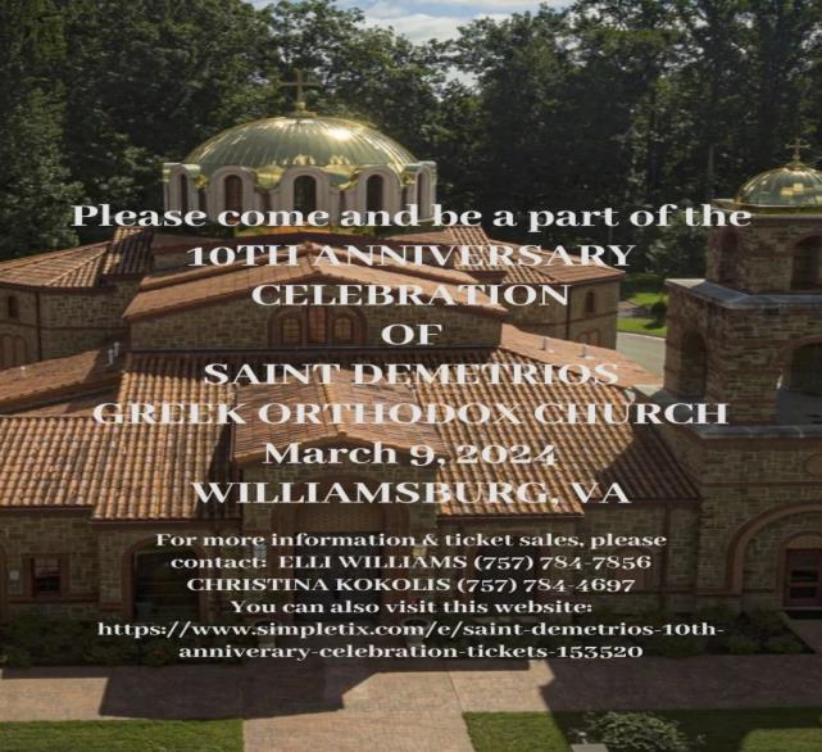
**SATURDAY, MARCH 2, 2024 – 5:30PM**

*Meredith Center for the Arts  
Norfolk Collegiate School 7336 Granby St., Norfolk VA*

**TICKETS: ADULTS \$25 – STUDENTS \$10  
PHONE SALES 757-440-0500**

EIKONA (ee-kona) is a three sister ensemble (Presvytera Stacey Dorrance, Presvytera Marika Brown and Chrysanthy Therianos) who chant and sing hymns and contemporary Christian music with roots in the Greek Orthodox Church. Their beautiful voices and harmonies preserve, share and promote centuries worth of rich musical tradition around the world, reaching the new generation of Orthodox and Christian music fans ([eikona.com](http://eikona.com)).

**ANNUNCIATION GREEK ORTHODOX CATHEDRAL**  
Norfolk, Virginia • [annunciationva.org](http://annunciationva.org) • (757) 440-0500



Please come and be a part of the  
10TH ANNIVERSARY  
CELEBRATION  
OF  
SAINT DEMETRIOS  
GREEK ORTHODOX CHURCH  
March 9, 2024  
WILLIAMSBURG, VA

For more information & ticket sales, please  
contact: ELIJ WILLIAMS (757) 784-7856  
CHRISTINA KOKOLIS (757) 784-4697

You can also visit this website:  
<https://www.simpletix.com/e/saint-demetrios-10th-anniversary-celebration-tickets-153520>

HOSTED BY THE ORTHODOX CHRISTIAN FELLOWSHIP OF WILLIAM & MARY

# SPRING RETREAT

THE PHYSICAL  
EMBODIMENT OF LOVE  
HOW TO PRACTICE CHRISTIAN LOVE ON A  
COLLEGE CAMPUS

02 | 23-25 | 24

FEATURING  
**FR. JOHN PARKER**  
DEAN OF ST. TIKHON'S  
ORTHODOX THEOLOGICAL  
SEMINARY



REGISTER NOW

# The Ladies of the Hellenic Woman's Club



Cordially invite you to their

## Spring Fashion Show & Luncheon



Presenting Fashions by: Dressology, Hilltop

Date: Friday, March 15<sup>th</sup> 2024

Time: 11:30am

Cost: \$35.00/person with cash bar

Place: Hellenic Center, 7220 Granby Street

Norfolk, VA 23505

Reservations: Diana Roybal 757. 235.2595 or

Heather Karangelen 757.572.6587

Fundraising proceeds to Foodbank Southeastern Virginia

Silent Auction

# **WELCOME**

## **Annunciation Greek Orthodox Cathedral Chapel of St. Theodore the Commander**



We extend to you a warm and heartfelt Orthodox Christian welcome. Our Cathedral is dedicated to imitating the love and faithfulness of Jesus Christ by sharing the Gospel with our words and living it with our lives. It exists to lead the faithful to the worship of the Holy Trinity according to the Faith and Tradition of the One, Holy, Catholic and Apostolic Church. We live and witness our faith by the grace of God through our participation in the sacramental life of the Church, Her holy tradition and stewardship, fellowship, service and Christian education.



Annunciation Greek Orthodox Cathedral  
7220 Granby Street, Norfolk, VA 23505  
Tel: 757-440-0500 Fax: 757-423-6929

**Email: [officeadmin@annunciationva.org](mailto:officeadmin@annunciationva.org)**  
**Web: [www.annunciationva.org](http://www.annunciationva.org)**

**Visit our website for updated news and information**