

Quarterly Newsletter

September 2025



Library Recommendations

The recommendations below are available for loan through [The Anne Freitag Library](#) at the [Special Education Service Agency \(SESA\)](#). The Anne Freitag Library supports all of the programs and grants housed at SESA by providing materials, assistive technology, and information. The library provides these items to SESA staff, Alaskan school personnel, and anyone in the state of Alaska to help individuals with special needs or to develop a better understanding of special needs.

Popular Curricula:

[Attainment Company](#)

Attainment Company develops practical, easy-to-use, research-based curricula for students with an intellectual disability or autism.

[Handwriting Without Tears](#)

Handwriting Without Tears isn't just practice—it's proven. The Center for Research and Reform in Education at JHU conducted a recent study that showed Handwriting Without Tears® had a significant positive impact on student handwriting, as measured by the Screener of Handwriting Proficiency. Here's why educators love it:

- Easy-to-use resources that teachers trust
- Engaging lessons that keep students focused
- Quick, efficient sessions fit any schedule
- Digital tools that enhance teaching
- Simple, effective letter formation for lasting skills

[American Printing House for the Blind](#)

For over 160 years, APH has operated as the world's largest nonprofit organization creating accessible learning for people who are blind and low vision.

[TouchMath](#)

TouchMath is an explicit, multisensory math program for students who struggle with foundational math and abstract concepts from preschool through transition. Addressing early foundational skills, numbers and operations, geometry, measurement and more, TouchMath provides grade- and age-appropriate lessons and materials, assessments and reporting aligned to standards across all 50 states.

[LifeFacts](#)

Teach your students how to live safely, healthfully, and fully with the LifeFacts Family Life Curriculum.

[Edmark](#)

The key to this success is the program's use of a carefully sequenced, highly repetitive word recognition method combined with errorless learning. This approach eliminates incorrect responses and helps students view themselves as readers. Includes lessons in:

- vocabulary
- comprehension
- fluency

Research-Based Instructional Strategies:

- Errorless Learning

- Positive Reinforcement
- Use of Manipulatives
- Oral and sight word vocabulary
- Controlled vocabulary stories
- Social Skills Enrichment
- Continuous Progress Monitoring

Second Step

We help educators create supportive learning environments that enhance student success and personal growth from early learning through high school, while prioritizing teacher well-being.

Lilliworks

LilliWorks Active Learning Foundation is a primary source of information on *Active Learning (AL)* and the sole source of AL equipment and books authorized by Dr. Lilli Nielsen in North America. **Active Learning** is an approach shown to reach learners with the most severe disabilities, including cerebral palsy, deaf, blindness and developmental delay.