

# Living My Life Like It's Golden: "Self-Care Matters"

## 21ST ANNUAL Community HEALTH FAIR

Saturday  
March 11, 2023  
10:00 AM - 2:00 PM

Brookland Baptist Church  
Health & Wellness Center  
1066 Sunset Blvd.  
West Columbia, SC 29169

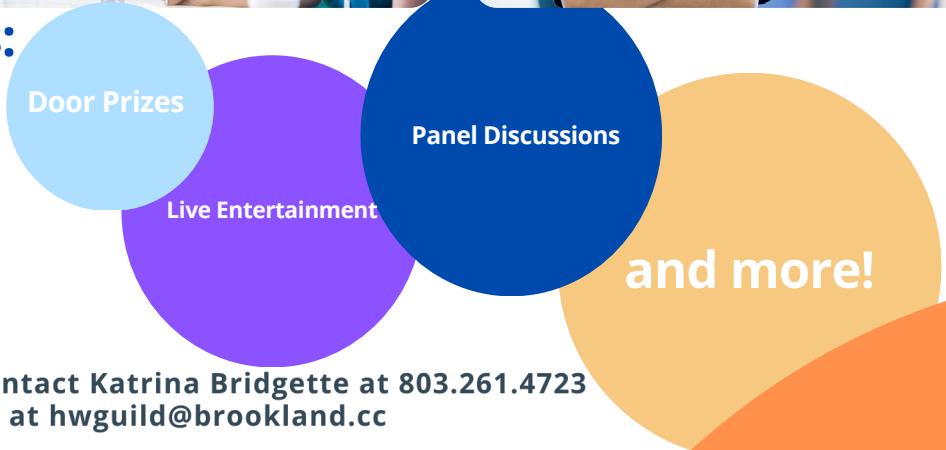


**Sponsored by:**  
**Dick Dyer and Associates**  
**SC Cancer Alliance**  
**Absolute Total Care**  
**Columbia Housing Authority**  
**Physicians Footcare**



### Free Health Screenings:

- Blood pressure
- Diabetes
- Prostate Cancer
- Sickle Cell Anemia
- Breast Cancer (must pre-register for on-site mammograms by calling Donna Thomas at 803.348.4020)



For more information, contact Katrina Bridgette at 803.261.4723  
or email us at [hwguild@brookland.cc](mailto:hwguild@brookland.cc)