

# COVID-19 Donning and Doffing Competency Checklist

## and General Procedure Reminders



### Donning Procedure

- Remove all jewelry, rings, watch, ID badge, and make sure nothing is in your pockets.
- Perform hand hygiene with hand sanitizer.
- Don yellow isolation gown.
- Inspect your mask or N95 for integrity.
- Cup your mask or N95 in hand and position under your chin with metal nosepiece up.
- Pull top strap over your head resting it high at the top of your head above your ears; then pull bottom strap over your head and position it around neck below your ears.
- Place fingers from both hands at the top of the metal nosepiece and mold the nose area to the shape of your nose. DO NOT PINCH!
- Perform a seal check by placing both hands completely around the mask or N95 and exhaling. If air leaks, you may need to readjust the mask and remold the nosepiece.
- Place bouffant cap over your head to cover your hair.
- Don welder face shield, surgical mask w/face shield or goggles.
- Perform hand hygiene with hand sanitizer.
- Don gloves to cover over yellow gown cuffs.

### Doffing Procedure

- Enter the doffing room or area.
- Slide down right shoulder hole and grasp the right side of the gown in the back with your left hand. Pull down to allow you to get your elbow through the shoulder hole. With your left hand, begin rolling the gown into itself and pull down your left shoulder and sleeve down. Slide off the right shoulder of the gown and roll the entire gown into itself away from your body.
- Remove goggles or eye protection and place in bin on the counter by the sink.
- Remove bouffant cap and discard.
- Wash your hands in the sink with soap and water.
- Perform hand hygiene with hand sanitizer on your way out of the room.
- Don a clean set of standard gloves.
- Remove the mask or N95 by grasping rear bottom strap and lifting it up and over your head.
- Then lift top strap up and over your head away from your face.
- Place the mask or N95 in brown paper back and place in the storing area.
- Discard gloves and perform hand hygiene with hand sanitizer.

## GENERAL PROCEDURE REMINDERS

- Do not travel with food, resources, or other items between isolation areas, observation areas, and general areas. (Example: Food carts and food delivery should be segregated specifically by isolation, observation, and general areas.)
- Waste and biowaste, including used PPE gowns, should not be transported through the general part of centers. (Example: Waste from the COVID-19 unit should not be transported through general or observation areas to dispose of it.)
- Surgical masks and other face coverings must securely cover your nose and mouth.
- PPE must be donned correctly before entering the patient area.
- PPE must remain in place and be worn correctly for the duration of work in potentially contaminated areas. PPE should not be adjusted (e.g., retying gown, adjusting respirator/face mask) during patient care.