



Phase 3 Behavioral Health Staff Training

Are you on target?



- Evidence based training with competency practice
- 3 Year Certification for Behavioral Health Training
- Knowledge & skills to share with your organization
- Meets the requirements outlined at §483.95(i) for F-949 for Behavioral Health Training
- Tailored content covers Behavioral Health and Trauma Informed Care



Register

Training Dates & Locations

- Monday 12/9/19 in Hagerstown, MD
- Wednesday 12/11/19 in Linthicum, MD

Contact Deborah Ward for more information



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Continuing Education Credits

- HFAM is an approved sponsor of continuing education for nursing home administrators and Maryland Social Workers.
- This program is approved for **7** credit hours by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners of Long-term Care Administrators.
- This program is approved by the Maryland Board of Social Work Examiners for **7** category 1 continuing education credits.

Audience

This training is appropriate for all staff. Highly recommended for staff educators, directors of nursing, and administrators.

Benefits

- CEUs for Administrators and social workers
- Taught by experts in CMS Nursing Home regulations
- Meets the requirements for Behavioral Health Training
- Covers Trauma and Trauma Informed Care
- Evidence Based with proven outcomes

Cost per Participant

\$ 125 (before 12/1/19)

\$ 175 (after 12/1/19)

Includes:

- Beverages, continental breakfast & lunch
- MHFA Manual and other materials
- Certificate (good for 3 years)
- Web-based training to maintain certification in future years

Registration/ Cancellation Policy

- Full refunds or transfer to an alternate class will be provided if a training is cancelled due to low registration
- Registrants who are unable to attend are encouraged to send a substitute - no notification is required



The slide features a large, close-up black and white photograph of an older man with a mustache, looking slightly to the side with a thoughtful expression. Below the photo is a blue horizontal bar with the text "MENTAL HEALTH FIRST AID FOR OLDER ADULTS" in white. The slide is divided into several sections:

- Why Mental Health First Aid?**

Mental Health First Aid for Older Adults teaches you **how to identify, understand and respond to signs of mental illnesses and substance use disorders**. This 8-hour training — which focuses on the unique experiences and needs of adults over the age of 65 — gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.
- WHAT IT COVERS**
 - A discussion of life changes that occur in older adults.
 - A discussion of the specific risk factors faced by older adults, such as chronic health conditions.
 - How to discern the difference between talking about death and suicidal ideation.
 - A breakdown of psychosis, dementia, and delirium.
 - How to communicate effectively with those who need help while using respectful language.
 - How to combat the stigma around substance-related problems in the older adult population.
- WHO SHOULD TAKE IT**
 - Families
 - Caretakers
 - Employers
 - Nursing staff
- The course will teach you how to apply the ALGEE action plan:**
 - **Assess** for risk of suicide or harm
 - **Encourage** appropriate professional help
 - **Listen** nonjudgmentally
 - **Encourage** self-help and other support strategies
 - **Give** reassurance and information
- "A review of the evaluations showed that those who completed the training found it to be an extremely positive and valuable experience. This partnership with the National Council of Behavioral Health and Allergan to provide the Mental Health First Aid: Older Adults curriculum throughout the state of New Jersey has helped us build a case for the need to increase mental health literacy and reduce stigma within this population."*

—Ruth Kaluski, Director of Career Connection Employment Resource Institute at the Mental Health Association in New Jersey
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MENTAL
HEALTH
FIRST AID®