



Maryland Situation Update on Coronavirus disease (COVID-19) for Long Term Care

Maryland Department of Health

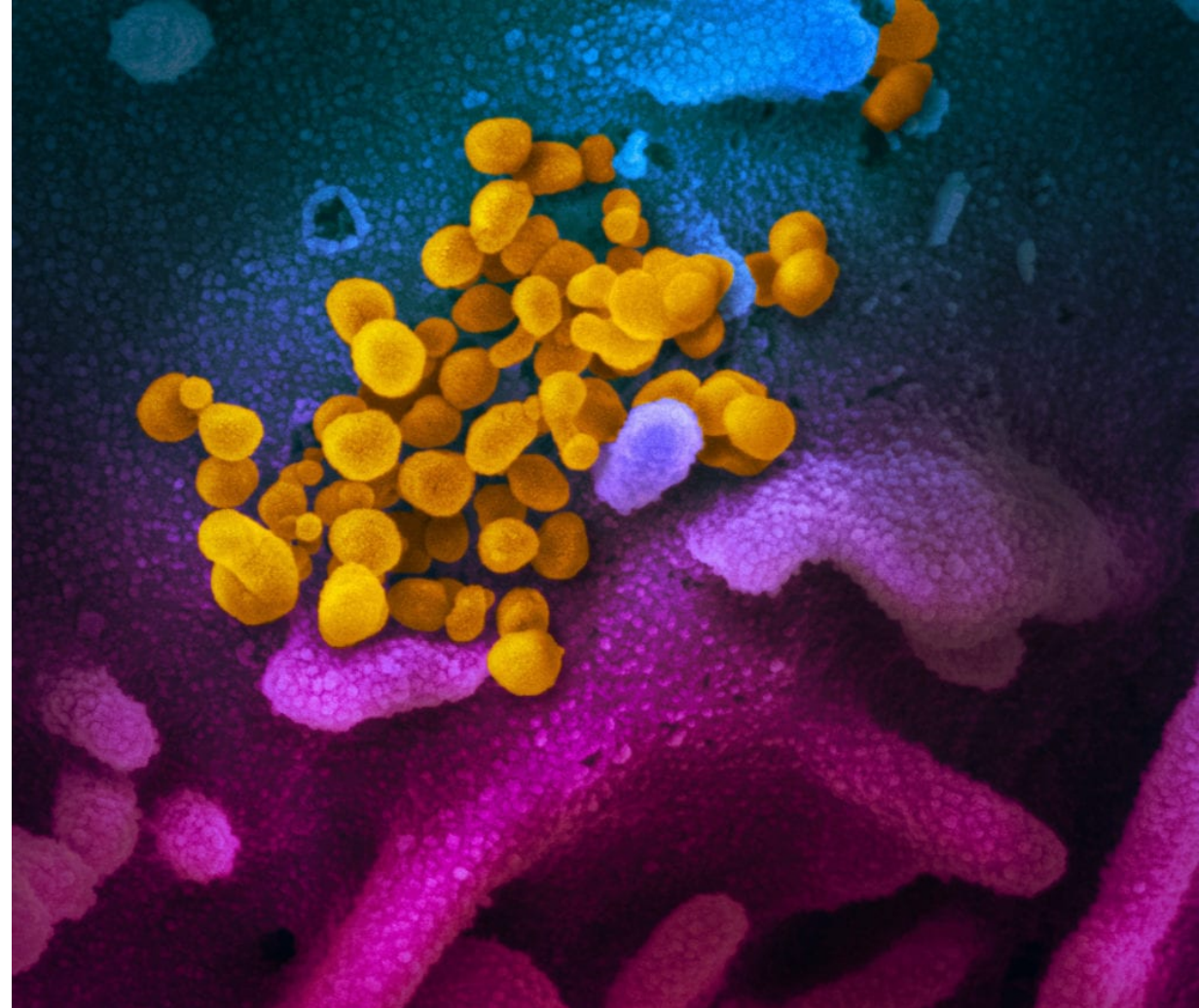
Infectious Disease Epidemiology and Outbreak Response Bureau

June 18th, 2020

Call Agenda

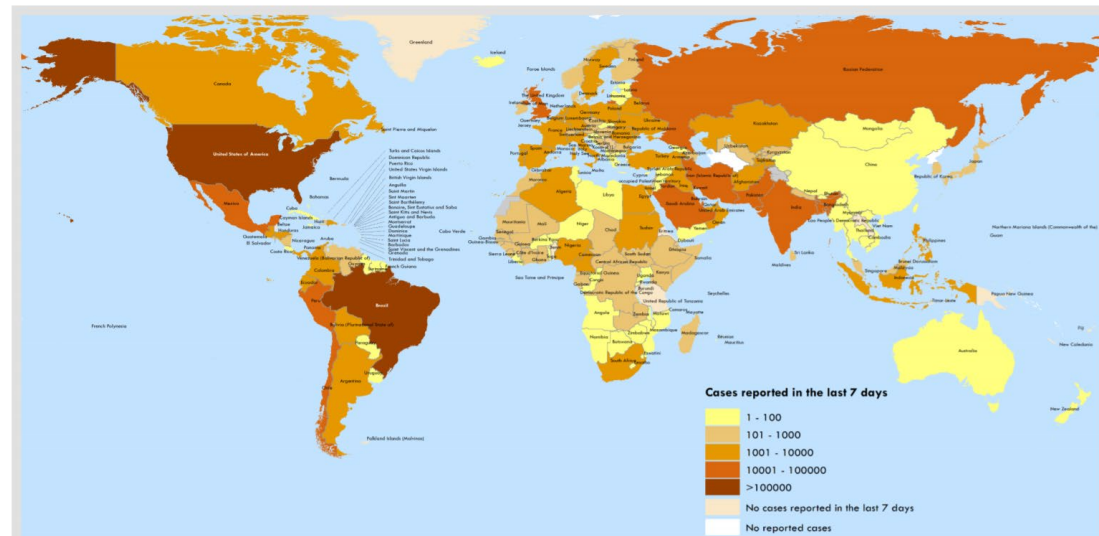
- Review current situation of COVID-19
- Guidance Updates
- Clarification of Observation Guidance
- Q&A

Picture Courtesy of NIAID-RML



Worldwide: COVID-19

- Cases
 - Total Cases: 8,061,550
 - Past 24 hrs: 119,759
- Deaths
 - Total Deaths: 440,290
 - Past 24 hrs: 5,494

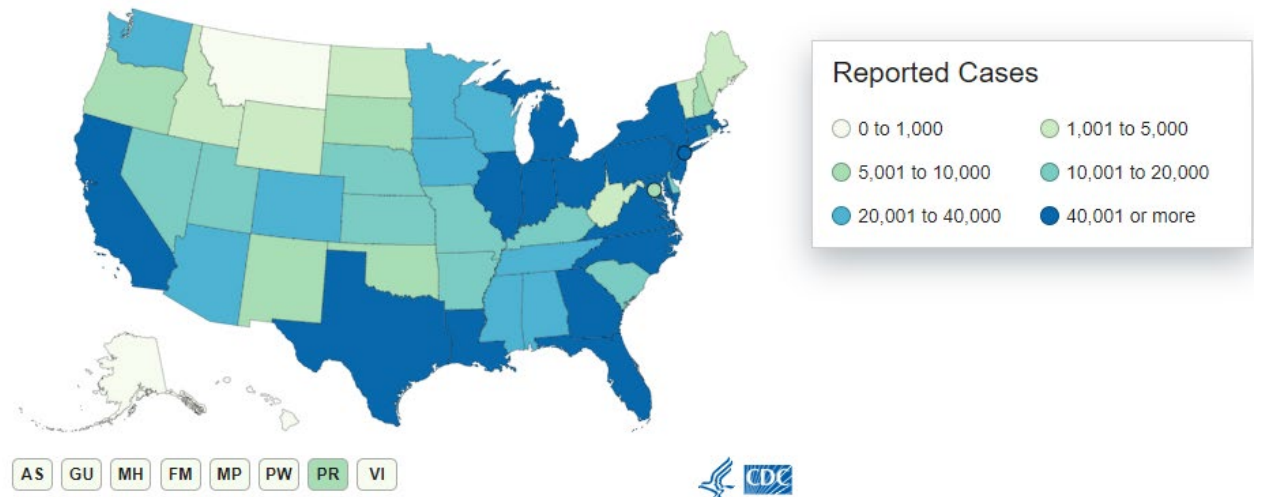


Source: https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200610-covid-19-sitrep-142.pdf?sfvrsn=180898cd_6 accessed June 18, 2020

Data current as of June 17, 2020

U.S.: COVID-19 Confirmed Cases

- Total Cases: 2,132,321
 - 27,975 NEW
- Deaths: 116,862
 - 722 NEW

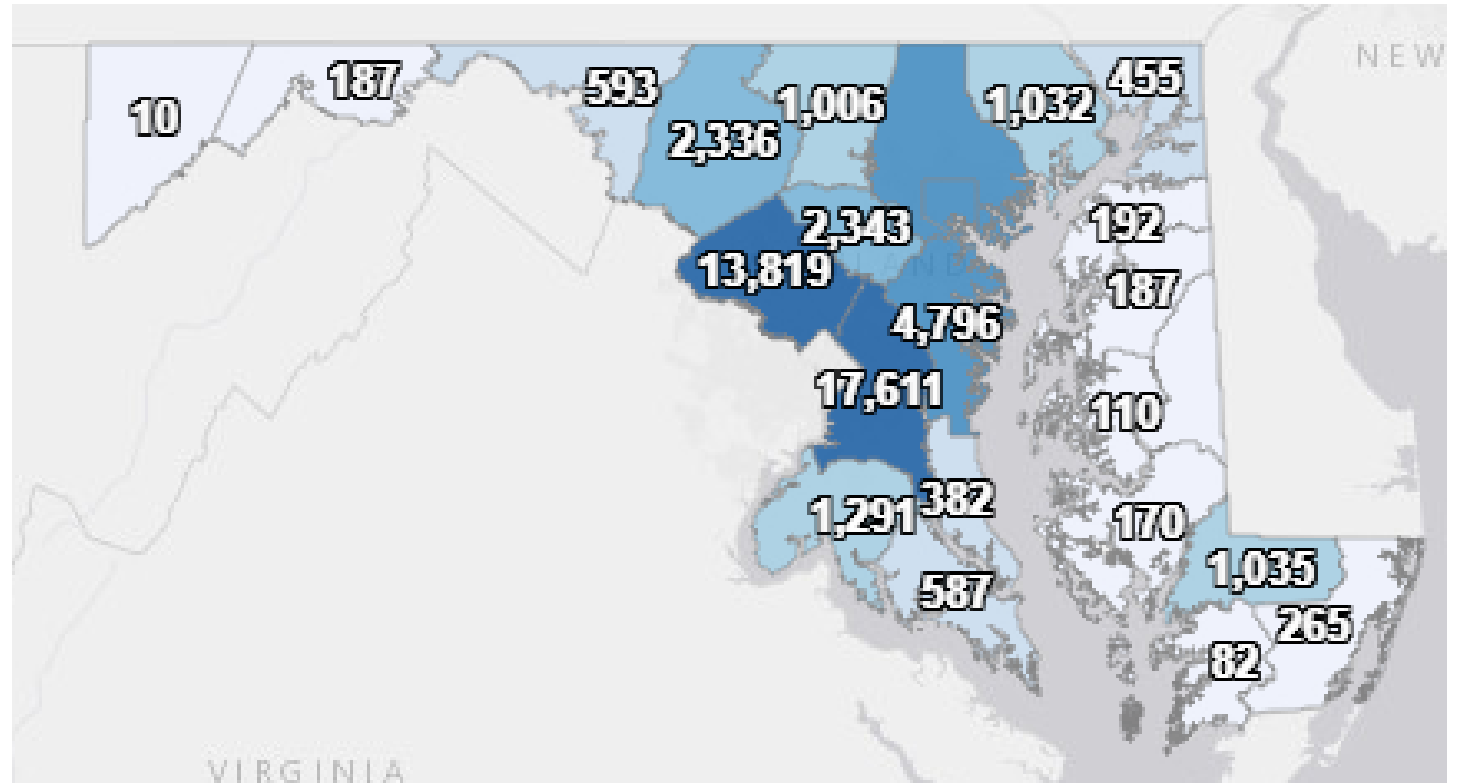


Data current as of June 17, 2020

Source: CDC, <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>, accessed June 18, 2020

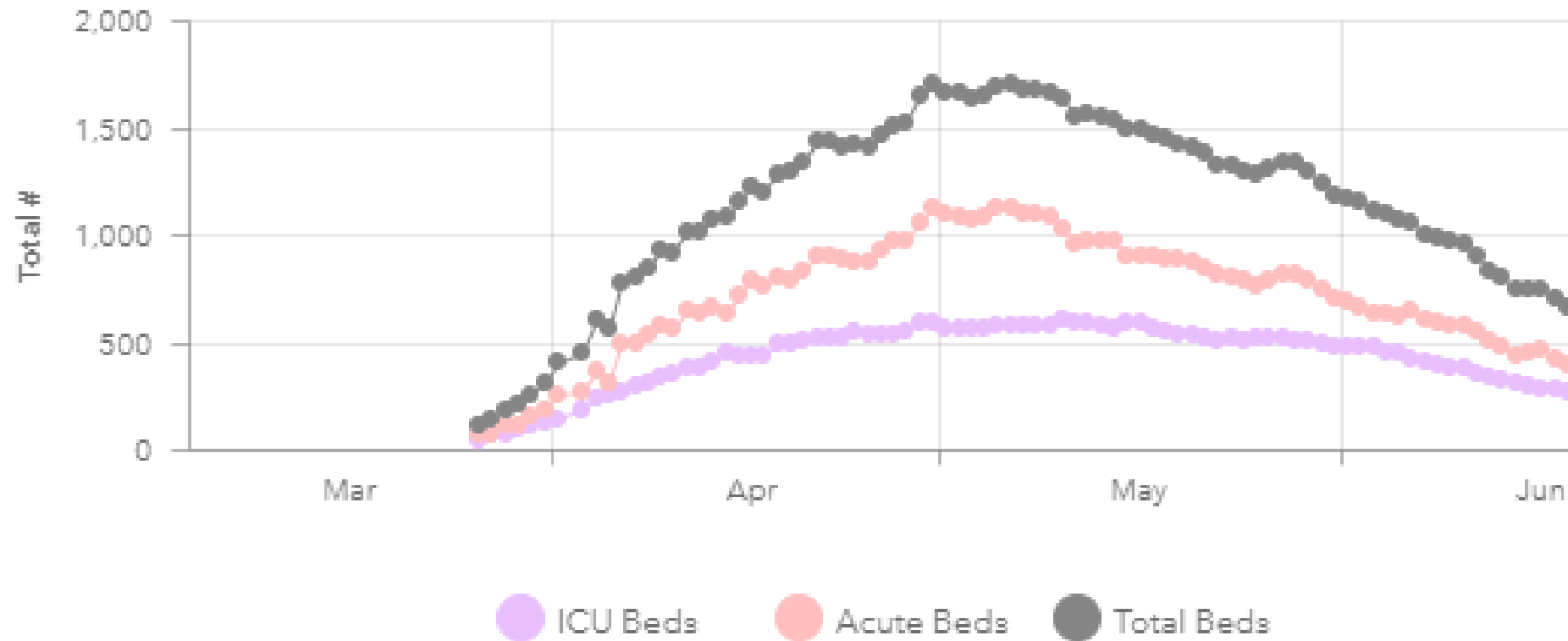
Maryland: COVID-19

- Confirmed cases: 63,229
(260 new)
- Deaths: 2,886 confirmed
(20 new)
- Hospitalized
 - 10,357 total
 - 660 current
 - 24hr Change: -42



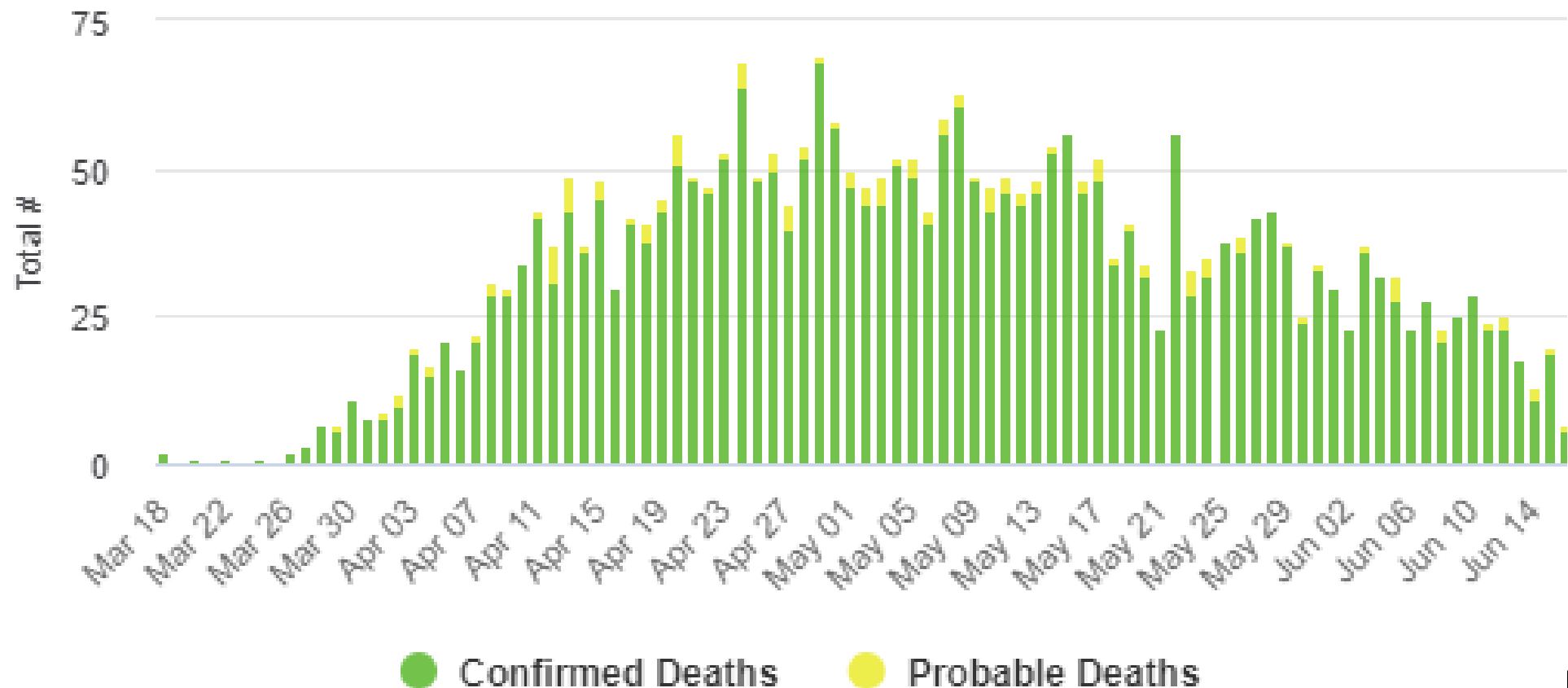
Current Hospitalizations

ICU and Acute Hospital Beds for COVID-19, Currently in Use



Confirmed and Probable Deaths

Confirmed and Probable Deaths, Totals by Date of Death



Congregate living outbreaks

Maryland COVID-19 in Congregate Facility Settings

Confirmed Staff Cases

3,244

Confirmed Staff Deaths

17

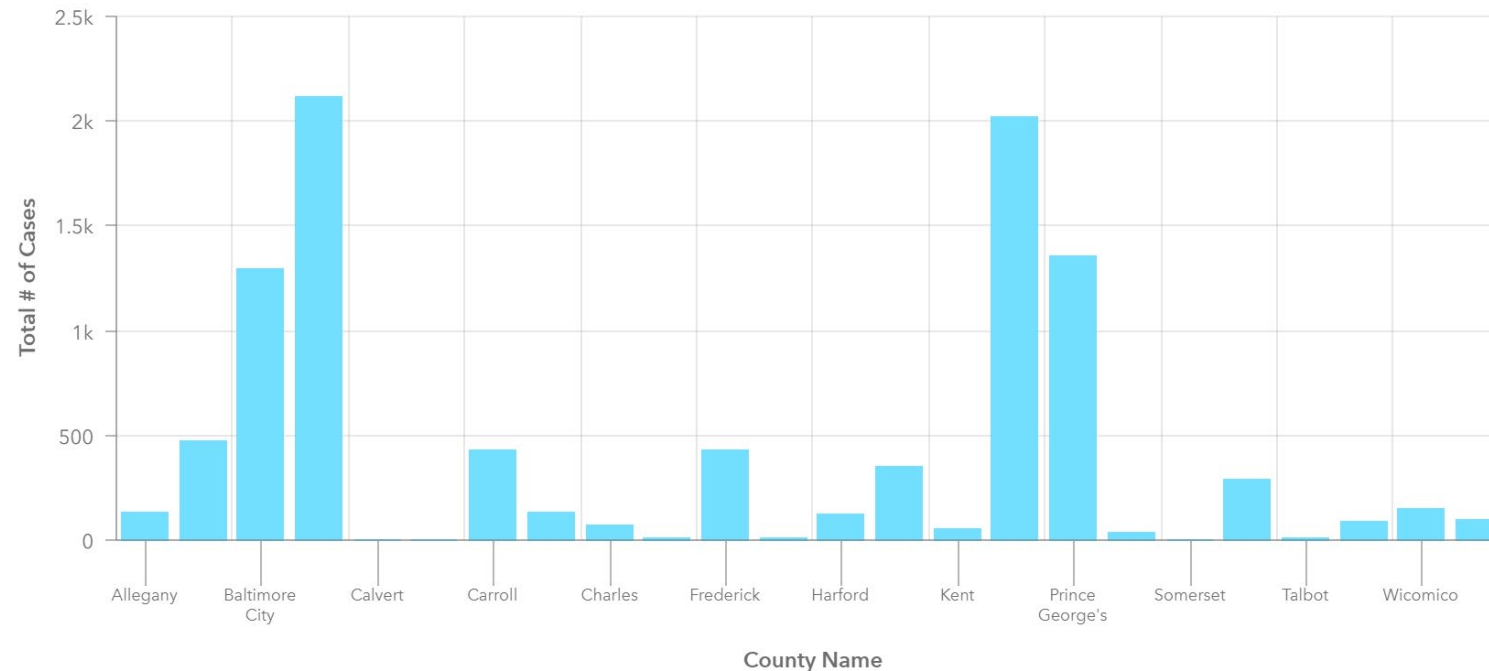
Confirmed Resident Cases

6,406

Confirmed Resident Deaths

1,342

<https://coronavirus.maryland.gov/pages/hcf-resources> accessed June 11th



Facilities: Nursing, Assisted Living, Group Homes

Facilities: State and Local

Universal Testing Compliance Memo

MDH Guidance Updates

National Guard Bridge Teams

- A few facilities have been selected for a second round of point prevalence survey testing
- Bridge teams will continue to be operational for another few weeks

Guidance for Outdoor Visits at Assisted Living Facilities in Maryland

- Outdoor visits allowed if:
 - 1. Visitors and Residents wear a face covering at all times
 - 2. Visitors and residents maintain proper social distancing (6 feet) at all times
 - 3. There is NOT an ongoing outbreak at the facility
 - Recommend no more than 2 visitors per resident at a time
- Visitors are still not allowed in Long Term Care/Skilled Nursing settings

Reopening guidance

- Documents coming soon
- Look for guidance documents today
- Separate documents for nursing homes and assisted living

But what about Assisted Living?

- Recommend that AL follows the Nursing Home Guidance for Controlling COVID
- Regulatory standards are different for Nursing Homes than for Assisted Living
- Major difference: AL is not required to do facility wide testing of all staff and residents
- Recommendation to follow the same steps for relaxing restrictions
 - AL has a separate guidance document for relaxing restrictions

Admitting Residents to Observation

When is a resident admitted to observation?

- All new admissions and readmissions returning after an overnight stay away from the facility should be admitted to observation for 14 days using contact and droplet precautions while monitoring the resident for signs and symptoms of COVID-19.
- Same day leave of absence does **not** require 14 day observation
 - Instead, residents should be screened upon return to the facility for signs and symptoms of COVID-19, including temperature checks.
 - Residents who screen positive upon re-entry must be placed on observation and tested for COVID-19.
 - When possible, facilities are encouraged to send someone with residents to medical appointments to ensure compliance with prevention and control of COVID-19.

Where can a resident be admitted on observation?

- The resident should be placed in a single-person room, ideally in a separate observation area (i.e. a separate unit, floor, or wing of the facility) where all residents will be monitored and isolated on contact and droplet precautions for 14 days.
- Residents admitted to observation should not have a roommate for the first 14 days of admission.
- If a separate observation area is not available, a resident may be isolated to a single-person room anywhere within the facility, using contact and droplet precautions.

What if there is no single-person room available to admit a resident on observation?

- **As a last resort**, if a facility does not have an open single-person room available for admission or readmission, then they may admit a resident to a multi-person room in an observation area with another resident who is on observation.
- Facilities should work to keep a single-person room available to avoid admission issues for residents needing to be readmitted to facilities on observation.

Questions
