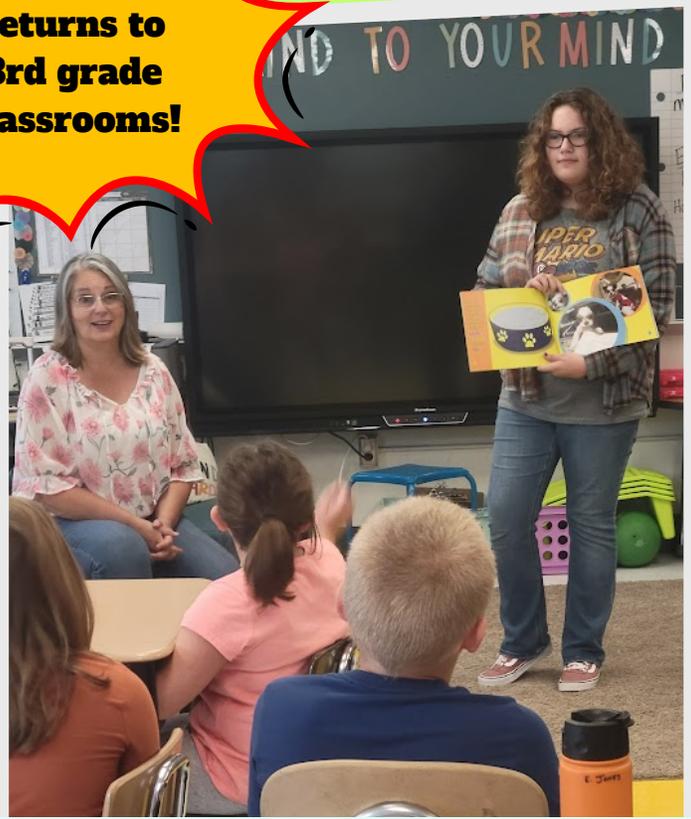


Gizmo's Pawesome Guide to Mental Health

Returns to 3rd grade classrooms!

First visit with Ms. Finnegan's
THIRD GRADE
 Squad



Lisbon Central School With Teen Ambassador, Prudence Cutwa!



What is?

- Partnership between SLC Youth Bureau and SLC People Project
- A proactive approach to support youth mental health which is both data-driven and evidence informed

- Students learn characteristics of Trusted Adults and how to open communication when having uncomfortable feelings and fears
- Students sign a mental health action plan which can be used daily
- Introduced to 3rd and 4th grade classrooms, in St. Lawrence County, Spring 2023
- Each student receives a copy of Gizmo's Pawesome Guide to Mental Health and each classroom receives a Gizmo stuffed plushie
- Youth Bureau Teen Ambassadors and School Resource Officers present Gizmo after receiving QPR training

Please contact Mary Wills, St. Lawrence County People Project, by emailing slcpeopleproject@gmail.com or Alexa Chase, St. Lawrence County Youth Bureau, at AChase@stlawco.gov for information about scheduling your 3rd grade classroom for Gizmo during the 2023-2024 school year.

Contact US



AWESOME!

