**Group Title:** All Around Support

When: Our first group will be Thursday, December 10th from 2:30-3:20 p.m.

**Recurring Time:** Every Thursday from December through TBD

Status: Open group for all LWSD HS student.

Sign-Up: Drop-in. Group starts promptly at 2:30pm, so please do your best to be on time! Because it is a drop-in group if nobody shows up by 2:40pm, group will be cancelled and resume the following Thursday. To drop in, please click on the following link (Click Here) or scan the QR code with your smart phone's camera to be connected.

Note: Links will only work during the time group is set to start/be in progress.

**Description:** During this time of remote learning, connect virtually with fellow students to explore healthy relationship, mindfulness, trauma responses, skill building and generalized support, developing principles and concepts that serve to promote improve communication and relationship.

Questions: Please reach out to with any questions (c-Imcmeins@lwsd.org, Lindsay McMeins or concerns trying connect!

**Please note** that LWSD social workers are unable to provide counseling or therapy services. They are able to provide short term support, stabilization, assessment and referral to outside resources long term or ongoing therapy solutions.

