

August Menu

Charlevoix County Senior Centers

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Baked Ziti, Tomato Sauce & Cheese, Garlic Bread, Vegetable, Fruit. WEEKLY ALTERNATIVE: Roast Beef & Cheddar Wrap	04 Cheesy Beefy Mac & Cheese, Stewed Tomatoes, Corn Bread, Fruit.	05 Tom Selleck/Detroit Tigers: Breaded Chicken Cutlet, Loaded Mashed Potatoes, Vegetables, Cole Slaw, Almost as good as Tom Selleck Cake, Fruit	06 Beef & Bean Burrito, Burrito Sauce & Cheese, Mexican Rice, Vegetable, Sour Cream Cup, Fruit	07 Ham Carbonara Pasta, Alfredo Sauce, Green Peas, Garlic Cheese Biscuit, Fruit.
10 Grilled Chicken Breast, Garlic Parmesan Butter, Scalloped Potatoes, Vegetable, Fruit. WEEKLY ALTERNATIVE: Italian Sub Sandwich	11 Chicken Stew, Stew Vegetables, Diced Potatoes, Bread Stick, Fruit.	12 Disco/70's Night: Retro Sweet & Sour Meatballs, Disco Fries w/Gravy & Cheese, Vegetable, Tossed Salad, Fruit, Black Forest Cake	13 Pepperoni Pizza, Side Salad, Vegetable, Fruit.	14 Liver & Onions or Beef Fritter, Mashed Potatoes & Gravy, Vegetable, Fruit.
17 Corned Beef Reuban, Sauerkraut, Swiss, Ranch Wedge Fries, Vegetable, Fruit WEEKLY ALTERNATIVE: Egg Salad Croissant	18 Beef Stew, Stew Vegetables, Buttermilk Biscuits, Vegetable, Fruit.	19 Casino Night: Fried Chicken, Mashed Potatoes & Gravy, Carrots, Fruit, Side Salad, Black Jack Brownie	20 Beef Lasagna, Garlic Beans, Garlic Bread, Vegetable, Fruit.	21 Teriyaki Pork Chop w/Pineapple, Sweet Potatoes, Vegetable, Fruit.
24 COOKS CHOICE Potato, Vegetable, Fruit WEEKLY ALTERNATIVE: Chef Salad	25 Pimento Chicken Breast, Creamy Pimento Cheese Sauce, Diced Red Potatoes, Vegetable, Fruit.	26 Back to School Night: Mom's Meatloaf, Mashed Potatoes & Gravy, Vegetable, Side Salad, Apple Crisp LAST WEDNESDAY NIGHT!	27 State Plate: Hawaii Breaded Garlic Butter Shrimp, White Rice, Sauteed Spinach, Pineapple Cole Slaw, Fruit	28 Baked Potato & Cheese, Beef Chili, Sour Cream Cup, Oyster Crackers, Fruit
31 Turkey & Ham Melt, Onion Bun, Ranch Wedge Fries, Mayo Packet, Vegetable, Fruit. WEEKLY ALTERNATIVE: Chicken Salad Croissant				

NOTES:

- ALL OUR MEALS ARE REVIEWED & APPROVED BY A REGISTERED DIETITIAN & CONTAIN 33.3% OF YOUR DAILY NUTRITIONAL REQUIREMENTS.
- ALL MEALS INCLUDE 1 MILK, 1 BREAD, 2 VEGGIES AND 1 FRUIT.
- ALL MEALS ARE SUBJECT TO CHANGE.

SPECIAL ANNOUNCEMENTS:

CHARLEVOIX WED NIGHT DINNER IS 5P-6P (547-3844)
EAST JORDAN (536-7831) & BOYNE (582-6682) WED NIGHT DINNER
IS 4:30P-5:30P