

BOYNE AREA SENIOR CENTER ACTIVITIES FOR AUGUST 2026-KRISTA @ (231)582-6682

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	4. 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 11:15am DROP N' SHOP, 12:30pm CARD BINGO, 1:30pm SONGWRITERS WORKSHOP	5. WEDNESDAY NIGHT DINNER: TOM SELLECK/DETROIT TIGERS NIGHT, MEAL SERVED 4:30pm-5:30pm, 4pm LIVE MUSIC BY MICHIGAN SANDS	6. 10am MINDFUL MEDITATION, 10am-1pm Audio Nova Hearning Aid Cleanings & Consultations, 10:30am COFFEE & VINYL ON THE PATIO, 12:30pm BINGO, 1pm FOOTLOOSE & VITAMIN D THERAPY CLASS	7. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 11am LIVE MUSIC BY OJ ADKINS, 1pm MUSICIAN'S JAM CIRCLE
10. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	11. 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 11:30am Blood Pressure Clinic, 12:30pm CARD BINGO, 1pm SONGWRITERS WORKSHOP	12. WEDNESDAY NIGHT DINNER: DISCO 70'S NIGHT, MEAL SERVED 4:30pm-5:30pm, 4pm LIVE MUSIC BY LUCKY STARS	13. 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 11:30am SOURDOUGH POP-UP SHOP W/CRAFTED BY ALLYSA, 12:30pm BINGO, 1pm FOOTLOOSE & VITAMIN D THERAPY CLASS	14. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MYSTERY BINGO
17. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	18. 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 11:15am DROP N' SHOP, 12:30pm CARD BINGO, 1:30pm SONGWRITERS WORKSHOP	19. WEDNESDAY NIGHT DINNER: CASINO NIGHT, MEAL SERVED 4:30pm-5:30pm, 4pm LIVE MUSIC BY PAUL FERRIS	20. 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 12:30pm BINGO, 1pm FOOTLOOSE & VITAMIN D THERAPY CLASS	21. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 11am LIVE MUSIC BY OJ ADKINS, 1pm MUSICIAN'S JAM CIRCLE
24. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	25. 9:30am VETERAN'S SOCIAL, 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 12:30pm CARD BINGO, 1:30pm The Truth About Human Trafficking Presentation	26. WEDNESDAY NIGHT DINNER: BACK TO SCHOOL NIGHT, MEAL SERVED 4:30pm-5:30pm, 4pm LIVE MUSIC BY LUCKY STARS	27. 10am MINDFUL MEDITATION, 10:30am COFFEE & VINYL ON THE PATIO, 11:30am SOURDOUGH POP-UP SHOP W/CRAFTED BY ALLYSA, 12:30pm BINGO, 1pm FOOTLOOSE & VITAMIN D THERAPY CLASS	28. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MYSTERY BINGO
31. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 10:45am ROLL-OUT CLASS, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR		THE BASC IS OPEN FULL-TIME 8am-4pm M, T, TH, F & WED 11am-7pm with activities all day long! Exercise Room is also open on these days & times	FOOT CLINIC DATES: WEDNESDAY 8/5/26 TUESDAY 8/11/26 THURSDAY 8/20/26	