

# Weekly Event Schedule

# OCTOBER 2025

TIME	MONDAY	TUESDAY	WEDNESDAY 10/01	THURSDAY 10/02	FRIDAY 10/03
				<b>FOOT CLINIC</b>	<b>OKTOBERFEST LUNCH</b>
08:00AM					
09:00AM			<b>930AM COFFEE &amp; DOUGNUTS W/BCPD FOR NATIONAL COFFEE W/A COP DAY</b>		
10:00AM			<b>10AM MINDFUL MEDITATION</b>	<b>10AM MINDFUL MEDITATION</b>	<b>10AM MINDFUL MEDITATION</b>
10:30AM			<b>1030AM BEACHBALL KICKER EXERCISE CLASS</b>		<b>1030AM BEACHBALL KICKER EXERCISE CLASS</b>
11:00AM			<b>1130AM ACOUSTIC SET BY \$ IN A JUKEBOX FOR NATIONAL BLUEGRASS DAY</b>	<b>11AM RECEIPE SWAP FOR NATIONAL COOKBOOK MONTH</b>	<b>11AM ROOTBEER RINGTOSS W/PRIZES! 1130AM LIVE MUSIC BY \$ IN A JUKEBOX 1145AM PRETZEL EATING CONTEST W/PRIZES!</b>
12:00PM			<b>1230PM BINGO</b>	<b>1230PM BINGO</b>	<b>1230PM BINGO</b>
1:00PM			<b>1PM APPLE CIDER MIXOLOGY CLASS</b>	<b>1PM BEACHBALL KICKER EXERCISE CLASS</b>	<b>1PM NICKELS GAME  1PM SPOOKY MOVIE &amp; A SNACK IN THE CONFERENCE ROOM “ PRACTICAL MAGIC ”</b>
2:00PM			<b>CARDS/GAMES</b>	<b>CARDS/GAMES</b>	<b>CARDS/GAMES</b>
03:00PM					
04:00PM					

# Weekly Event Schedule

# OCTOBER 2025

TIME	MONDAY 10/06	TUESDAY 10/07	WEDNESDAY 10/08	THURSDAY 10/09	FRIDAY 10/10
			CENTER CLOSED		
08:00AM					
09:00AM				9AM OMLETTE-MAKING CLASS FOR WORLD EGG DAY	
10:00AM	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION		10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION
10:30AM	1030AM BEACHBALL KICKER EXERCISE CLASS			1030AM COFFEE & DOUGHNUTS W/BCFD FOR FIRE PREVENTION DAY	1030AM BEACHBALL KICKER EXERCISE CLASS
11:00AM	11AM AUTUMN BEVERAGE BAR	1130AM SILVER SNEAKERS PRESENTATION			11AM LIVE MUSIC BY VINTAGE 1145AM INTERNATIONAL JUMPING SPIDER DAY GAME W/PRIZES!
12:00PM	1230PM CARD BINGO	1230PM CARD BINGO		1230PM BINGO	1230PM BINGO
1:00PM	130PM MAD HATTER PARTY FOR NATIONAL MAD HATTER DAY	130PM IMPROVING MENTAL HEALTH FOR MENTAL HEALTH MONTH PART 1		1PM BEACHBALL KICKER EXERCISE CLASS	1PM NICKELS GAME 1PM SPOOKY MOVIE & A SNACK IN THE CONFERENCE ROOM "SCOOBY-DOO"
2:00PM	CARDS/GAMES	CARDS/GAMES		CARDS/GAMES	CARDS/GAMES
03:00PM					
04:00PM					

# Weekly Event Schedule

# OCTOBER 2025

TIME	MONDAY 10/13	TUESDAY 10/14	WEDNESDAY 10/15	THURSDAY 10/16	FRIDAY 10/17
		BP CLINIC			SWEETEST DAY LUNCH
		FOOT CLINIC			
08:00AM					
09:00AM					
10:00AM	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION
10:30AM	1030AM BEACHBALL KICKER EXERCISE CLASS		1030AM BEACHBALL KICKER EXERCISE CLASS		1030AM BEACHBALL KICKER EXERCISE CLASS
11:00AM	11AM AUTUMN BEVERAGE BAR 11AM SWEETEST DAY SWEET-SENDS ORDERING	11AM DROP N' SHOP	11AM LIVE MUSIC BY LUCKY STARS	11AM POP-UP SHOP W/NOMI SOURDOUGH CO 1145AM OPEN MEDICARE ENROLLMENT WITH DALE BOEHM	11AM LIVE MUSIC BY MICHIGAN SANDS 1130AM SWEET SENDS DELIVERIES 1145AM MR & MRS SWEETEST CONTEST
12:00PM	1230PM CARD BINGO	1230PM CARD BINGO	1230PM BINGO	1230PM BINGO	1230PM BINGO
1:00PM	130PM PUMPKIN PAINTING CRAFT	130PM IMPROVING MENTAL HEALTH FOR MENTAL HEALTH MONTH PART 2	1PM JACK O' LANTERN/SPOOKY GHOST TIN CAN CRAFT	1PM BEACHBALL KICKER EXERCISE CLASS	1PM NICKELS GAME 1PM SPOOKY MOVIE & A SNACK IN THE CONFERENCE ROOM "CASPER"
2:00PM	CARDS/GAMES	CARDS/GAMES	CARDS/GAMES	CARDS/GAMES	CARDS/GAMES
03:00PM					
04:00PM					

# Weekly Event Schedule

# OCTOBER 2025

TIME	MONDAY 10/20	TUESDAY 10/21	WEDNESDAY 10/22	THURSDAY 10/23	FRIDAY 10/24
				FOOT CLINIC	WEAR IT PINK DAY
08:00AM					
09:00AM					
09:30AM					
10:00AM	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION	10AM MINDFUL MEDITATION
10:30AM	1030AM BEACHBALL KICKER EXERCISE CLASS		1030AM BEACHBALL KICKER EXERCISE CLASS		1030AM BEACHBALL KICKER EXERCISE CLASS
11:00AM	11AM AUTUMN BEVERAGE BAR	1145AM SPECIAL TREAT FOR NATIONAL PUMPKIN CHEESECAKE DAY!	11AM LIVE MUSIC BY PAUL FERRIS	11AM CHEF'S TABLE GATHERING	11AM LIVE MUSIC BY VINTAGE
12:00PM	1230PM CARD BINGO	1230PM CARD BINGO	1230PM BINGO	1230PM BINGO	1230PM BINGO
1:00PM	130PM BIGFOOT BINGO W/PRIZES FOR NATIONAL SASQUATCH AWARENESS DAY	130PM IMPROVING MENTAL HEALTH FOR MENTAL HEALTH MONTH PART 3	1PM BOO BAG ACTIVITY	1PM BEACHBALL KICKER EXERCISE CLASS	1PM NICKELS GAME 1PM SPOOKY MOVIE & A SNACK IN THE CONFERENCE ROOM "BEETLEJUICE"
2:00PM	CARDS/GAMES	CARDS/GAMES	CARDS/GAMES	CARDS/GAMES	CARDS/GAMES
03:00PM					
04:00PM					

# Weekly Event Schedule

# OCTOBER 2025

TIME	MONDAY 10/27	TUESDAY 10/28	WEDNESDAY 10/29	THURSDAY 10/30	FRIDAY 10/31
					<b>HALLOWEEN LUNCH</b>
08:00AM					
09:00AM					
		<b>930AM VETERAN'S SOCIAL</b>			
10:00AM	<b>10AM MINDFUL MEDITATION</b>	<b>10AM MINDFUL MEDITATION</b>	<b>10AM MINDFUL MEDITATION</b>	<b>10AM MINDFUL MEDITATION</b>	<b>10AM MINDFUL MEDITATION</b>
10:30AM	<b>1030AM BEACHBALL KICKER EXERCISE CLASS</b>		<b>1030AM BEACHBALL KICKER EXERCISE CLASS</b>		<b>1030AM BEACHBALL KICKER EXERCISE CLASS</b>
11:00AM	<b>11AM AUTUMN BEVERAGE BAR</b>	<b>11AM DROP N' SHOP</b>	<b>11AM LIVE MUSIC BY LUCKY STARS</b> <b>1130AM CARAMEL APPLE BAR</b>	<b>1145AM PRESENTATION FOR NATIONAL PHYSICAL THERAPY MONTH BY NORTHERN MICHIGAN SPORTS MEDICINE</b>	<b>11AM LIVE MUSIC BY PAUL FERRIS</b> <b>1145AM HALLOWEEN COSTUME CONTEST</b>
12:00PM					<b>1215PM BC KINDERGARTEN TRICK OR TREAT</b>
	<b>1230PM CARD BINGO</b>	<b>1230PM CARD BINGO</b>	<b>1230PM BINGO</b>	<b>1230PM BINGO</b>	<b>1230PM BINGO</b>
1:00PM	<b>130PM MILK JUG GHOST CRAFT</b>	<b>130PM IMPROVING MENTAL HEALTH FOR MENTAL HEALTH MONTH PART 4</b>	<b>1PM HALLOWEEN BINGO W/PRIZES!</b>	<b>1PM BEACHBALL KICKER EXERCISE CLASS</b>	<b>1PM NICKELS GAME</b> <b>1PM SPOOKY MOVIE &amp; A SNACK IN THE CONFERENCE ROOM "HOCUS-POCUS"</b>
2:00PM	<b>CARDS/GAMES</b>	<b>CARDS/GAMES</b>	<b>CARDS/GAMES</b>	<b>CARDS/GAMES</b>	<b>CARDS/GAMES</b>
03:00PM					
04:00PM					