

**All Senior Center Locations Menu November 2025 (Lunch 11:30a—12:30p)**

**Commission On Aging Phone: 237-0103**

**Charlevoix Senior Center: 547-5361**

**East Jordan Senior Center: 536-7831**

**Boyne Area Senior Center: 582-6682**

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
| <p><b>ALL MEALS INCLUDE MILK, BREAD &amp; BUTTER, 2 VEGGIES &amp; A FRUIT. MENU SUBJECT TO CHANGE WITHOUT NOTICE</b></p>   | <p><b>Soups are available on Mondays, Wednesday &amp; Fridays Again.</b></p>                              |  |   |  |
| <p><b>3. Garlic Parmesan Drumsticks, Scalloped Potatoes, Roasted Carrots, Soup du Jour, Fruit</b><br/><b>Alternative Meal for Week: Turkey BLT Wrap</b></p>                              | <p><b>4. Election Day</b><br/>Beef Lasagna, Garlic Toast, Vegetable Medley, Fruit</p>                     | <p><b>5. Teriyaki Beef Strips, Seasoned Rice, Oriental Vegetables, Mini Spring Rolls, Sweet &amp; Sour Dipping Cup, Vegetable Soup, Fruit</b></p>  | <p><b>6. Men Make Dinner Day</b><br/>Tuna Noodle Casserole, Green Peas, Fried Onions, Fruit</p>   | <p><b>7. Veteran's Day Celebration</b><br/>Roast Beef, Mashed Potatoes &amp; Gravy, Fresh Vegetables, Apple Crisp, Soup du Jour, Fruit</p>                                     |
| <p><b>10. Breaded Chicken Sandwich w/Bacon &amp; Cheese, Ranch Wedge Fries, Garden Vegetables, Soup du Jour, Fruit</b><br/><b>Alternative Meal for Week: Chicken Salad Croissant</b></p> | <p><b>11. ALL COA Offices and Senior Centers are CLOSED.</b></p>  | <p><b>12. NEW ITEM DAY!</b> Taco Salad—Shredded Lettuce, Tomatoes, Cheese, Taco Meat, Fritos Corn Chips, Salad Dressing, Vegetable Soup, Fruit</p> | <p><b>13. Kindness Day</b><br/>Vegetable Breakfast Egg &amp; Cheese Casserole—Green Peppers, Onions, Tomatoes, Tater Tots, English Muffin &amp; Peanut Butter Cup, Apple Juice, Fruit</p> | <p><b>14. State Plate: Alaska</b><br/>Kodiak Casserole—Ground Beef, Mild Picante Sauce, Cheese, Egg Noodles, Homemade Potato Soup, Blueberry Lemon Cake, Fruit</p>             |
| <p><b>17. Open Faced Ham &amp; Cheese Sandwich, Tater Tots, Mixed Vegetable, Honey Mustard Cup, Soup du Jour, Fruit</b><br/><b>Alternative Meal for Week: Chef Salad</b></p>             | <p><b>18. Apple Cider Day</b><br/>Hamburger Stroganoff, Buttered Egg Noodles, Garden Vegetable, Fruit</p> | <p><b>19. Corned Beef and Potato Guisado, Ground Sirloin , Mixed Vegetables, Vegetable Soup, Fruit</b></p>   | <p><b>20. Use Less Stuff Day</b><br/>Cooks Choice, Potato, Vegetable, Fruit</p>   | <p><b>21. Thanksgiving Celebration,</b><br/>Roast Turkey, Stuffing, Mashed Potatoes &amp; Gravy, Green Bean Casserole, Homemade Cranberries, Pumpkin Dessert, Soup du Jour</p> |
| <p><b>24. Tailgate Party!</b><br/>Beef Chili, Baked Potato w/ Cheese, Sour Cream Cup, Soup du Jour, Fruit<br/><b>Alternative Meal for Week: Shrimp Pasta Salad</b></p>                   | <p><b>25. Blasé Day</b><br/>Pepper Steak, Colored Peppers &amp; Onions, Seasoned Rice, Fruit</p>          | <p><b>26. Jukebox Day</b><br/>Baked Potato w/ Cheese, Cottage Cheese w/ Peaches, String Cheese, Baby Carrot Snack Pack, Vegetable Soup, Fruit</p>  | <p><b>27. ALL COA Offices and Senior Centers are CLOSED.</b></p>  | <p><b>28. ALL COA Offices and Senior Centers are CLOSED.</b></p>   |