

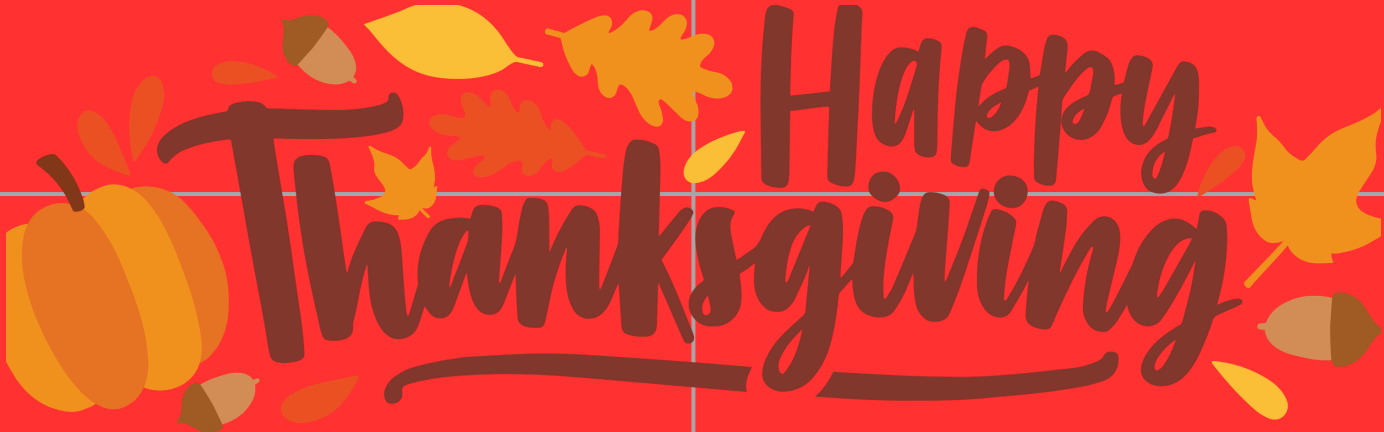
BOYNE AREA SENIOR CENTER ACTIVITIES FOR SEPTEMBER 2026-KRISTA @ (231)582-6682

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N’ SHOP, 11:30am BLOOD PRESSURE CLINIC, 12:30pm CARD BINGO, 1:30pm MUSICIAN’S JAM CIRCLE	2. ALL COA CENTERS ARE CLOSED 	3. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:45am THURSDAY SHENANIGANS, 12:30pm BINGO, 1pm SLEEP HEALTH PRESENTATION	4. 10am MINDFUL MEDITATION, 11am LIVE MUSIC BY \$ IN A JUKEBOX, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
7. ALL COA CENTERS ARE CLOSED 	8. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11am MITTEN LICKEN DONUT CO. PRESENTATION & POP-UP, 12:30pm CARD BINGO, 1:30pm SONGWRITER’S WORKSHOP	9. 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 11am HAND MASSAGES BY THRIVING RADIANCE, 11:30am LIVE MUSIC BY PAUL FERRIS, 12:30pm CARD BINGO, 1pm NATIONAL WHEN PIGS FLY DAY ACTIVITY	10. SUNFLOWER SOIREE, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:45am THURSDAY SHENANIGANS, 12:30pm BINGO, 1pm SUNFLOWERS WITH SYDNEY	11. 10am MINDFUL MEDITATION, 10:30am TECH SUPPORT W/NICK, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
14. GRANDPARENT’S DAY LUNCH, 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	15. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N’ SHOP, 12:30pm CARD BINGO, 1:30pm SUNFLOWER PAINT BY NUMBERS CLASS	16. 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 10:30am-1pm MEDICARE ENROLLMENT with DALE BOEHM, 11:30am LIVE MUSIC BY LUCKY STARS, 12:30pm CARD BINGO, 1pm MYSTERY BINGO	17. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30am SOURDOUGH POP-UP SHOP W/CRAFTED BY ALLYSA, 11:45am THURSDAY SHENANIGANS, 12:30pm BINGO, 1pm MUSICIAN’S JAM CIRCLE	18. 10am MINDFUL MEDITATION, 11am LIVE MUSIC BY OJ ADKINS, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
21. 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	22. 9:30am VETERAN’S SOCIAL, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30a BLOOD PRESSURE CLINIC, 12:30pm CARD BINGO, 1:30pm SONGWRITER’S WORKSHOP	23. 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 11:30am LIVE MUSIC BY PAUL FERRIS, 12:30pm CARD BINGO, 1pm SPECIAL CONCERT BY JERRY WESTERMAN FOR NATIONAL PIANO MONTH	24. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:45am THURSDAY SHENANIGANS, 12:30pm BINGO, 1pm POTTERY PAINTING CLASS BY COTTAGE POTTERY-PLEASE CALL TO SIGN-UP (SPACE IS LIMITED)	25. 10am MINDFUL MEDITATION, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
28. 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	29. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N’ SHOP, 12:30pm CARD BINGO, 1:30pm BEGINNER’S QUILTING WITH JUDY	30. 10am MINDFUL MEDITATION, 10:30am LIFE IS ALOT SUPPORT GROUP, 10:30am-1pm MEDICARE ENROLLMENT with DALE BOEHM, 11am LIVE MUSIC BY LUCKY STARS, 12:30pm CARD BINGO, 1pm MYSTERY BINGO	FOOT CLINIC DATES: THURSDAY 9/3/26 THURSDAY 9/10/26 TUESDAY 9/22/2026 MONDAY 9/28/26	THE BASC IS OPEN FULL-TIME 8am-4pm M-F with activities all day long! Exercise Room is also open on these days & times

BOYNE AREA SENIOR CENTER ACTIVITIES FOR OCTOBER 2026-KRISTA @ (231)582-6682

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
THE BASC IS OPEN FULL-TIME 8am-4pm M-F with activities all day long! Exercise Room is also open on these days & times		FOOT CLINIC DATES:				1. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,		2. 10am MINDFUL MEDITATION, 11am LIVE MUSIC BY \$ IN A JUKEBOX, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR	
5. 8am-4pm MEDICARE ENROLLMENT W/DALE BOEHM, 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR		6. 10am MINDFUL MEDITATION,, 12:30pm CARD BINGO,		7. 10am MINDFUL MEDITATION, 11:30am LIVE MUSIC BY PAUL FERRIS, 12:30pm BINGO,		8. SUNFLOWER SOIREE, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO, 1pm SUNFLOWERS WITH SYDNEY		9. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR	
12. GRANDPARENT’S DAY LUNCH, 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR		13. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N’ SHOP, 12:30pm CARD BINGO, 1:30pm		14. 10am MINDFUL MEDITATION, 10:30am-1pm MEDICARE ENROLLMENT with DALE BOEHM, 12:30pm BINGO,		15. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,		16. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11am LIVE MUSIC BY OJ ADKINS, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR	
19. 8am-4pm MEDICARE ENROLLMENT W/DALE BOEHM, 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR		20. 9:30am VETERAN’S SOCIAL, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30a BLOOD PRESSURE CLINIC, 12:30pm CARD BINGO, 1:30pm		21. 10am MINDFUL MEDITATION, 12:30pm BINGO, 1pm SPECIAL CONCERT BY JERRY WESTERMAN FOR NATIONAL PIANO MONTH		22. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,		23. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR	
26. 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR		27. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N’ SHOP, 12:30pm CARD BINGO, 1:30pm		28. 10am MINDFUL MEDITATION, 10:30am-1pm MEDICARE ENROLLMENT with DALE BOEHM, 12:30pm BINGO,		29. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,		30. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR	

BOYNE AREA SENIOR CENTER ACTIVITIES FOR NOVEMBER 2026-KRISTA @ (231)582-6682

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. GRANDPARENT’S DAY LUNCH, 10am MINDFUL MEDITATION, 1:30pm MIX IT UP EXERCISE HOUR	3. 10am MINDFUL MEDITATION, ,	4. 10am MINDFUL MEDITATION, 12:30pm BINGO,	5. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,	6. 10am MINDFUL MEDITATION, 11am LIVE MUSIC BY \$ IN A JUKEBOX, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
9. ALL COA CENTERS ARE CLOSED	10. 10am MINDFUL MEDITATION, ,	11. ALL COA CENTERS ARE CLOSED 	12. SUNFLOWER SOIREE, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO, 1pm SUNFLOWERS WITH SYDNEY	13. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
16. GRANDPARENT’S DAY LUNCH, 10am MINDFUL MEDITATION, 1:30pm MIX IT UP EXERCISE HOUR	17. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N’ SHOP, 1:30pm	18. 10am MINDFUL MEDITATION, 10:30am-1pm MEDICARE ENROLLMENT with DALE BOEHM, 12:30pm BINGO,	19. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,	20. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11am LIVE MUSIC BY OJ ADKINS, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
23. 10am MINDFUL MEDITATION, 1:30pm MIX IT UP EXERCISE HOUR	24. 9:30am VETERAN’S SOCIAL, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30a BLOOD PRESSURE CLINIC, 1:30pm	25. 10am MINDFUL MEDITATION, 12:30pm BINGO, 1pm SPECIAL CONCERT BY JERRY WESTERMAN FOR NATIONAL PIANO MONTH	26. ALL COA CENTERS ARE CLOSED	27. ALL COA CENTERS ARE CLOSED
30. 10am MINDFUL MEDITATION, 1:30pm MIX IT UP EXERCISE HOUR	FOOT CLINIC DATES:	THE BASC IS OPEN FULL-TIME 8am-4pm M-F with activities all day long! Exercise Room is also open on these days & times		

BOYNE AREA SENIOR CENTER ACTIVITIES FOR DECEMBER 2026-KRISTA @ (231)582-6682

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BASC IS OPEN FULL-TIME 8am-4pm M-F with activities all day long! Exercise Room is also open on these days & times	1. 10am MINDFUL MEDITATION, , 12:30pm CARD BINGO,	2. 10am MINDFUL MEDITATION, 12:30pm BINGO,	3. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,	4. 10am MINDFUL MEDITATION, 11am LIVE MUSIC BY \$ IN A JUKEBOX, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
7. ALL COA CENTERS ARE CLOSED	8. 10am MINDFUL MEDITATION, , 12:30pm CARD BINGO,	9. ALL COA CENTERS ARE CLOSED	10. SUNFLOWER SOIREE, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO, 1pm SUNFLOWERS WITH SYDNEY	11. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30am LIVE MUSIC BY VINTAGE, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
14. GRANDPARENT'S DAY LUNCH, 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	15. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:15am DROP N' SHOP, 12:30pm CARD BINGO, 1:30pm	16. 10am MINDFUL MEDITATION, 10:30am-1pm MEDICARE ENROLLMENT with DALE BOEHM, 12:30pm BINGO,	17. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 12:30pm BINGO,	18. 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11am LIVE MUSIC BY OJ ADKINS, 12:30pm BINGO, 1pm MIX IT UP EXERCISE HOUR
21. 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	22. 9:30am VETERAN'S SOCIAL, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30a BLOOD PRESSURE CLINIC, 12:30pm CARD BINGO, 1:30pm	23. 10am MINDFUL MEDITATION, 12:30pm BINGO, 1pm SPECIAL CONCERT BY JERRY WESTERMAN FOR NATIONAL PIANO MONTH	24. ALL COA CENTERS ARE CLOSED	25. ALL COA CENTERS ARE CLOSED
28. 10am MINDFUL MEDITATION, 12:30pm CARD BINGO, 1:30pm MIX IT UP EXERCISE HOUR	29. 9:30am VETERAN'S SOCIAL, 10am MINDFUL MEDITATION, 10:30am BEACHBALL KICKER EXERCISE CLASS, 11:30a BLOOD PRESSURE CLINIC, 12:30pm CARD BINGO, 1:30pm	30. 10am MINDFUL MEDITATION, 12:30pm BINGO, 1pm SPECIAL CONCERT BY JERRY WESTERMAN FOR NATIONAL PIANO MONTH	31. ALL COA CENTERS ARE CLOSED	FOOT CLINIC DATES: