

All Senior Center Locations Menu September 2025 (Lunch 11:30a—12:30p)

Commission On Aging Phone: 237-0103

Charlevoix Senior Center: 547-5361

East Jordan Senior Center: 536-7831

Boyne Area Senior Center: 582-6682

Monday	Tuesday	Wednesday	Thursday	Friday
1. ALL COA Offices and Senior Centers are CLOSED. Alternative Meal for Week: <i>MI Maurice Salad</i>	2. Live Fearless Day MI Olive & Swiss Burger, Great Lakes Chips, Vlastic Pickles, Cream of Vegetable Soup, Fruit	3. Cooks Choice, Potato, Vegetables, Soup Du Jour, Fruit	4. Eat an Extra Dessert Day Ham & Pineapple, Au-Gratin Potatoes, Fresh Vegetable, Fruit, Mackinac Fudge Ice Cream	5. Grand Rapids Burrito, Ground Beef & Beans topped with Burrito Sauce, Mexican Rice, Vegetable Medley, Vegetable Soup, Fruit
8. Star Trek Day Beef Chili w/ Cheese, Jiffy Corn Bread, Mixed Vegetables, Soup du Jour, Fruit Alternative Meal for Week: <i>MI Cherry Chicken Salad</i>	9. Wonderful Weirdos Day Cheese Ravioli, Tossed w/ Fresh Tomatoes, Basil, Garlic, & Olive Oil, Garlic Cheese Biscuit, Brussel Sprouts, Fruit	10. TV Dinner Day Asian Teriyaki Beef, Seasoned Rice, Oriental Vegetables, Mini Spring Rolls, Soup Du Jour, Fruit	11. 9/11 Remembrance Day Ground Sirloin, Sauteed Onions, Mashed Potatoes & Gravy, Fresh Vegetables, Fruit, MI Cherry Pie Bars	12. Chocolate Milkshake Day Frankenmuth Chicken, Scalloped Potatoes, Green Beans, Vegetable Soup, Fruit
15. Detroit vs. Flint Coney Hot Dog Sliders, Tator Tots, Garden Vegetable, Soup du Jour, Fruit, Fall Cider Cooler Alternative Meal for Week: <i>Dearborn Ham & Swiss Wrap</i>	16. Collect Rocks Day BBQ Salmon, Seasoned Rice, Mixed Vegetable, Fruit	17. Country Music Day Chicken Ceaser Salad, Beef Barley Soup, Saltine Crackers	18. First Love Day Chicken Lasagna, Steamed Broccoli, Garlic Cheese Biscuit, Fruit	19. UP Poutine, Shredded Beef, Red Skin Potato Wedges, Cheese Curds, Beef Gravy, Cole Slaw, Vegetable Soup, Fruit
22. Baked Ziti, Mozzarella Cheese, Tomato Sauce, Garlic Bread, Vegetable Medley, Soup du Jour, Fruit Alternative Meal for Week: <i>Italian Sub Sandwich</i>	23. Breakfast for Lunch, Ham & Cheese Quiche, Diced Red Skinned Potatoes, Warm Applesauce, Biscuit w/ Honey	24. Cherries Jubilee Day Cheesy Chicken, Broccoli & Rice Casserole, Garlic Breadstick, Soup Du Jour, Fruit	25. Country Fried Steak, Country Gravy, 1/2 Baked Potato, Sour Cream & Butter, Fresh Vegetable, Fruit, MI Peanut Butter & Maple Cake	26. Love Note Day Detroit Style Pizza, Potato Salad, Fresh Baby Carrots, Cherry Yogurt Cup, Vegetable Soup, Fruit
29. Cudighi Sandwich on Bun, Ground Italian Sausage Patty, w/ Onions & Peppers, Ranch Wedge Fries, Vegetable Medley, Soup du Jour, Fruit Alternative Meal for Week: <i>Chef Salad with Dearborn Ham</i>	30. Chewing Gum Day Grilled Chicken Breast w/ Garlic Parmesan Butter, Scalloped Potatoes, Garden Vegetable, Fruit	Soups will be available on Mondays, Wednesday & Fridays Again.	ALL MEALS INCLUDE MILK, BREAD & BUTTER, 2 VEGGIES & A FRUIT. MENU SUBJECT TO CHANGE WITHOUT NOTICE	WE ARE CELEBRATING MICHIGAN MONTH AGAIN WITH SOME GREAT MI RECIPES & PRODUCTS!