

THE PARISH OF SAINT CATHERINE OF SIENA  
TRUMBULL, CONNECTICUT

# EUCCHARISTIC HOLY HOUR AND ROSARY FOR LIFE

*The Sorrowful Mysteries*



*Icon from Kykkos Monastery in Cyprus. It depicts St. Anna (Jesus' grandmother), the Virgin Mary and Baby Jesus. To the left of St. Anna we find her husband, St. Joachim (Jesus' grandfather), and St. Joseph is on her right.*

***"I would like a Church that challenges the throw-away culture with the overflowing joy of a new embrace between young and old. This is what I ask of the Lord today, this embrace."***

***-Pope Francis, March 11, 2015***

# EXPOSITION OF THE BLESSED SACRAMENT

*All kneel as the Blessed Sacrament is exposed on the altar.*



1. O sa - lu - tá - ris hó - sti - a, Quæ cæ - li pan - dis  
2. U - ni tri - nó - que Dó - mi - no Sit sem - pi - tér - na

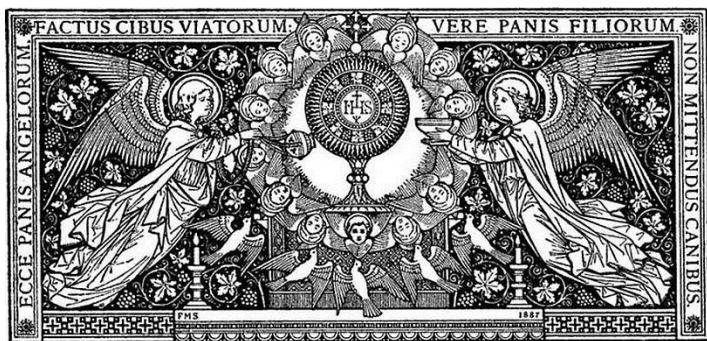


ó - sti - um: Bel - la pre - munt ho - stí - li - a,  
gló - ri - a, Qui vi - tam si - ne tér - mi - no



Da ro - bur, fer\_\_ au - xí - li - um.  
No - bis do - net\_\_ in pá - tri - a. A - men.

*A period of silence is observed after the Blessed Sacrament is exposed.*



# ROSARY FOR LIFE

**Leader:** ✠ In the Name of the Father and of the Son and of the Holy Spirit.

**All:** Amen.

**All:** Hail, Holy Queen



1. Hail ho - ly Queen en - throned a - bove, O Ma - ri - a,  
 2. The cause of joy to all be - low, O Ma - ri - a,  
 3. O gen - tle, lov - ing, ho - ly one, O Ma - ri - a.



Hail Mother of mer - cy and of love, O Ma - ri - a.  
 The spring through which all grac - es flow, O Ma - ri - a.  
 The God of light be - came your Son, O Ma - ri - a.



Tri - umph, all ye Cher - u - bim, Sing with us, ye



Ser - a - phim, Heav'n and earth re - sound the hymn:



Sal - ve, Sal - ve, Sal - ve, Re - gi - na.

**Leader:** I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father almighty; from there He will come to judge the living and the dead.

**All:** I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

*For the intentions of the Holy Father:*

**Leader:** Our Father who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

*For an increase of the virtue of Faith:*

**Leader:** Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*For an increase of the virtue of Hope:*

Hail Mary...

*For an increase of the virtue of Charity:*

Hail Mary...

**Leader:** Glory be to the Father, and to the Son and to the Holy Spirit.

**All:** As it was in the beginning, is now and ever shall be, world without end. Amen.

*The First Sorrowful Mystery*

**THE AGONY IN THE GARDEN**

Jesus comes with his disciples to the garden of Gethsemane and prays to be delivered from his Passion, but most of all, to do the Father's will. Let us pray that Christ will give us the grace to fulfill God's plan, to love and care for our grandparents, particularly those who are suffering from loneliness or illness. That we may always be able to recognize Christ in them, value their important role in society, and come forward to offer them comfort and aid.

Our Father who art in Heaven... as it is in Heaven.

**All:** Give us this day our daily bread... Amen.

1. Holy Mary, Our Mother: Help us to understand and treasure the essential role that grandparents play in society, and especially in the lives of children.

Hail Mary...

2. Holy Mary, Our Mother: Help us value the role of grandparents in our society, as the collective memory of communities, and, above all, of our families.

Hail Mary...

3. Holy Mary, Our Mother: We pray for our grandfathers and grandmothers, who so often play a heroic role in the transmission of the Faith in times of persecution.

Hail Mary...

4. Holy Mary, Our Mother: We pray for the grandparents who are lonely and forgotten, or who have no one to care for them.

Hail Mary...

5. Holy Mary, Our Mother: We pray for the elderly who have been abandoned just because they have grown old. Give us the generosity to come forward to offer them comfort and aid.

Hail Mary...

6. Holy Mary, Our Mother: We pray that all grandparents may rediscover their calling to pass down the Faith to a new generation.

Hail Mary...

7. Holy Mary, Our Mother: We pray that young people may listen to grandparents who pray for the hopes and needs of the young, and lift up to God the memory and sacrifices of past generations.

Hail Mary...

8. Holy Mary, Our Mother: Help us to walk the journey with our grandparents as they get older.

Hail Mary...

9. Holy Mary, Our Mother: We pray that we may always treasure the gift of life from conception to natural death.

Hail Mary...

10. Holy Mary, Our Mother: Teach us to love as you do, and strengthen us and our fellow citizens always to defend life, so that euthanasia may not be legalized in our country.

Hail Mary...

Glory be to the Father, and to the Son, and to the Holy Spirit,

**All:** as it was in the beginning, is now, and ever shall be, world without end. Amen.

**All:** O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy Mercy.

*The Second Sorrowful Mystery*

**THE SCOURGING AT THE PILLAR**

We pray for husbands and wives, that by the merits of Our Lord's Passion, they may be strengthened and have the courage they need to love and respect each other and to educate and care for their children.

Our Father who art in Heaven... as it is in Heaven.

**All:** Give us this day our daily bread... Amen.

1. Holy Mary, Our Mother: Help us to grow deeper in the understanding that God created man and woman in his image, and blessed their union.

Hail Mary...

2. Holy Mary, Our Mother: Help us defend marriage, both as a natural institution and a sacred union, rooted in God's plan for creation.

Hail Mary...

3. Holy Mary, Our Mother: Help us deepen in the understanding that the marital union provides the best conditions for raising children, namely the stable and loving relationship of a mother and father, which is present only in marriage.

Hail Mary...

4. Holy Mary, Our Mother: We pray that spouses may have true love and understanding for each other. May they bear with one another's weaknesses and grow from each other's strengths.

Hail Mary...

5. Holy Mary, Our Mother: Intercede for spouses who are living through a difficult situation. Give them strength to forgive one another's failings, and patience, kindness, and the willingness to put the well-being of one another and of their children before their own.

Hail Mary...

6. Holy Mary, Our Mother: We pray for spouses who are recently married, that they may be open to life and may defend it from conception to natural death.

Hail Mary...

7. Holy Mary, Our Mother: We pray for spouses who are expecting a child. We ask that they may protect and nurture these mysterious stirrings of life and that their child may come safely into the world, and to the new birth of Baptism.

Hail Mary...

8. Holy Mary, Our Mother: We pray for parents of children with special needs and for those expecting special-needs children.

Hail Mary...

9. Holy Mary, Our Mother: We pray for all those called to the vocation of marriage. May they have the courage to make a life-long commitment to sacrificial love.

Hail Mary...

10. Holy Mary, Our Mother: Help us to treasure and defend the truth of what it means to be man and woman, and that, through man and woman, new life comes into our world.

Hail Mary...

Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** as it was in the beginning, is now, and ever shall be, world without end. Amen.

**All:** O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy Mercy.

### *The Third Sorrowful Mystery*

#### **THE CROWNING WITH THORNS**

Jesus is crowned with suffering out of love for us. He was willing to endure the humiliations to prove his love for each one of us. Let us entrust our families to him, that through the merits of his Passion, they may deepen their love for each other and together face the trials and challenges of life.

Our Father who art in Heaven... as it is in Heaven.

**All:** Give us this day our daily bread... Amen.

1. Holy Mary, Our Mother: Intercede for families, so that in the strength of your Son's grace their members may truly flourish, possess the priceless gift of your peace, and bear witness in this world to your glory.

Hail Mary...

2. Holy Mary, Our Mother: We pray that you may help families be an authentic example of love in the image of the Holy Family of Nazareth.

Hail Mary...

3. Holy Mary, Our Mother: Help us to treasure family life and to defend it as the first living cell of society.

Hail Mary...

4. Holy Mary, Our Mother: When the value of the family is threatened because of social and economic pressure, give us courage to stand up and reaffirm that the family is necessary for the common good of our society.

Hail Mary...

5. Holy Mary, Our Mother: We pray that all families may embrace their mission of being the "Domestic Church" and that parents may foster a life of prayer for themselves and in their children.

Hail Mary...

6. Holy Mary, Our Mother: We pray for families who are going through difficulties of any kind. Give them strength to overcome the challenges they are dealing with, and strengthen them to face together any problems they may encounter in the future.

Hail Mary...

7. Holy Mary, Our Mother: We pray for parents to transmit the Faith to their children and help them to be true witnesses of Christ.

Hail Mary...

8. Holy Mary, Our Mother: We entrust to your motherly care those who "in their lives, have had the misfortune of a failed love." Help us



to accompany them through their suffering and in their journey of reconciliation.

Hail Mary...

9. Holy Mary, Our Mother: We pray that Christ may be always at the center of family life, and that through a life of faith and prayer, families may be true witnesses that love is possible in our society today.

Hail Mary...

10. Holy Mary, Our Mother: We pray for all those currently walking "the journey of love of Christian marriage, which God blessed in the masterpiece of his creation with a blessing that can never be taken away." May families never cease to see the beauty of this journey.

Hail Mary...

Glory be to the Father, and to the Son, and to the Holy Spirit,

**All:** as it was in the beginning, is now, and ever shall be, world without end. Amen.

**All:** O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy Mercy.

### *The Fourth Sorrowful Mystery*

#### **THE CARRYING OF THE CROSS**

Three times Christ falls under the weight of the Cross as he carries our sins to Calvary. Let us pray for all who struggle to live the Gospel of Life, that they might pick up their crosses and, with God's loving grace, journey through life with Our Lord.

Our Father who art in Heaven... as it is in Heaven.

**All:** Give us this day our daily bread... Amen.

1. Holy Mary, Our Mother: Guide and intercede for all parents, particularly those who are young and are scared of being pregnant. May they find the support they need and be joyful at the prospect of becoming parents.

Hail Mary...

2. Holy Mary, Our Mother: We ask you to intercede for unmarried couples who have conceived a child and are afraid of what the future holds. May they find the courage and generosity to embrace the gift of their unborn baby.

Hail Mary...

3. Holy Mary, Our Mother: Intercede for women who were not expecting to become pregnant. Strengthen them to welcome and cherish the gift of life.

Hail Mary...

4. Holy Mary, Our Mother: We entrust to your loving care men who have recently learned they will become fathers. Fill their hearts with the joy of fatherhood and the desire to love and protect their child.

Hail Mary...

5. Holy Mary, Our Mother: We ask you to guide and intercede for parents who have been told they are expecting a special-needs child. That with the Grace of your Son, they may cherish their unborn baby.

Hail Mary...

6. Holy Mary, Our Mother: We ask you to intercede for us, so that we may be enlightened by your Son to grow in awareness and have a renewed conviction that all human life is sacred because it is created in God's image and likeness.

Hail Mary...

7. Holy Mary, Our Mother: We ask you to tenderly care for women who have become pregnant as a result of abuse. We pray that through your intercession they may be consoled, healed and strengthened by your loving Son, and may receive the grace to welcome a new life into the world.

Hail Mary...

8. Holy Mary, Our Mother: We pray for parents who, for any reason, decided to go through an abortion. We pray that they may be open to receiving the merciful love of your Son and that through a path of authentic conversion, they may be healed and reconciled with the Father "who makes all things new."

Hail Mary...

9. Holy Mary, Our Mother: We entrust to your powerful intercession the conversion of the doctors, counselors, nurses, and staff members who work in abortion clinics. May their minds and hearts be opened to recognize, treasure, and cherish the sanctity of life.

Hail Mary...

10. Holy Mary, Our Mother: Guide our President and the government towards your Son, so that they may be open to receiving the wisdom of God and to act according to that wisdom, defending life from its conception to natural death.

Hail Mary...

Glory be to the Father, and to the Son, and to the Holy Spirit,

**All:** as it was in the beginning, is now, and ever shall be, world without end. Amen.

**All:** O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy Mercy.

### *The Fifth Sorrowful Mystery*

#### **THE CRUCIFIXION**

Jesus gave up his life on the Cross so that we, in turn, could have life and have it to the full. He opened his arms upon the Cross out of love for us. Let us never forget the great dignity of our lives, let us never forget that we are so precious that Christ laid down his life for us, such is our dignity!

Our Father who art in Heaven... as it is in Heaven.

**All:** Give us this day our daily bread... Amen.

1. Holy Mary, Our Mother: We entrust to your care all those who are sick and lonely. We pray that we may never forget that Christ gave his life for each one of us, and that every person is worth all of Christ's blood.

Hail Mary...

2. Holy Mary, Our Mother: We pray that all those who suffer from mental illnesses may have access to the medical help they need. Strengthen those who love them, as they walk through this trial together.

Hail Mary...

3. Holy Mary, Our Mother: Help us to deepen our understanding of the beauty and dignity of human life as the crowning gift of God's creation.

Hail Mary...

4. Holy Mary, Our Mother: The great dignity of life is shown in the fact that your Son became one with us in his Incarnation. Help us never to doubt our worth, or anyone else's.

Hail Mary...

5. Holy Mary, Our Mother: Intercede for each one of us so that we may have the courage to speak in defense of life with truth, love and conviction.

Hail Mary...

6. Holy Mary, Our Mother: Help us to extend a gentle hand of mercy and forgiveness to those who do not reverence your gift of life.

Hail Mary...

7. Holy Mary, Our Mother: Help us to realize the sacredness of all human life and to respect it from the moment of conception until its last moment at death.

Hail Mary...

8. Holy Mary, Our Mother: Help us to cherish our children and to reverence the awesome privilege of sharing in creation.

Hail Mary...

9. Holy Mary, Our Mother: Intercede for us so that we may always have the courage to defend, and not be afraid to speak up for, the truths we have received from you.

Hail Mary...

10. Holy Mary, Our Mother: We ask you to intercede with your Son, so that He may forgive us for the times we have failed to be grateful for the precious gift of life or to respect it in others.

Hail Mary...

Glory be to the Father, and to the Son, and to the Holy Spirit,  
**All:** as it was in the beginning, is now, and ever shall be, world without end. Amen.

**All:** O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy Mercy.

*Salve Regina* – Please stand.

Sal-ve, Re-gí-na, ma-ter mi-se-ri-cór-di-ae, Vi-ta dul-  
cé-do et spes no-stra, sal-ve. Ad te cla-má-mus,  
éx-su-les, fí-li-i He-vae. Ad te sus-pi-rá-mus,  
ge-mén-tes et flen-tes in hac la-cri-má-rum val-le.  
E-ia er-go, Ad-vo-cá-ta no-stra, il-los tu-os mi-  
se-ri-cór-des ó-cu-los ad nos con-vér-te.  
Et Je-sum, be-ne-dí-ctum fruc-tum ven-tris tu-i,  
no-bis post hoc ex-sí-li-um os-tén-de.  
O cle-mens, O pi-a,  
O dul-cis Vir-go Ma-rí-a.

*Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!*

**Leader:** Pray for us, O Holy Mother of God,

**All:** That we may be made worthy of the promises of Christ. Amen.

**Leader:** +In the Name of the Father and of the Son and of the Holy Spirit.

**All:** Amen.

## BENEDICTION

*All kneel as the Blessed Sacrament is incensed,  
and the following hymn is sung:*



1. Tan - tum er - go Sa - cra - mén - tum Ve - ne - ré - mur  
2. Ge - ni - tó - ri, Ge - ni - tó - que, Laus et ju - bi -



cér - nu - i: Et an - tí - quum do - cu - mén - tum  
lá - ti - o, Sa - lus, ho - nor, vir - tus quo - que



No - vo ce - dat rí - tu - i: Prae - stet fi - des  
Sit et be - ne - díc - ti - o: - Prae - ce - dén - ti



sup - ple - mén - tum Sén - su - um de - fé - ctu - i.  
ab u - tró - que Com - pár sit lau - dá - ti - o. A - men.

✠ You have given them Bread from heaven.

✠ Having within it all Sweetness.

## PRAYER

Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever.

✠ Amen.

## THE DIVINE PRAISES

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his Most Sacred Heart.

Blessed be his Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed by her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste Spouse.

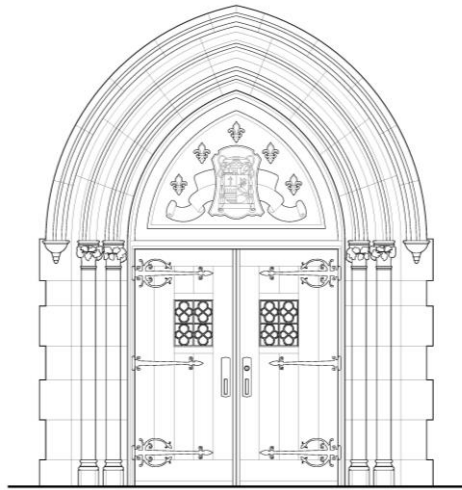
Blessed be God in his Angels and in his Saints.

## REPOSITION

## Holy God, We Praise Thy Name

1. Holy God, we praise thy name; Lord of all, we bow before thee!  
All on earth thy scepter claim, All in heav'n above adore thee;  
Infinite thy vast domain, Everlasting is thy reign.  
Infinite thy vast domain, Everlasting is thy reign.
2. Hark! The loud celestial hymn Angel choirs above are raising,  
Cherubim and seraphim, In unceasing chorus praising;  
Fill the heavens with sweet accord: "Holy, holy, holy Lord."  
Fill the heavens with sweet accord: "Holy, holy, holy Lord."
3. Holy Father, Holy Son, Holy Spirit, Three we name thee;  
While in essence only One, Undivided God we claim thee;  
And adoring, bend the knee, While we own the mystery.  
And adoring, bend the knee, While we own the mystery.





## **THE PARISH OF SAINT CATHERINE OF SIENA**

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