



STUDENT VOICE MATTERS MORE THAN EVER!

Encourage your students to engage in meaningful reflection on digital life, AI, and the future of learning. This is a powerful opportunity to connect classroom learning with real-world challenges.

Essay Prompt: The Digital Balance



The Great Disconnect

How has the "bell-to-bell" cell phone ban changed your social interactions and focus in school? Is it a relief or a hindrance?



The AI Partnership

How are you actually using AI for learning? Does it help you think deeper, or is it replacing the struggle of learning?



The Digital Toll

Reflect on your screen time. How does your digital life affect your mental health, sleep, and relationships with peers?



Privacy & The Future

Do you feel safe with how your data is handled by schools and apps? As you look toward your future career, what role do you want technology to play, and where do you want to "unplug"?

Why Participate

- Students will be selected for a student panel at the NYSCATE Annual Conference
- Influence educators across New York State
- Receive a Letter of Recommendation for College Applications

Submission Details

- NYS High School Sophomores & Juniors
- All entries due by June 10, 2026
- 750-1000 words
- Original Works Only



Sign Up to Participate



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