



Family Grief Groups

A death loss affects the whole family, and everyone processes their grief differently. Sharing Kindness is offering free peer grief support designed to meet the needs of families with tweens (ages 10-13) and teens (ages 14-17) on Cape Cod.

WHEN: The 2nd and 4th Tuesdays of each month, from 5:30-7:30 PM, starting on February 14

WHERE: Harwich, MA **Venue disclosed upon registration.*

HOW IT WORKS: Starts with a light supper at 5:30 PM, followed by separate groups for parents/caregivers and children (the latter separated by age group) from 6-7:30 PM.

Learn more and register:
SharingKindness.org/family-grief-groups



Made possible by funding from the Parent Information Network (PIN).