



# Dads' Talk

All Dads and Father Figures are encouraged to register for this supportive group facilitated by Paul Melville.

**Held the second Tuesday of the month from 6:30PM-7:30PM**



Studies show that children grow up happier with nurturing fathers in their lives. This group is designed for Dads and father figures at a time when stress can be high, life is unpredictable, and there is less social connection in our lives. Take time for yourself and hear how others are coping as caregivers of children and families. Create your own “toolbox” for effective parenting by gaining skills for handling challenging behaviors, calming stress, and learning effective communication and positive discipline strategies for raising healthy children.

Pre-registration is required. To receive a Zoom link, email

[info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com) or call Cape Cod Children's Place at (508)-240-3310.

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