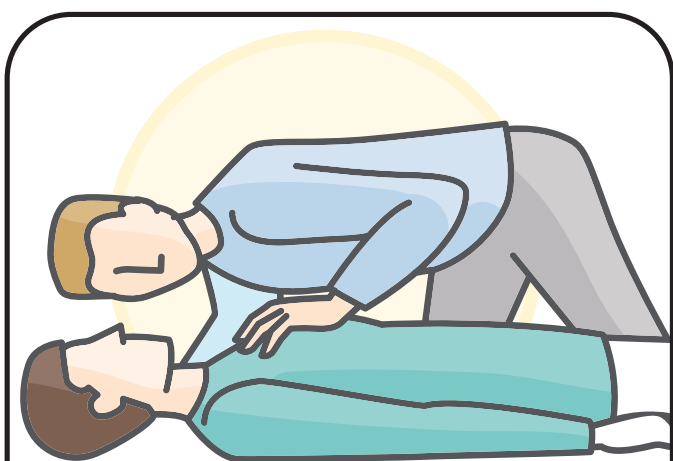


How to **RECOGNIZE** an Opioid Overdose



Not responsive
Cannot be woken up



Lips and fingertips
may be blue



Snoring or gurgle noise
while nodding out

Try to wake person up
Rub the middle of their chest with
a closed fist
If no response, follow steps below

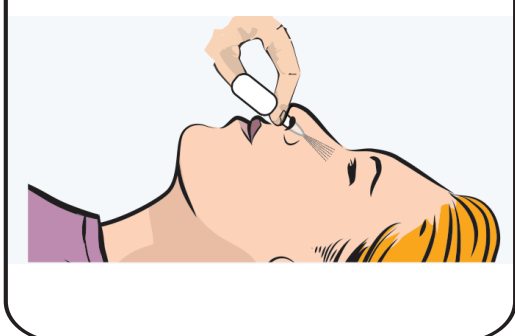


How to **RESPOND** to an Overdose



CALL 911

Administer Narcan



Start Rescue Breathing
Make sure their mouth is not blocked, pinch
their nose, and breathe every
4 seconds
Continue until
help arrives or
they start
breathing on
their own



Recovery Position
If you must leave, put the person on their side with their body
supported by a bent knee. This will keep their airway
clear and stop them from choking if they throw up.



Massachusetts Good Samaritan Law
protects those who have overdosed
and those who call 911 from being
charged or prosecuted for simple
drug possession, with the exception
of outstanding warrants and
selling/distributing of controlled
substances.

To obtain Narcan, please visit your local CVS, Walgreens Pharmacy, or call the AIDS Support Group of Cape Cod: **(508) 778-1954**

For a training on **Overdose Prevention and Response**, including how to use Narcan, call the **AIDS Support Group of Cape Cod**.

Website: www.capecod.gov/departments/human-services/initiatives/substance-use-prevention
Phone: 508-375-6845

This Overdose Education poster produced by **Barnstable County Human Services**
and **Cape Cod Technical High School Design & Visual Communication**.