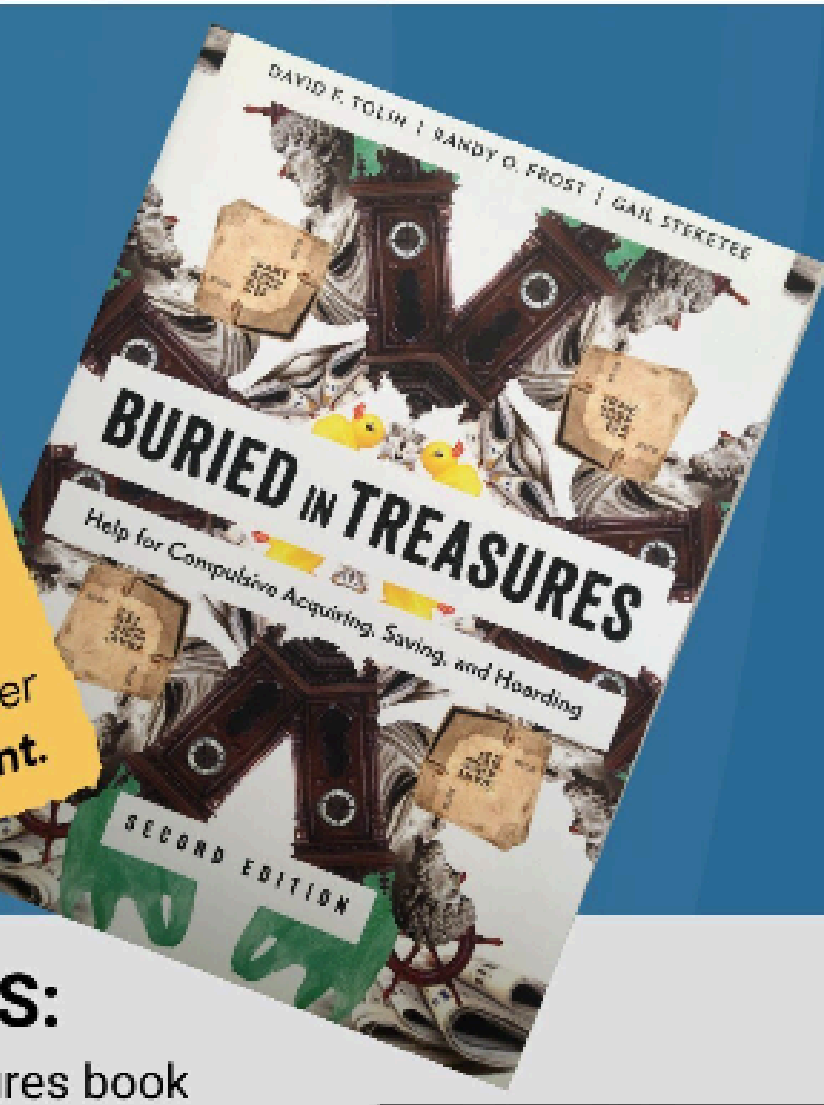
Are your belongings taking over your home?

BARNSTABLE COUNTY
DEPARTMENT OF HEALTH AND ENVIRONMENT

FREE! OPEN TO ALL!

Join us for this multi-week "Buried in Treasures" Workshop for Help with Compulsive Acquiring, Saving and Hoarding!

Please note this is a 2 hour per week, **16 week commitment.**



THIS COURSE INCLUDES:

- Free copy of the Buried in Treasures book
- Support from others with similar struggles
- Decluttering strategies for your home
- Skills to achieve your long term goals

For more information or to sign up, call (774) 330-3001

Starts Monday 9/9/2024 1:00-3:00 PM

Brewster Senior Center
1673 Main Street Brewster