

DESTINATION RESPITE: Attention All Care Partners!



Left to right: Clara Mesonero, MD – Director, Cape International Language Academy; Kelly Howley, Director, Barnstable Adult Community Center; Erika Woods, Director, Barnstable County Dept. of Health and Environment (BCDHE); Brenda Vazquez, Director, Dennis Center for Active Living (DCAL); Alyssa Davis, Outreach Coordinator, Yarmouth Senior Services; Julie Benoit, Outreach Coordinator Barbara Blackwell, PEARLS Coach, BCDHE and Dr. Molly Perdue, CEO and Co-Founder, Alzheimer's Family Support Center

ATTENTION CARE PARTNERS!

Need a break to run errands, go to an appt. or even take a nap?

HOW IT WORKS: Call each site directly to schedule your visit (see below for contact details)
Destination Respite is funded by the Massachusetts Executive Office of Health and Human Services.

DESTINATION RESPITE is for you. Destination Respite programs are offered in Barnstable, Dennis and Yarmouth, the Hyannis Mall and the Cape Intercultural Center. A collaborative of local agencies work together to provide social engagement programs for your loved one living with dementia, while you take some time to take care of yourself.



Barnstable Adult Community Center (BACC)
825 Falmouth Road
Hyannis
508-862-4750

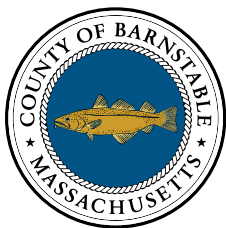


CAPE COD HEALTHCARE

DESTINATION RESPITE LOCATIONS



Dennis Center for Active Living (DCAL)
1045 Route 134
South Dennis
508-385-5067



Yarmouth Senior Center (YSC) 528
Forest Road West
Yarmouth

508-394-7606 x1335



Alzheimer's Family Support Center (AFSC) and Cape International Language Academy (CILA) Caregiver Dementia Training and Social Engagement Events. Dates and times vary. Please call for details.

AFSC: 508-896-5170; CILA: 774-552-2609