



NATIONAL SPONSORS



AMERICAN
PARKINSON DISEASE
ASSOCIATION

Strength in optimism. Hope in progress.

APDA Cape Cod Optimism Walk

Sunday, September 19, 2021

Falmouth High School

874 Gifford Street

Falmouth, MA 02540

Check-in: 9:00 am ET

Walk Starts: 11:00 am ET

Register online today!
apdaparkinson.org/ma
800-651-8466

*Walk with us and help put an end to
Parkinson's disease!*

What is an Optimism Walk?

- An important (and fun-filled!) fundraising event that offers a short non-competitive walk with family-friendly activities!
- Each Optimism Walk is part of a nationwide movement to mobilize and inspire people to step up and help put an end to Parkinson's disease. Be a part of it!

Why Walk?

- Every 9 minutes someone is diagnosed with Parkinson's disease.
- Funds raised provide local support, education and research.
- The more funds we raise, the more people we can help!

Earn
great
prizes for
raising \$100,
\$500, or
more!

apda AMERICAN
PARKINSON DISEASE
ASSOCIATION

MASSACHUSETTS CHAPTER

Strength in optimism. Hope in progress.