

You're invited to attend:

Active Parenting of Teens:)

For Parents of Teens and 'Tweens

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth.

You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent

. . and much more, plus insight into important issues such as teens online, bullying, and depression.



DATES: January 18, 25,
February 01, 08, 15, 22
from: 12-1:30pm

**Call to Register:
(508) 815.5100**



**29 Bassett Ln
Hyannis/MA**

www.capecodfamilyresourcecenter.org

**Active Parenting
of
Teens :)**

third edition