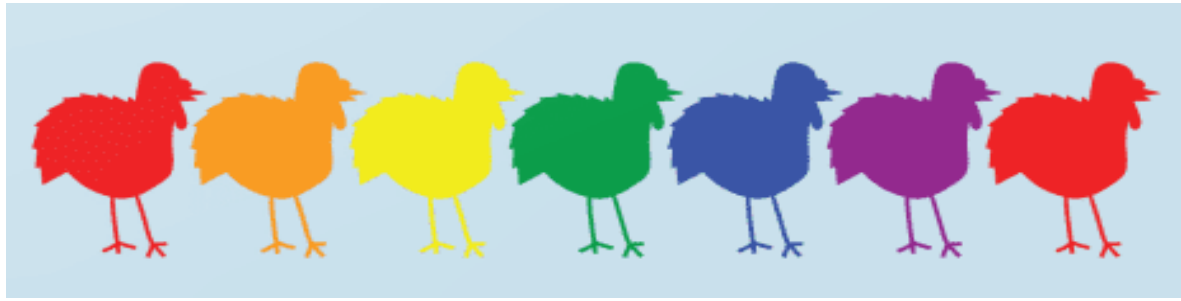




Late Fall 2024

LOWER CAPE LGBTQ OLDER ADULTS GROUP

The Lower Cape LGBTQ Older Adults is a group of those 55+ who get together to socialize and meet new friends. We gather to promote opportunities for connection, engagement, enrichment, and support. We host seasonal events and share information about LGBTQ programming for older adults which now exists in nearby communities.

WHAT'S NEXT?

SAGE TABLE

Friday, March 21, 2025, 5:30pm

Please Save the Date! The Orleans COA and the Eastham COA will be hosting a SAGE Table event on Friday, March 21, 2025, from 5:30-7:30pm. What is a SAGE Table? This is an international initiative to bring together LGBTQ people of all ages to share a meal and conversation in hopes of addressing social isolation. Dinner will be "Tex-Mex" and we'll have diverse and rich conversation to nourish our bodies and spirits and help our LGBTQ community thrive. Space will be limited and registration will open in February. Look for more information including registration details in January.

OTHER UPCOMING COMMUNITY EVENTS FOR LGBTQ+ OLDER ADULTS:

HERE IS SOME INFORMATION REGARDING UPCOMING COMMUNITY EVENTS FOR LGBTQ OLDER ADULTS. There may be other programming and events, but this is the information we had at the time this email was sent

PUBLIC ORLEANS PRIDE CELEBRATION PLANNING MEETING

Thursday, December 5, 2024, 7pm (*by Zoom*)

Rick Francolini spoke at the November Lower Cape LGBTQ Friendsgiving about his plans. He and his daughter will co-host a one-hour kickoff meeting on Thursday, December 5th, from 7:00- 8:00 PM via Zoom to begin planning for a public Orleans PRIDE celebration in June of 2025. The primary objective of this meeting will be for interested participants to meet one another and to share visions for the planning process once the new year gets underway. If you want to be a part of this effort, please contact Rick at #917-699-8738 or email him at: rick_francolini@yahoo.com. *(The Orleans Senior Center 10th Annual PRIDE BBQ for older adults will be held on Friday, June 13, 2025, at 5pm...Save the Date!)*

LGBTQ Older Adults Holiday Grief Support

Monday, November & December

For more information about this December 4 group, please call 508-534-8665.

Eastham LGBTQ+ Older Adult Community Coffee & Conversation

Monday, December 2, 3pm

The group meets for refreshments, conversation, and seasonal fun. For more information contact Cheryl at: pride.eastham@gmail.com

Chatham LGBTQ Older Adults Nutcracker Trip (@ Monomoy HS)

Saturday, December 7, Monday, 1pm

Call the Chatham COA for more information at 508-945-5190 or RSVP by email to: kkelly@chatham-ma.gov

Bourne LGBTQ Older Holiday Cookie Swap

Tuesday, December 17, 2-4pm

Call the Bourne COA for more information at 508-759-0600.

Yarmouth LGBTQ Holiday Party

Wednesday, December 18, 4pm

Call the Yarmouth COA for more information at 508-394-7606 or RSVP by email to: yarmouthlgbtqseniors@gmail.com

OTHER RESOURCES FOR LGBTQ+ OLDER ADULTS:



Outstanding Life is a virtual online community of LGBTQ+ older adults. There are opportunities to connect with like-minded individuals who share your interests and passions. The hope is that they can help reduce social isolation by providing opportunities to become part of a diverse, inclusive and accepting community where everyone is respected. You can participate in a variety of events designed to foster relationships and growth to enhance your life. Learn more at OutstandingLife.org



WE HOPE YOU LIKE GETTING INFORMATION ABOUT THE LOWER CAPE LGBTQ OLDER ADULTS GROUP HOWEVER, TO UNSCUBSCRIBE FROM THIS EMAIL GROUP, KINDLY RESPOND "UNSUBSCRIBE" TO THIS EMAIL AND WE'LL GLADLY REMOVE YOU FROM THE LIST.