SAMHSA
Substance Abuse and Mental Health
Services Administration

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

MHTTC Pandemic Response Resources including recorded webinars: https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19

Upcoming webinars:

- Sep 8 - Self-Compassion Webcast Series for Professionals in Education: Session #11 - https://mhttcnetwork.org/centers/south-southwest-mhttc/event/self-compassion-webcast-series-professionals-education-10
- Sep 8 - Strategies of Support for Mental Health Providers #20 - https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/strategies-support-mental-health-18
- Sep 8 - Tele-Mental Health During Turbulent Times: Practical Tools to Enhance Your Practice - https://mhttcnetwork.org/centers/southeast-mhttc/event/tele-mental-health-during-turbulent-times-practical-tools-enhance
- Sep 9 - Intimate Partner Violence, Suicidality, and Disabling Psychiatric Conditions: Unique Risks, Needs, and Strategies - https://mhttcnetwork.org/centers/mountain-plains-mhttc/event/intimate-partner-violence-suicidality-and-disabling-psychiatric
- Sep 9 - Part 1: Anxiety in the Classroom - Identifying Anxiety and What to do About It - https://mhttcnetwork.org/centers/northwest-mhttc/event/part-1-anxiety-classroom-identifying-anxiety-and-what-do-about-it
- Sep 10 - Grief Sensitivity Virtual Learning Institute Part 1: Grounding ourselves in the basics (frameworks, definitions, and foundational concepts) - https://mhttcnetwork.org/centers/global-mhttc/event/grief-sensitivity-virtual-learning-institute-part-1-grounding-ourselves
- Sep 10 - Special Weekly Series for Tribal Schools as they Reopen Amidst COVID-19 - https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/special-weekly-series-tribal-2
- Sep 10 - Suicide Prevention in Rural Primary Care: Intervention, Follow-up, and Telehealth Tips - https://mhttcnetwork.org/centers/mountain-plains-mhttc/event/suicide-prevention-rural-primary-care-intervention-follow-and

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

ATTC Pandemic Response Resources - https://attcnetwork.org/centers/global-attc/pandemic-response-resources
Upcoming webinars:

- Sep 8 - On-the-Spot: Videoconferencing to Deliver Treatment and Recovery Services - https://attcnetwork.org/centers/mountain-plains-attc/event/spot-videoconferencing-deliver-treatment-and-recovery-services-7

- Sep 11 - Native Veteran Resilience and Wellness: Provider Peer to Peer support - https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/native-veteran-rezilience-and-6

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources

Upcoming Webinars:

- Sep 9 - Great Lakes PTTC Listening Session: What are the most pressing needs for prevention in the COVID-19 environment? - https://pttcnetwork.org/centers/great-lakes-pttc/event/great-lakes-pttc-listening-session-what-are-most-pressing-needs

New TTC Program Products

TTC	Resource Type	Title	Link
Mid-America ATTC	Multimedia (Video, Webinar Recording, Podcast)	Essential Conversations in Social Services 2020: The Importance of Housing and Employment	https://attcnetwork.org/centers/mid-america-attc/product/essential-conversations-social-services-2020-importance-housing
National American Indian and Alaska Native MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Part 2 of the Tribal School Support Series for Reopening Amidst the COVID 19 Pandemic	https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/part-2-tribal-school-support
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Peer Support and Essential Workers During COVID-19	https://mhttcnetwork.org/centers/new-england-mhttc/product/peer-support-and-essential-workers-during-covid-19
South Southwest MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Mental Health & Equity in Schools	https://mhttcnetwork.org/centers/south-southwest-mhttc/product/mental-health-equity-schools
Southeast MHTTC	Multimedia (Video, Webinar Recording, Podcast)	The COVID-19 "Patchwork Pandemic" and Mental Health	https://mhttcnetwork.org/centers/southeast-mhttc/product/covid-19-patchwork-pandemic-and-mental-health
MHTTC Network Coordinating Office	Presentation Slides	Student Mental Health During COVID-19: How to Prepare as Schools Reopen	https://mhttcnetwork.org/centers/mhttc-network-coordinating-office/product/student-mental-health-during-covid-19-how-prepare
National Hispanic and Latino ATTC	Multimedia (Video, Webinar Recording, Podcast)	Centering Self-Compassion in Mental Health Programming with Latina Immigrant Women	https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/centering-self-compassion-mental-health

SMI Adviser Resources
Resources on COVID-19 and Serious Mental Illness
SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: https://smiadviser.org/covid
- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Recorded Webinars:
- Managing the Mental Health Effects of COVID-19
  https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID19_Email&utm_medium=March2020
- Telepsychiatry in the Era of COVID-19
  https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing
  https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7289

National Center of Excellence for Eating Disorders (NCEED)
NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: https://www.nceedus.org/covid/

- **Eating Disorders and COVID-19: What Healthcare Providers Need to Know** - https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf
- **Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Know** - https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf

Center of Excellence for Protected Health Information – Focus-PHI
While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing SAMHSA's COVID-19 Guidance and Resources as well as the HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency.

Tips to keep your telehealth visit private - https://coephi.org/sites/default/files/tips-individuals.pdf

Federal Guidance for SUD and Mental Health Treatment Providers -
http://coephi.org/sites/default/files/provider_telehealth_and_privacy.pdf

SAMHSA 42 CFR Part 2 Revised Rule - On July 15, 2020, SAMHSA finalized changes to the Confidentiality of Substance Use Disorder Patient Records regulations, 42 CFR Part 2 ("Part 2"). Part 2 protects the confidentiality of individuals in

substance use disorder treatment, and establishes privacy and security requirements for written, electronic, and verbal information. **The effective date of the changes to Part 2 will be August 14, 2020.** Read the SAMHSA 42 CFR Part 2 Fact Sheet for further details regarding the changes.

Recorded Webinars at http://coephi.org/
- Understanding the new changes on 42 CFR Part 2
- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources
Resources and presentations can be found at https://pcssnow.org/?s=COVID

Tip Sheet
- Telehealth Tip Sheet - https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx

Recorded Webinars
- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury - https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6
- Telepsychiatry's Role in Medication Assisted Treatment: https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 - https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond - https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/
- How COVID-19 Impacts Clinical Practice - https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/

Online Trainings
- Supporting Providers After Overdose Death: https://learning.pcssnow.org/p/SupportingProviders
- Grief and Managing an Overdose Death: https://pcssnow.org/event/grief-and-managing-an-overdose-death/
    - Related resource document: https://pcssnow.org/resource/grief-and-overdose-death-2/
- Young adult seeking treatment after overdosing: https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/
- Stress, Relaxation, and Mindful Breathing: A Primer: https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/

Checklist
- Initial Patient Contact about Buprenorphine Checklist - https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf

ORN Resources

Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - https://opioidresponsenetwork.org/COVID19.aspx#Video
- Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - https://opioidresponsenetwork.org/COVID19.aspx
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338

Manual

- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162

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