



Cape Cod Food Access

To add or update information, please email andrea.scarpellini@capecod.gov

Updated May 2025

<u>The Family Pantry of Cape Cod</u> Serving all of Cape Cod 133 Queen Anne Road, Harwich 508-432-6519 cmenard@thefamilypantry.com Food Pantry Hours: Tuesdays 10am-3:30pm Wednesdays 10-12pm Thursdays 10am-7pm Saturdays 9am-12pm (No new client registration on Saturdays) Client choice shopping list is on the website or at pantry *Pantry will close 15 minutes prior to posted end time Donation Hours for Food, Clothing, Housewares etc. Tues & Thurs 8am-3:30pm, Wed 8am-12pm drop off at the Family Pantry Warehouse (no donations taken on Saturdays)	<u>Cape Cod Community College Family Pantry</u> Pantry located at the Li24fe Fitness Center-Building #10 1 bag of food per week during the semester Tuesdays 12pm-2pm & Wednesdays 11am-1pm Open to all students, faculty and staff Questions? Call 774-330-4857 <u>Nantucket Food Pantry</u> 10 Washington Street 508-228-7438 Pantry Hours: Tuesday, Wednesday and Thursdays 3pm-6pm Food delivery available for seniors or disabled persons and emergency deliveries To learn more about services, qualifications for assistance, fill out the form found on website www.assistnantucket.org Or email: food@assistnantucket.org
<u>Falmouth Service Center</u> 611 Gifford Street, Falmouth 508-548-2794 www.falmouthservicecenter.org Food Pantry Hours: Tuesdays: 10am-12pm Wednesdays: 3:30pm-5:30pm Thursdays: 10am-12pm Fridays: 10am-12pm Client choice shopping list on the website or at the pantry. Please Note: The Service Center is under construction. Please drive slowly through the parking lot. There may be a wait to get into the parking lot.	<u>Martha's Vineyard Island Grown Initiative Food Pantry</u> 114 Dukes County Avenue, Oak Bluffs (New Location!) 508-296-8384 (leave a voicemail and someone will respond ASAP) info@islandfoodpantry.org http://islandfoodpantry.org/resources/ <u>Pantry Hours (Updated):</u> Seniors 60+ only may shop in person on Fridays 12pm-1:45pm All others need to sign up and shop online using the Smart Choice App <u>Online Food Pickup times:</u> Mondays: 2:00pm-3:45pm Wednesdays: 1pm-5:45pm Saturdays: 10am-11:45am *To self-register, visit smartchoice.life/igi Sunday 6pm-Monday 8am Tuesday 6pm- Wednesday 8am Friday 6pm- Saturday at midnight
<u>Meals on Wheels Elder Service of Cape Cod and the Islands</u> 68 Route 134 South Dennis 508-394-4630/800-244-4630 www.escci.org Senior Dining Centers, Senior Nutrition Program Meals Monday-Friday between 9am-12pm For people ages 60+ who are homebound and unable to prepare their own meals. Call (508) 394-4630 to make referral.	<u>Cape Kid Meals</u> 1336 Main Street, Osterville Mailing address: PO Box 36 Forestdale, MA 02644 (508) 419-1734 www.capekidmeals.org info@capekidmeals.org Facebook: Cape Kid Meals Weekend meals for children through each school system's distribution program.

A Place At The Table

Saint Barnabas's Episcopal Church
91 Main Street ~ Across From the Village Green
Falmouth, MA

www.stbfalmouth.org ~ 508-548-3863

Hot lunches for the community. All are welcome!

No registration is required.

Lunch is served every Tuesdays & Thursdays

11:00 – 1:00pm.

Meals are served in the Parish House located behind the church on the Saint Barnabas's campus.

To volunteer or offer a donation please contact the church office at 508-548-3863.

On site services by: Duffy Health Van, AIDS Van of Cape Cod, Housing Assistance Corporation, Falmouth Service Center & Live Music!

Empowerment Center

JBCC Empowerment Center (for those with access to the base)

1015 South Inner Road, Buzzards Bay

Monday & Friday: 10am-1pm

Tuesday & Thursday: Closed

Wednesday: 1pm-4pm

Sandwich Empowerment Center (for those without base access)

117 Rt. 6A, Sandwich

Monday & Tuesday: 10am-1pm

Wednesday: Closed

Thursday & Friday: 12:30pm-4pm

For questions, call 774-205-7232

<https://mmsfi.org/empowerment-centers/>

Shelf-stable food boxes for veterans and active duty military and their families

Reservations are required prior to picking up food.

To schedule a reservation:

<https://mmsfi.org/empowerment-centers/>

***Limit: 1 visit per week

Must bring a printed or mobile copy of the Reservation confirmation and ID (proof of service) upon checking in

Cape & Islands Veterans Outreach

Mobile Food Pantry @ Falmouth AmVets

366 Palmer Ave, Falmouth

1st and 3rd Tuesday monthly 10am – 1pm

To receive food, former military personnel must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

Friends Food Pantry, Bourne

121 Main Street

PO Box 144, Buzzards Bay

508-759-3351

Pantry Hours:

Tuesdays from 9:00am-12:00pm

Call between Monday and Wednesday for more information.

Cape Wellness Collaborative

www.capewellness.org

436b Station Ave, South Yarmouth (774) 408-8477

Meals provided for those undergoing cancer treatment. Delivery options available

Christ the King Food Pantry

5 Job's Fishing Road, Mashpee

508-477-7700

www.christthekingparish.com/st-vincent-de-paul

Open for all Cape Residents

Client Choice, Drive through Distribution

Wednesdays 9:00am-12:00pm

Financial Assistance Hotline available to Mashpee residence, call 508-477-7700

Delivery options available for homebound those residing in Mashpee, Cotuit and parts of Marstons Mills (west of Route 149)

Mashpee Wampanoag Tribe Food Pantry

483 Great Neck Road South, Mashpee

508-477-0208 ext 189

www.mashpeewampanoagtribe-nsn.gov/food-pantry

Darlene.scott@mwtribe-nsn.gov

Pantry Hours: Tuesdays, Wednesdays, Thursdays 12pm-4:00pm

<u>Sandwich Food Pantry (Updated)</u> 331 Cotuit Road, Sandwich 508-888-3816 www.sandwichfoodpantry.org Facebook: Sandwich Food Pantry, Inc. Open for All Sandwich Residents-to become a client, bring proof of residency Pantry Hours: <i>Every Wednesday 10am-12pm</i> <i>Last Wednesday of the month: 10am-12pm/ 6pm-7:30pm</i> <i>3rd Saturday of the month: 10-12pm</i>	<u>St. Vincent DePaul Food Pantry</u> 322 Quaker Meeting House Road, Sandwich Located at the rear of Mary's Closet Thrift Store 508-833-1555 svdp@corpuschristiparish.org Open to All Sandwich, Sagamore & Sagamore Beach Residents Perishables and Non-Perishables Provided Pantry Hours: <i>Every Thursday 9:30-12pm</i>
<u>Hands of Hope Food Pantry</u> <i>(Serving Sandwich, Mid Cape, Dennis and Harwich)</i> 49 Rt. 28 West Harwich 508-432-1312 Pantry Hours: <i>Mondays 10:00-3:00</i> <i>Tuesdays 1:00-3:00</i> <i>Wednesdays 1:00-3:00 & 4:00pm-6:00pm</i> <i>Thursdays 1:00-3:00</i> <i>Fridays 10am-1pm</i> Meats, dairy, bakery, perishables and non- perishables, personal items, paper products Delivery options available for those without transportation. Thrift Shop hours: Tuesday, Wednesday & Thursdays 10am-1pm	<u>Barnstable Public Schools</u> For students and families enrolled in Barnstable Public Schools. To register: Contact Moira Bundschuh, Family and Community Engagement Coordinator, 141 Bassett Ln, Hyannis, MA 02601, bundschuh_moira@mybps.us or 508-790-6345 x117. Delivery options are available for those without transportation. Families are eligible to receive food every other week.
<u>Family Table Collaborative</u> www.facebook.com/familytablecollaborative Need a free, healthy, delicious meal for yourself, family, friends? <i>Meal Distributions: 1st and 3rd Thursdays of the month</i> Hyannis Youth and Community Center 141 Bassett Lane, Hyannis 4:30-5:30pm, drive through format To sign up, text 508-348-9777 with your first name, number of meals needed, and any food allergy information. If you are not in the Hyannis area, meals are also distributed through agencies in towns across Cape Cod. Please check website or Facebook for up-to-date meal distribution information.	<u>Cape & Islands Veterans Outreach Center</u> Pantry is at the CIVOC location: 223 Stevens Street, Hyannis 508-778-1590 www.capeveterans.com Facebook: Cape & Island Veterans Email: Info@capeveterans.com Pantry is open to veterans and their families. Pantry Hours: Weekly on Thursdays 9am-6pm To receive food, former military personnel and family members must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

St. Vincent De Paul Food Pantry

St. Francis Xavier Church

21 Cross Street, Hyannis

508-775-3073

Open Tuesday & Friday 10-12pm

Perishables & Non-Perishable

AIDS Support Group of Cape Cod

428 South Street, Hyannis

Monthly food pantry and emergency food

www.asgcc.org

First Baptist Church Pantry

486 Main Street, Hyannis

508-775-1846

Serving Barnstable & West Yarmouth Residents

Open Tuesdays 9am-12:00pm

What's provided:

Fresh Produce, perishables, and nonperishables

Faith Family Kitchen

154 Bearses Way Hyannis

508-775-5073 [www.capecodcouncilofchurches.org/faith-family-](http://www.capecodcouncilofchurches.org/faith-family-kitchen.org)

kitchen.org

Facebook: Faith Family Kitchen cccouncilofchurches@gmail.com

Mondays, Wednesdays & Fridays 5:30-6:30pm

Meals for all will be distributed at the back door of the church off Bacon Street

Dine in or carry out options available.

Cape Cod Community Food Pantry (formerly Yarmouth Food Pantry)

Lighthouse Landing Plaza

845 Rt. 28 Unit 16, S.Yarmouth

508-394-0880

www.yarmouthfoodpantry.org

Facebook: Yarmouth Food Pantry

Pantry Hours:

Tuesdays & Thursdays 5:30-6:30pm

2nd Friday of the month 3:00-4:00pm

3rd Saturday of the month 10-11am

4th Friday of the month 10:00-11:00am

Senior Hours: 2nd & 4th Wednesdays 10am-12pm

Client Choice Shopping in Pantry

Salvation Army Pantry & Soup Kitchen

100 North St. Hyannis 508-775-0364

www.SalvationArmyMA.org/Hyannis

All are welcome!

Office and Social Services Hours:

Monday-Friday 9:00am-3:00pm

Pantry Hours By Appointment:

Monday-Thursday 10am-11:15am

Shelf stable foods, frozen meats, frozen vegetables, frozen fish, dairy products, eggs. Toiletries, socks and personal items available to those in need. Donated foods from local retailers every Tuesday, Thursday and Friday.

Miracle Kitchen Open:

Monday-Friday

Breakfast 8:30-9:30am Lunch 11:30-12:30pm

St. David's Episcopal Church

205 Old Main St. South Yarmouth

508-394-4222 www.stdavidscapecod.org

Open 3rd Wednesday of the month

Paper Pantry and meals to go & clothes

Pantry is located in Nelson Hall which is the last building behind the church church

St. Pius Food Pantry

5 Barbara Street, South Yarmouth

508-394-2244

Open By Request

Canaan Church Food Pantry & Everyone Eats Community Garden

204 Route 28, West Yarmouth

Caribbean Food Options Available

Serving all Mid-Cape and Chatham

For emergency requests or for delivery, please call 508.266.1439

NourishHub Food Access Fridge at the Hyannis Public Library

401 Main Street, Hyannis 508-775-2280
www.hyannislibrary.org

Free, healthy foods provided by Family Table Collaborative
All are welcome to enjoy!

Fridge is open during regular library hours:

Monday: 9:30am-5:00pm
Tuesday: 12:00pm-7:00pm
Wednesday: 12:00pm-7:00pm
Thursday: 9:30am-5:00pm
Friday: 9:30am-5:00pm Saturday: 10am-4:00pm

Dennis Center for Active Living

1045 Route 134
508-694-2004

jbenoit@town.dennis.ma.us

Mobile Food Pantry sponsored by the Family Pantry of Cape Cod-
Please call for details

Hands of Hope Food Pantry- Serving Mid Cape

49 Rt. 28 West Harwich
508-432-1312

Pantry Hours:

Mondays 10:00pm-3:00pm
Tuesdays 1:00pm-3:00pm
Wednesdays 1:00pm-3:00pm, 4pm-6pm
Thursdays 1:00pm-3:00pm
Fridays 10am-1pm

Meats, dairy, bakery, perishables and non-perishables, personal items, paper products

Thrift Shop hours: Mid-March through Mid-December

Tuesdays, Wednesdays, Thursdays, Saturdays 10am-1pm

The People's Fridge

100 Oak Street at the Harwich Community Center
Call the Harwich Health Department 508-430-7509 for information

Fridge is located inside the Community Center Building next to the Council on Aging

All are welcome, no age restrictions & no questions asked!

Fridge will be stocked Monday through Friday with 10 prepared bagged lunches a day

Healthy Meals in Motion Mobile Food Pantry

Family Pantry of Cape Cod

Registration is required
Call Andrea at 508- 487-7080
60+ years old; families with children

Food choice pantry – nonperishables, vegetables, dairy, meat and bakery items

Harwich Pantry Lower Cape Outreach Council

St. Peter's Lutheran Church
73 Main Street, Harwich
508-240-0694 www.lcoutreach.org/pantry-hours

Mondays: 1pm-3pm
Tuesdays: 3:30pm-5pm
Wednesdays: 12:30-2:30pm
Fridays: 10am-12pm

Client choice shopping- Grocery list available on website or at pantry
All are welcome!

Brewster Pantry Lower Cape Outreach Council

Brewster Baptist Church
1848 Main St., Brewster
508-240-0694
www.lcoutreach.org/pantry-hours

No Appointment Needed

Pantry open:

Mondays: 10am-12pm & Thursdays 10:00am-12:00pm

Chatham Pantry Lower Cape Outreach Council

St. Christopher's
625 Main St. Chatham
508-240-0694
www.lcoutreach.org/pantry-hours

Tuesdays 4pm-6pm
Thursdays 3:00-5:00pm

Client choice shopping- Grocery list available on website or at pantry

<u>St. Francis Food Pantry</u> First United Methodist Church in Chatham 16 Cross Street, Chatham Located in the Thrift Shop Open Thursdays and Fridays from 11am – 2pm ID is required, may be in the form of a utility bill if no driver's license.	<u>Orleans Pantry-Lower Cape Outreach Council (Updated)</u> Orleans Methodist Church 73 Main St. Orleans Pantry located across from the library 508-240-0694 www.lcoutreach.org/pantry-hours No Appointment Needed Tuesdays 10:00am-12:00pm
<u>Lower Cape Outreach Council-Main Pantry</u> 19 Brewster Cross Rd. Orleans 508-240-0694 www.lcoutreach.org/pantry-hours Due to Construction, pantry will temporarily be located on the street level. <u>Katy's Korner</u> *Closed during construction. Re-opening date to be determined.	<u>Food 4 Kids Cape Cod Summer Eats Program</u> 204 Monument Road, Orleans (800) 645-8333 www.food4kidscapecod.org Meals Available: Monday through Friday end of June through August A summer food service program that provides breakfast, lunches, and snacks to children For children 18 or younger Inquire for locations and times
<u>Eastham Pantry-Lower Cape Outreach Council</u> Eastham United Methodist Church 3200 State Hwy, Route 6, Eastham 508-240-0694 www.lcoutreach.org/pantry-hours Pantry Hours: <i>Mondays: 4pm-6pm</i> <i>Tuesday 10:00am-12:00pm</i> <i>Thursday 2:00pm-4:00pm</i>	<u>Nauset Fellowship at Eastham's Chapel in the Pines</u> 220 Samoset Road, Eastham Community Food Exchange All are welcome! Take what you want or leave any canned and packaged non-perishable items Call 508-246-4924 to arrange donation pick up if needed
<u>Eastham Community Fridge</u> 2500 State Highway, Eastham Health Department Call 774-801-3229 before arriving to make sure it's stocked The fridge is in the small building between Town Hall and the Police Department.	<u>Cape & Islands Veterans Outreach Center</u> <u>Mobile Pantry</u> Eastham Elks Club 10 McKoy Road, Eastham 2nd and 4th Tuesday of each month from 10am-1pm 508-778-1590 www.capeveterans.com Facebook: Cape & Island Veterans Email: Info@capeveterans.com Pantry Open to Veterans Only

Eastham Council on Aging Eastham Senior Center

1405 Nauset Road, Eastham
(774) 801-3151

www.eastham-ma.gov/542/Council-on-Aging

Office Hours: Mon. - Fri. 8:30a-3:30pm

Several Food Program For Eastham residents 59+

Pre-registration is required call (774) 801-3151 to register

Food Programs Include:

-Dry Goods Pantry & personal items

-Mobile Food Pantry by The Family Pantry of Cape Cod: 1st Wednesday of the month, 12:00pm-1:00pm Eligible participants receive a grocery shopping list to select needed food items.

-Brown Bag Friday: Fresh and frozen items available for pickup or delivery on the 1st Friday of the month. Pre-registration required

Wellfleet Pantry-Lower Cape Outreach Council (Updated)

Our Lady of Lourdes Parking Lot

2282 Route 6, Wellfleet

(Located at the corner of Lieutenant Island Road and Route 6)

No appointment needed

508-240-0694

www.lcoutreach.org/pantry-hours

Mondays 3pm-6pm

Wednesdays 3pm-6pm

Thursdays 10am-12pm

All are welcome!

Truro Community Kitchen

Operating out of Christian Union Church

27 Shore Road, Truro

973-868-7526

Tuesdays for deliveries only

To register for a meal, email info@trurocommunitykitchen.org

or call/text 508-514-1833

No documentation required- Open to Truro Residents Only

2 prepared meals will try to accommodate dietary needs

Truro Pantry- Lower Cape Outreach Council

Community Center

7 Standish Way, Truro

No Appointment Needed

Tuesdays 10am-12:30pm Walk In

Wednesdays 10-12:30pm Walk In

www.lcoutreach.org/pantry-hours

Client choice shopping- Grocery list available on website or at pantry

All are welcome!

Provincetown Pantry Lower Cape Outreach Council

United Methodist Church

20 Shank Painter Rd. Provincetown

516-974-1524

www.lcoutreach.org/pantry-hours

Wednesdays 10:00am-2:00pm

Thursdays 10:00am-2:00pm

Choice pantry-shopping list is posted on the website and is given out upon arrival

Helping Our Women

34 Conwell Street, Provincetown

(508) 487-4357

www.helpingourwomen.org

Pantry Hours: Mon. - Fri. 10a-4p

Supplemental food and personal care product pantry

Open to the public

AIDS Support Group of Cape Cod

96 Bradford St. Provincetown www.asgcc.org

508-487-9445

Facebook: AIDS Support Group of Cape Cod

Monday-Friday 9am-5pm

Must be a client to receive food

Delivery available to Provincetown and Truro clients. Call to schedule delivery.

Unitarian Universalist Meeting House of Provincetown

236 Commercial Street

PO Box 817

Provincetown, MA 02657

<https://www.uumh.org/>

Small free food pantry that is available 24/7,

Office hours: 9am-4pm, Monday through Thursday

Open to the public

Crop Swap at the Provincetown Library

356 Commercial Street, Provincetown
508-487-7094

www.provincetownlibrary.org

Facebook: Crop Swap

Community fridge filled with fresh produce

Open to all during regular library hours:

Monday: 10:00am-5:00pm

Tuesday-Thursday: 10:00am-8:00pm

Friday: 10:00am-5:00pm

Saturday & Sunday: 1:00pm-5:00pm

Provincetown Council on Aging

Memorial Community Center
2 Mayflower Street, Provincetown
508-487-7080

www.provincetown-ma.gov/72/Council-on-Aging Pantry

Monday-Thursday 8am-5pm &

Friday 8am-12pm

Call ahead for pick up or delivery Non-Perishables & Personal care products as available for people over 60 years old and to those with children enrolled in Provincetown school.

Monthly Mobile Food Pantry through The Family Pantry of Cape Cod: grocery pick-up on the 4th Wednesday of the month In-town Shuttle: Tuesday & Wednesday Lunch (donation of \$5 suggested)

Community Servings

179 Amory Street, Jamaica Plain
(617) 522-7777

www.servings.org

Provides medically tailored meals shipped to people who are critically or chronically ill with qualifying insurance

Apply through their website: www.servings.org/meal-delivery/

St. Peter the Apostle, Provincetown

11 Prince Street, Provincetown
(508) 487-0095 ext. 4

www.stpeters-ptown.org

Office Hours:

Mondays & Tuesdays: 9:30am-4:30pm

Wednesdays: 9:30a-12pm

Provides gift cards for food and general financial assistance
For Provincetown & North Truro residents only

Lasagna Love

www.lasagnalove.org

Home-delivered lasagna or meal made by volunteers in home kitchens

Open to the public Request a meal for you or someone else through their website: www.lasagnalove.org/request

Mom's Meals

Serves nationwide. www.momsmeals.com

877-508-6667

8:00 AM – 5:00 PM

*Delivery available

Mom's Meals Long Term Services and Support/Home and Community Based Services Program

Provides refrigerated, home-delivered meals to the elderly (ages 65+), disabled, and individuals in poor health, who are eligible for economic assistance through Medicaid Waiver or other government-funded nutrition programs.

Payment options include:

Medicaid, Medicare or Self Pay



BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

UPPER CAPE

NEW! Canal Region Farmers Market

Buzzards Bay Park
90 Main St., Buzzards Bay 
In collaboration w/ Canal Concert Series
June 26 - August 28
Thursdays, 3pm - 7pm
canalregionfarmersmarket.com
Socials: @CanalRegionFarmersMarket

Falmouth Farmers Market

Marine Park, Scranton Ave. 
May 22 - October 23
Thursdays, 11am - 3pm
WINTER MARKET - St. Barnabas' Church
January - March on Sundays 12pm - 3pm
Holiday Market on November 25
Socials: @FalmouthFarmersMarket

Mashpee Farmers Market

Naukabout Beer Garden (by library) 
4 Job's Fishing Rd.
Memorial Day - Columbus Day
Sundays, 11am - 3pm
mashpeefarmersmarket.com
Socials: @MashpeeFarmersMarket

Sandwich - Bourne Farmers Market

Sagamore Inn Grounds (behind building) 
1131 Sandwich Rd. (Route 6A), Sagamore
Right on town line for Bourne & Sandwich
June 17 - October 14
Tuesdays, 10am - 2pm
Thanksgiving Harvest Market on Nov. 25
sandwichfarmersmarket.com
Socials: @SandwichFarmersMarket

MID CAPE

Bass River Farmers Market

311 Old Main St., S. Yarmouth 
June 12 - September 6
Thursdays AND Saturdays,
9am - 1pm
Socials: @BassRiverFarmersMarket

Osterville Farmers Market

Osterville Historical Museum, 
155 West Bay Rd.
Early June - Early October
Fridays, 9am - 1pm
ostervillefarmersmarket.org
Socials: @OstervilleFarmersMarket

Farmer's Market

2025

LOWER CAPE

Chatham Farmers Market

Our Lady of Grace Catholic Church 
60 Meetinghouse Rd.
(Route 28 and Route 137)
May 20 - October 14
Tuesdays, 3pm - 6pm
chathamfarmersmarket.org
Socials: @ChathamFarmersMarket

NEW! Harwich - The 204 Market

Cultural Arts Municipal Building 
204 Sisson Rd., Harwich
July 3 - August 28
Thursdays, 3pm - 6pm
204sisson.com
Socials: The204

Orleans Farmers Market

YEAR-ROUND, Saturdays 
Dec. - Apr., 10am - 12pm
At Lower Cape TV
5 Namskaket Rd.
May - Aug., 8am - 12pm
Sept. - Nov., 9am - 12pm
19 Old Colony Way
orleansfarmersmarket.com
Socials: @OrleansFarmersMarket

OUTER CAPE

NEW! Eastham Farmers Market

T-Time site, 4795 US-6
June 20 - August 29
Fridays, 8am - 12pm
eastham-ma.gov
Socials: @EasthamFarmersMarket

Provincetown Farmers Market

Ryders St.
parking at town lots & high school
May 17 - October 25 
Saturdays, 9am - 1pm
SustainableCAPE.org

Truro Educational Farmers Market

20 Truro Center Rd. 
June 2 - September 15
Mondays, 8am - 12pm
SustainableCAPE.org
Socials: @SustainableCAPE

Wellfleet Farmers Market

First Congregational Church 
200 Main St.
May 21 - October 15
Wednesdays, 8am - 12pm
wellfleetfarmersmarket.com
Socials: @WellfleetFarmersMarket



buyfreshbuylocalcapecod.org

Look for these symbols
for **HIP** & **SNAP** vendors!



Supplemental
Nutrition
Assistance
Program



Check out the 2025 Farmers Market Schedule:

Buy Fresh Buy Local - Barnstable County
(capecod.gov)
www.buyfreshbuylocalcapecod.org

The **Sustainable CAPE**
Farmers' Market Coalition
*Increasing local food
access for all.*



The coalition's
local farmers' markets

mon 8am–12	seasonal *
* truro farmers' market	
wed 8am–12	seasonal *
* wellfleet farmers' market	
curb-side pickup wed 4-6pm	
* brewster farmers' market	
thurs 12pm–5	seasonal *
* falmouth farmers' market	
year-round! sat 8am–12	* *
* orleans farmers' market	
sat 8:30–12:30	seasonal
* nantucket farmers' market	
sat 9am–3	seasonal
* provincetown farmers' market	

Find out more:  SustainableCAPE.org

**Bring your SNAP or Project Gratitude Cards,
WIC & Sr Discount Coupons adding up to \$10
in bonus tokens for FREE fruits & vegetables.
HIP vendors at most markets too! ***

Ask at Info Table.

Sustainable CAPE
CENTER for AGRICULTURAL
PRESERVATION & EDUCATION
Cooperating with the Cape Cod Cooperative Extension





